

# FOCUS NUMBER 5

SCEH

Volume 58 | Number 5

Society for  
Clinical &  
Experimental  
Hypnosis



*Celebrating the life of Helen Crawford, PhD*

## Inside This Issue

From the Executive Director...	2	Participate in Research...	16
A Note From Werner...	4	<b>Member News...</b>	
President's Column...	5	- Devin Terhune Presentation...	17
The conference in Boston		- Gary Eklins in the News...	18
- Zoltan Kekecs...	8	- Photos	19
- Theresa Davis...	9	- Share Your News...	21
SCEH Awards...	10	About SCEH...	22
<b>Obituaries:</b>			
- Helen Crawford...	12		
- Charles Mutter...	13		

# From the Executive Director

By Anne Doherty Johnson

## Dear Member,

It was great to see so many members at our 2016 Annual Conference. I talked to many of you who were also taking the opportunity to explore Boston a bit, or connect with friends and colleagues here.

## Very Successful Annual Conference

Our conference was a huge success by all counts – reaction was enthusiastic and positive to our superb keynotes, skilled workshop facilitators and Scientific Program presenters. Conference content explored today's landscape of how hypnosis is being used to effectively treat patients across a multitude of conditions, and there was much animated dialog both inside and outside the sessions. Our thanks to all who made this a success, from our presenters to our attendees!

We also must express our gratitude to Society member and past president, **Nicholas Covino, PsyD, President of William James College**, who provided so much hospitality to our group in hosting the majority of the meeting on their modern campus. The campus provided a fitting back drop to the education and professional development that transpired at this year's event.

Our program had many moving parts this year, spread across two locations, and we thank all our attendees for their cooperation in helping to make sure things ran smoothly. We also witnessed many new connections being made at the event. Facilitating and strengthening relationships among our members is a core part of our mission, and it was gratifying to see this happening at our event.

## A New Editor for our Journal

In this issue, we formally congratulate **Gary Elkins, PhD, ABPP, ABPH**, who was selected by the Executive Council as the new editor for the *International Journal of Clinical and Experimental Hypnosis*. We announced this to members via email in October. I know all of you join me in congratulating Gary and wishing him success in his new role. He will resume the role in January 2018, taking the reins from outgoing editor **Arreed Barabasz, EdD, PhD**, who retires from the role at the end of 2017. Meanwhile, both are working together to ensure a smooth transition.

## Mentor Program

We are looking forward to continuing to roll out our Mentor Program, designed for anyone seeking mentorship from more experienced clinicians and researchers. Learn more or sign up here: <http://www.sceh.us/mentor-program>. In 2017, we are also looking forward to holding a membership campaign – more on that coming soon, and we have already begun planning our 2017 and 2018 annual conferences. **If you are interested in joining a SCEH Committee, please reach out to our Committee Chairs before the start of the year.**

## Growing the Society

If you attended our Member Luncheon at the conference, you heard that for this and the coming year, the Society is focusing on growing our membership. To sustain and move SCEH forward, we must retain our current members while also attracting new members. In the year ahead, we will be calling on all members to help us with this goal.

Please consider forwarding a note and member application to a colleague you think could benefit as you have from Society membership. You can view and print a copy of our application form, along with reviewing our member benefits, from this page: <http://www.sceh.us/membership-benefits> and bookmark it for future use. We appreciate your help.

### **Renew Now Because We Want to Finish the Year Strong**

An annual dues renewal email has gone out, with a paper notice to follow for those who have not responded. We encourage you to review your member benefits (see link above) so that you can get the most from your Society membership.

To help us finish the year strong, we ask that you renew as soon as possible.

If mailing your check, please do so no later than December 12th to allow sufficient time for mail and for processing.

Thank you for your support and loyalty to SCEH. We hope you will continue your support by being an active and committed member for a long time to come.

Wishing you and yours a happy holiday season and the very best wishes for a happy and healthy New Year.

**Anne Doherty Johnson**  
SCEH Executive Director

P.S. Please show your support of SCEH before month's end.

**Renew Your  
Membership!  
Click [HERE](#)**

## Time to Say Goodbye: A Note From Werner ...

I write these lines with mixed emotions, as this has been a difficult decision. After four years of editing SCEH's FOCUS Newsletter, I not only bid adieu to editing the SCEH FOCUS Newsletter, but also as an active member of SCEH.

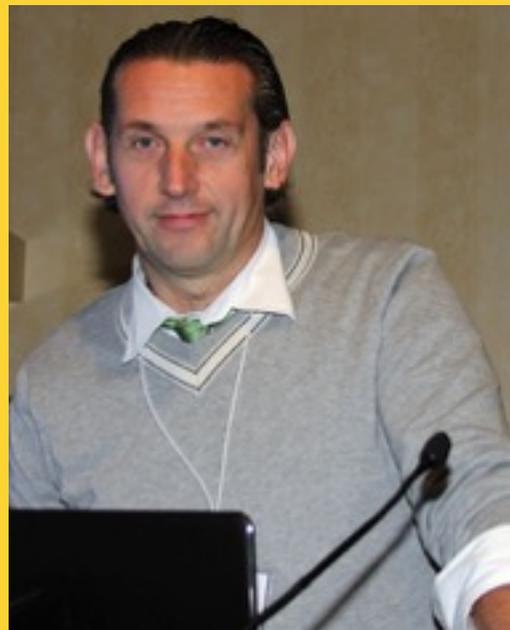
I joined SCEH as a student member. Shortly after joining as a SCEH student member, I grew into the role of student editor of FOCUS, collaborating with Dr. Eric Willmarth and Michele Hart. Once Dr. Willmarth took a less active role, my new co-editor Shelagh Freedman, with whom I enjoyed working tremendously, and I worked hard to bring you more news, more regularly.

Although I am a little sad to be leaving my role as co-editor, after receiving funding from Susan G. Komen, I am looking forward to concentrating my efforts significantly on work in mindfulness, mindful eating, and culinary medicine for cancer survivors in West Michigan. Complimenting my research on the use of hypnosis with breast cancer patients.

As I am saying goodbye to all of you, I want to emphasize that I have cherished this phase of my career. Thank you for the guidance and mentoring the members of SCEH have provided over these past four years.

All the best, always,

Werner Absenger, PhD, MSc



Werner Absenger PhD, MSc

# President's Column:

By Gary Elkins, PhD, ABPP, ABPH

Dear Friends and Colleagues,

It was wonderful to see many of you during our annual scientific meeting and workshops in Boston and at William James College! I want to thank everyone who helped make our meeting very successful. Due to the efforts of many, the 2016 annual meeting brought in an outstanding scientific program with keynote addresses, cutting edge research, and clinical workshops.

Attendance was up again this year and our organization is growing and fulfilling our mission, ***“To promote excellence and progress in hypnosis research, education, and clinical practice.”***

This is an opportunity to express thanks to Nicholas Covino who served as overall 2016 annual meeting chair. Also, I want to thank the workshop chairs for their service and hard work: Daniel Handel, Werner Absenger, Eric Willmarth, David Godot, Scott Hoye, and David Reid. Devin Tehurne and Zoltan Kekecs organized an outstanding scientific program that brought keynote addresses by Nicholas Covino, PsyD, James Carmody, PhD, Terence Keane, PhD, Guy Montgomery, PhD and Steven Lynn, PhD, covering topics from mindfulness to cancer care and an Integrative Model of Hypnosis. In addition, Elvira Lang, MD was our annual banquet speaker and provided an overview of her Comfort Talk program and

hypnotic techniques in medical practice. It was a wonderful program and we are now planning for the 2017 annual meeting!

The 2017 SCEH Conference, the 68<sup>th</sup> Annual Workshops and Scientific Program will be held October 25-29<sup>th</sup>, 2017 in Chicago. The upcoming meeting will be in a very attractive location at the Holiday Inn-Chicago Mart Plaza North and hosted by the Chicago School of Professional Psychology. The overall meeting Co-Chairs are Don Moss and Janna Henning. The Introductory Workshop Co-Chairs are Eric Willmarth and Lisa Lombard. The Intermediate Workshop Co-Chairs are Scott Hoye and John Mohl. The Advanced Workshop Chairs are Drs. Ciara Christensen and David Reid. The Scientific Meeting Co-Chairs are Zoltan Kekecs and Shelagh Freedman.

The theme of the 2017 annual meeting will be: *Hypnosis Through the Ages*. The program theme will include both hypnosis from a developmental perspective (childhood through adulthood and aging), and across time (historical foundations to contemporary



Gary Elkins, PhD, ABPP, ABPH  
SCEH President

research and the future). It will be both clinically geared and inclusive of important scientific research in hypnosis. Make plans now to attend the 2017 annual meeting!

Our Executive Council had a productive meeting in their governance role in SCEH and support of our growth. They have established a committee, Chaired by Janna Henning, to clarify our 501c3 status and make recommendations for fund raising. Also, a proposal for a modest dues increase was approved. The balance between keeping SCEH dues low while keeping pace with increased costs of operations was keenly discussed! We have aimed to keep that balance with a 10% increase across membership categories with the goal of fairness and society support.

SCEH depends upon dues as a primary source to sustain our programs and I would ask that you please respond to your dues statement as soon as you receive (or have received) it.

We need your commitment to SCEH to achieve our mission of excellence and progress in hypnosis research, education, and clinical practice.

I want to add that I am personally honored to be selected by the Executive Council as the incoming Editor-In-Chief of the International Journal of Clinical and Experimental Hypnosis. In the next 12 months I will be working closely with the current Editor, Dr. Arreed Barabasz in assuring a smooth transition and maintaining the exceptionally high quality of the IJCEH.

During the Executive Council meeting we reviewed our progress in achieving the objectives emerged from the *Strategic Planning* initiated by Eric Willmarth a few years ago. As has been previously noted, the Strategic Planning Committee identified four primary objectives.

**Increase Membership in SCEH.** During the past year, our membership form has been simplified to make it easier to join SCEH. I want to especially thank Zoltan Kekecs and our Executive Director, Anne Doherty Johnson, for the revised membership application. It is now available to complete on-line on our website or to download as a paper copy. For more information please visit: <http://www.sceh.us/assets/scehnewmemberapppdfnov2016>

[rev.pdf](#). Please support the efforts by (1) downloading a copy of the revised membership application and (2) recruiting at least one new member to SCEH. Please encourage membership in our wonderful organization. We have many member benefits and great colleagues.

**Expand Educational Offerings.** During the Executive Council meeting, the potential of expanding our educational offerings was discussed and we will explore options for a mid-year workshop meeting or on-line offerings. Dr. David Reid will lead this effort in consultation with our Treasurer, Ciara Christensen, as planning now will allow us to form concrete plans for a mid-year meeting or workshop in addition to the annual meeting. This can provide more training in evidence-based practice of hypnosis and clinical skills.

**Research Mentorship Program.** This past year Zoltan Kekecs led renewed attention to the opportunities for mentorship in research. We now have, on our web page, a form for mentees to apply to the program and to be matched with experienced researchers in hypnosis. Click the link for more information: [https://mam.memberclicks.net/index.php?option=com\\_mc&view=mc&mcid=form\\_222130](https://mam.memberclicks.net/index.php?option=com_mc&view=mc&mcid=form_222130)) We have a number of our members who

have generously offered mentorship and it is anticipated this program will continue to grow. As our finances continue to improve, we may also consider the future possibility of issuing small research grants within the program as a way of fostering research, especially among early career professionals.

**SCEH Communications.** Our Focus Newsletter is a primary means of communication with members. Shelagh Freedman along with Werner Absenger and Eric Willmarth are greatly appreciated for their work and commitment to produce the quarterly Focus. After several years of service, Werner is stepping-down to concentrate on his new job. Thank you very much for your dedication to SCEH these last years, Werner, and good luck with your job and research pursuits. Starting with this issue, Ciara Christensen is working with Shelagh as Co-Editor. Also a new graduate student member, Samuel Stork will join the Focus team this year. Please send a summary of your achievements, awards, workshops, and publications so that these can be recognized and communicated to our members in Focus. We will also explore the further use of electronic communication and updates throughout the year ahead.

Also, the Strategic Planning Committee identified strengthening the SCEH Certification as a potential

The call for workshop proposals and call for papers will be out soon. Look for the call for proposals and send your ideas, submit proposals for papers and workshops... we want you and look forward to seeing you all in Chicago for our 2017 69<sup>th</sup> Annual meeting!!

**Gary Elkins, PhD, ABPP, ABPH**  
SCEH President  
Professor of Psychology and Neuroscience  
Baylor University



## Help SCEH Grow!

We have included a membership application in this issue of Focus.

If you have found value in your membership, we hope you will share it with colleagues and students.

Prospective members can also complete an application online.

For membership details or our online application, visit:

<http://www.sceh.us/apply-for-membership>

# Young Researchers and Clinicians at the SCEH Annual Meeting

Written by Zoltan Kekecs, PhD

The Annual Meeting of the Society of Clinical and Experimental Hypnosis has always been an event where professionals from all over the world could meet and exchange their ideas about hypnosis. People have learned to expect the workshops and scientific program to live up to the highest quality standards, and the organizers of the conference have managed to deliver the expected quality year after year. Nevertheless, there has been a growing thirst for new ideas and new takes on old problems among the attendees of the meeting.

This year's meeting was innovative for many reasons. We experimented with both a new conference structure and setting. For example, the conference was held at a college instead of a hotel, giving the meeting a more academic vibe; and instead of restricting keynotes to the days of the scientific program, this year we invited keynote speakers for each day of the conference, introducing more variety and content to the workshop-days as well. Also, most of these invited speakers have not given a keynote talk at SCEH in a long time, or at all.

For me personally, one of the best features of this year's meeting was the active presence of young researchers and clinicians, and their contribution to the scientific discourse. From the 29 scientific speakers this year, forty percent were young scholars, half of whom are working toward their graduate degree. The poster section was also teeming with young scientists, with five of the nine poster presenters being graduate students. The presence of this new generation of scholars brought about a very lively atmosphere inspiring a lot of new ideas and unconventional perspectives on old problems. I believe that the introduction of these new perspectives will be really vitalizing for our community, and for the hypnosis field in general.

It was reassuring to see that the field of hypnosis attracts so many new talents who really care about the use of evidence based therapy and pushing the boundaries of our understanding of hypnosis. Fostering talented young professionals have always been of paramount importance within SCEH. Our members are extremely supportive of young clinicians and researchers, making efforts to actively integrate them in the community.

We also have a tradition of recognizing the achievements of young talents through our

Professional Development Scholarship, supporting students in attending the conference, and the

Crasilneck Award, awarded for the best first paper presented by a graduate student or young scientist. Recently we also introduced the Mentorship Program to actively support the development of young scholars all year round. It is great that we have so many young colleagues among us who can be the potential beneficiaries of these programs and awards, and it would be extremely good to be able to support as many of them as we can.

**You as a member can contribute to our efforts to foster young talents within our community in many ways. For example:**

- 1) Reach out to young colleagues and talk to them about their interests. Get them to join our Society, and let them know about the opportunities such as the annual conference, Mentorship Program and the Scholarship at SCEH.
- 2) Join the Mentorship Program as a mentor and encourage your students and young colleagues to join as mentees. Information on joining the program can be found on this site: <http://www.sceh.us/mentor-program>.



Zoltan Kekecs, PhD

## Thoughts on Attending my first SCEH Conference ...

Written by Theresa Davis, ALC, NCC

When Dr. Elkins asked if I would share some thoughts about my first experience with SCEH and hypnosis, I was flattered and excited to do so. I thought it would be a simple request to meet; however, weeks later I am still processing everything I learned as an introductory cohort at the Boston conference. I am a therapist from Alabama, I own a private practice, and I work part-time at an acute in-patient behavioral health facility. I came across SCEH while online searching for training which might be considered “off the beaten path.” Training which might fulfill both my curiosity about hypnosis and my desire for a niche area with my practice. I was attracted to SCEH because of its long history and hefty foundation in research. Additionally, I was intrigued by the multidisciplinary appeal of the education offered.

I was delighted to find that the very first evening of the conference did not disappoint. We were introduced to several of the most prominent researchers in the field and were witness to an intriguing demonstration on “glove anesthesia.” For someone who had no previous experience with hypnosis- not even a stage performance- the evening was mind-boggling. I was uncertain that I would be able to accurately explain to my clients why hypnosis works, as I was a bit starry-eyed myself. Over the next few days though, the “smoke and mirrors” were removed and what was left was a very logical and practical way for accessing a deep and restorative place in the brain.

While practicing with my fellow trainees, I had an opportunity to meet other professionals and exchange ideas on how to use hypnosis effectively

with our populations. Most of my professional training has been with other mental health professionals, but having access to practitioners in other fields helped me gain different perspectives on the presenting problems clients may experience. This was an aspect of the training which I had not anticipated, but have found most helpful in the weeks since my return home.

Listening to the leading researchers present their current studies and data was fascinating. I cannot pretend to understand all the complexities of proposing and implementing experiments involving hypnosis; however, the keynote speakers addressed all levels of trainees, presenting their material in clear and understandable terms. I, for one, was appreciative of this- nothing is as uncomfortable as being an educated professional feeling lost in a room full of nodding heads.

Overall, the conference left me feeling energized. It was refreshing to spend the weekend in the company of well-read and engaged professionals. Unfortunately, despite the confidence I felt during the training course there was a sense of anticipation as I headed home. I knew that presenting hypnosis, this tool, to others in my area might be difficult. Meeting that challenge in my home town will be interesting, and hopefully fun. Knowing now how to talk about hypnosis in plain, non-mystical language is essential; moreover, what I learned with SCEH has made me an advocate. Advocacy pushes us to continue learning, practicing, and teaching. So I will.



Theresa Davis, ALC, NCC

# SCEH 2016 Awards

It is important and fitting that we recognize those who have made significant contributions to the hypnosis community.

These awards are the result of SCEH member nominations, with the final selections made by the SCEH Awards Committee, chaired by Eric Willmarth, and including Mike Nash and Devin Terhune.

*Eric Willmarth, PhD, Awards Chair, presented the first award.*

**Bernard B. Raginski Award** for Leadership and Achievement **Gary Elkins, PhD**: for both his outstanding volunteer service to the hypnosis community (as President of APA Division 30, the Society for Psychological Hypnosis, the American Society for Clinical Hypnosis and the Society for Clinical and Experimental Hypnosis) and his leadership in research and publications supporting and advancing the hypnosis field.

*Gary Elkins, PhD, SCEH President, continued the Awards Ceremony and presented the following awards.*

**The Shirley Schneck Award** for the physician who has made significant contributions to medical hypnosis **Philip D. Shenefelt, MD**: for his significant contributions to the development of hypnosis in dermatology and his tireless work supporting the hypnosis community.

**The Hilgard Award** for the best theoretical paper on hypnosis **Mark P. Jensen, PhD, Tomonori Adachi, Catarina Tome'-Pires, Jikwan Lee, Zubaidah Jamil Osman, and Jordi Mir** for their paper on *Mechanisms of Hypnosis: Toward Development of a Biopsychosocial Model, International Journal of Clinical and Experimental Hypnosis, 2015, 63(1), 34-75.*

<https://www.ncbi.nlm.nih.gov/pubmed/25365127>

**Erika Fromm Award** for Excellence in Teaching **Daniel Kohen, MD**: a leader in both pediatric and general hypnosis education for his tireless efforts in organizing and teaching state of the art workshops of the highest caliber.

**Arthur Shapiro Award** for Best Book on Hypnosis **Amir Raz, PhD and Michael Lifshitz (Eds.)**: for *Hypnosis and Meditation: Towards an Integrative Science of Conscious Planes*, Oxford University Press, 2016

<https://global.oup.com/academic/product/hypnosis-and-meditation-9780198759102>

**Sherry K. and Harold B. Crasilneck Award** for the Best First Paper by a Young Scientist **Lindsey C. McKernan, PhD**: for *The Challenge of Central Sensitization in Chronic Pain: Clinical Hypnosis with Complex Regional Pain Syndrome (CRPS) and Interstitial Cystitis (IC/BPS).*

**Renew Your Membership!**

Click [HERE](#)

# SCEH 2016 Awards

## Presidential Awards:

**Nicholas Covino, PsyD:** for his significant and generous contributions to the Society, including service as Chair of the 67th Annual Workshops and Scientific Program, *The Future of Clinical and Experimental Hypnosis in the Era of Health Care Reform, our 2016 annual conference.*

**Donald Moss, PhD:** for his valued counsel and strong leadership in enhancing the organizational structure and quality of educational programs of the Society as Treasurer and President-Elect.



**Eric Willmarth, PhD:** for his valued leadership, steady hand and significant contributions in enhancing the growth and programs of the Society, including service as President, Past-President, Workshop Chair and Co-Editor of the Focus Newsletter.

**Richard Kluff, MD:** for significant contributions to the Society, including service as President, and a body of work that has benefited all practitioners and researchers by advancing knowledge of dissociative disorders, by identifying key ethical issues involved in providing hypnosis in clinical

practice, and for leadership in shaping the Society's mission and vision.

**Stephen Kahn, PhD:** for significant contributions to the Society, including service as President, raising funds for student scholarships, and treasured leadership as "The Mighty Kahn" in advancing the Society's goals.

**Shelagh Freedman, MS and Werner Absenger, PhD:** for their significant contributions to the Society, including service as Newsletter Editors of *Focus* and Co-Chairs of the Scientific Program and Advanced Workshops, respectively.



**Anne Doherty Johnson:** presented in appreciation for her service as the Executive Director of the Society which has contributed to successful annual meetings, increased membership, and recognition of SCEH as a leader in clinical and experimental hypnosis.

## CONGRATULATIONS!



## **Helen Joan Crawford, PhD (1943-2016)**

Dr. Helen Joan Crawford passed away on November 15, 2016. She was a world-renowned hypnosis researcher and past-president of the Society for Clinical and Experimental Hypnosis, who spent her career researching the brain and pain control through hypnosis.

Helen was born on September 21, 1943, daughter of Albert Carl Waller and Frances Gertrude Ryland Waller, she grew up in Friant, California. After receiving a B.A. in early education from Fresno State University, Helen received a Ph.D. in experimental psychology from the University of California at Davis in 1974. She worked at the Laboratory of Hypnosis

Research at Stanford University, under her mentor Dr. Ernest (Jack) Hilgard. From 1978 to 1987, she taught

and conducted research at the University of Wyoming then worked at Virginia Tech from 1987 until 2004,

where she received the honor of professor emerita of Psychology.

Helen collaborated with researchers and medical professionals around the world to understand the neuropsychophysiology of the brain and teach them how to use hypnosis to reduce pain levels. Her research was widely published in numerous scientific journals including the International Journal of Clinical and Experimental Hypnosis and books. In addition, she appeared on a number of documentaries and news television programs about hypnosis. Helen loved to travel and was a visiting professor and scholar at numerous universities throughout Europe, including the Imperial College of Medicine in England, the Hungarian Academy of Sciences, Aalborg University in Denmark, and the University of Rome in Italy.

Helen served as president of the Society for Clinical and Experimental Hypnosis from 1989 to 1991, and president of Division 30 of the American Psychological Association (APA) in 1984-1985. Her scholarly work has earned her numerous awards, including the Ernest R. Hilgard Award for Scientific Excellence from the International Society of Hypnosis, the Bernard B. Ruginsky Award for Leadership and Achievement from the Society of Clinical and Experimental Hypnosis, and the APA Division 30 Award for Distinguished Contributions to Scientific and Professional Hypnosis.

In 2004, Helen had an anoxic brain injury due to cardiac arrest. She moved to Arkansas to live with her daughter in 2005. She loved being a grandmother and was very proud of her granddaughter Elena. Helen's brain injury impaired her in many ways, but she continued to spread her joy, compassion and desire to help all those around her.

Helen was preceded in death by her mother, Frances Gertrude Ryland Waller; her father, Carl Albert Waller; and her brothers, Carl Waller, Richard Waller and Jim Waller.

She is survived by her son, Arthur Thomas Crawford of St. Charles, Missouri; her daughter, Julienne Francesca Crawford, and son-in-law, Christopher Davies, of Little Rock, Arkansas; her beloved granddaughter, Elena Ryland Davies, of

Little Rock; her former husband, Kenneth Edgar Crawford of Blacksburg, Virginia; and her many nieces, nephews, and cousins.

Helen was a giant in the field of experimental hypnosis and advanced the scientific knowledge of hypnosis in many important areas.

She will be deeply missed.

Adapted by Dr. Gary Elkins from the following link: <http://m.arkansasonline.com/obituaries/2016/nov/17/helen-crawford-2016-11-17/>

**Former ASCH and FSCH president Charles Mutter, MD passed away on Sunday, October 23. He was a fine gentleman.**

From the hypnolistserv

Chuck was a creative and effective clinician, a great teacher, a serious student of forensic hypnosis, a past president of ASCH, and, at the end of the day, one of the funniest men I have ever had the pleasure of knowing. He achieved some surprisingly effective clinical results, and was able to pull off some of the most astonishing pranks I have ever witnessed. Spending an evening on the town with Chuck was always interesting, and sometimes an exciting or even harrowing, adventure.

At one ASCH meeting, there was a piano in the lobby of the conference hotel. It was placed so that the bench was nearly against a wall, but folks could gather to either side. It was just that time of evening when folks were gathering to meet and go out for dinner. A small group had already assembled around Chuck before I came along. A few asked him to play particular songs, but Chuck said he wasn't a professional, and



could only play the few songs he knew... He would try to do his best for us with those tunes. Slowly but surely groups gathered, left for dinner, all thanking Chuck for entertaining them as they departed. Finally my dinner partners and Chuck's wife and another couple came along.

Chuck stood up, welcomed his wife and the other couple, and wished me and my friends a good evening, ending with, "Enjoy the music!" It slowly dawned upon us that the music was still playing! Chuck hadn't been playing the piano. Chuck acted as if he were, and carried it off with such panache that no one realized he was seated at a player piano, and that he had carried off the charade for nearly half an hour! I have no idea whether or not he could actually play the piano. He said "No" at the time, but Chuck never really answered a direct question about his musical talents thereafter.

Another ASCH meeting took place in the spring of a presidential election year. Our meeting was located in a hotel complex with enormous adjacent conference facilities. A major candidate was holding a very large fundraiser elsewhere in the complex. Chuck, another ASCH person, and I went over to see what was going on. But Chuck didn't stop at the door, guarded by enormous and imposing security staff. Though we were not on the list of guests, he introduced us to their chief as dedicated supporters of the candidate from out of state, and talked his way past them. The two of us along for the ride were terrified, but what could we do? If we blew Chuck's cover, we were sure to be detained and handed over to the police.

If we got deeper into Chuck's act, we were likely to get into the same kind of trouble. Just when I was about to implode with a cornucopia of overwhelming unpleasant emotions, Chuck said something about forgetting his promise to pick up another major out of state donor on the way, apologized for inconveniencing anyone, and led us out.

He took us up to the brink, but no further.

Chuck deserves to be remembered not only for his skills as a practitioner and teacher of hypnosis, but for his amazing comedic talent and his significant contributions to the governance of ASCH. He kept a generation of ASCH folks laughing, and worked to keep a generation of ASCH officers on track, and those were incredible gifts to those who knew him and appreciated the wide range of his talents and skills, which may or may not include the ability to play the piano.

Chuck should be commemorated with a moment of laughter, not of silence.

Rick Kluff

**Renew Your  
Membership!  
Click [HERE](#)**

# **68th Annual Workshops & Scientific Program ANNUAL CONFERENCE**

**Save the Date!**

**October 25-29th  
2017**

**Holiday Inn Chicago Mart Plaza River North  
and the  
Chicago School of Professional  
Psychology  
(connected via walkway)**

## Participate in Research ...



We are currently re-analysing evidence for the effectiveness of different hypnotic inductions on data that have already been collected. In order to help us, we would like to know how effective experts judge different inductions to be. For that purpose, we created a short online questionnaire (link below) intended for professional hypnotherapists.

Because we need judgments uninformed by the very evidence we are assessing, to be on the safe side, only fill in the questionnaire if you have not read papers describing lab experiments on the effectiveness of different hypnotic inductions; that is, we would like experts who base their judgments only on hypnotherapy practice.

Questionnaire: [https://cognitionens.eu.qualtrics.com/jfe/form/SV\\_b1PtqZ3WYo7Wgz](https://cognitionens.eu.qualtrics.com/jfe/form/SV_b1PtqZ3WYo7Wgz)

If you have questions, or would like to know the outcome of our research send us an e-mail.

Thank you very much in advance.

Dr. Jean-Remy Martin and Pr. Zoltan Dienes

[zoltan.dienes@googlemail.com](mailto:zoltan.dienes@googlemail.com)

[jeanremy08@gmail.com](mailto:jeanremy08@gmail.com)

Dr. Jean-Remy Martin



Pr. Zoltan Dienes



## MEMBER NEWS ...



### Devin B. Terhune, PhD

*Advances and Challenges in the Cognitive Neuroscience of Hypnosis*

*The David Waxman Memorial Lecture*

**Monday December 12<sup>th</sup> 2016 Royal Society of Medicine**

**London, England**

The Hypnosis & Psychosomatic Medicine invites you to join their annual lecture to remember David Waxman, a founding member of the Section. This year we focus on the advances and challenges in the cognitive neuroscience of hypnosis.

Devin Terhune will be presenting the 2016 David Waxman memorial lecture. Devin Terhune was chosen for his studies on individual differences in conscious awareness. He will be addressing conscious and its top-down regulation from the purview of cognitive neuroscience with a specific focus on time perception and hypnosis.

The memorial lecture will also feature Dr James Moore, Dr Quinton Deeley and Dr William McGeown and they will explore the cognitive neuroscience and neuropsychiatry of hypnosis and mindfulness.

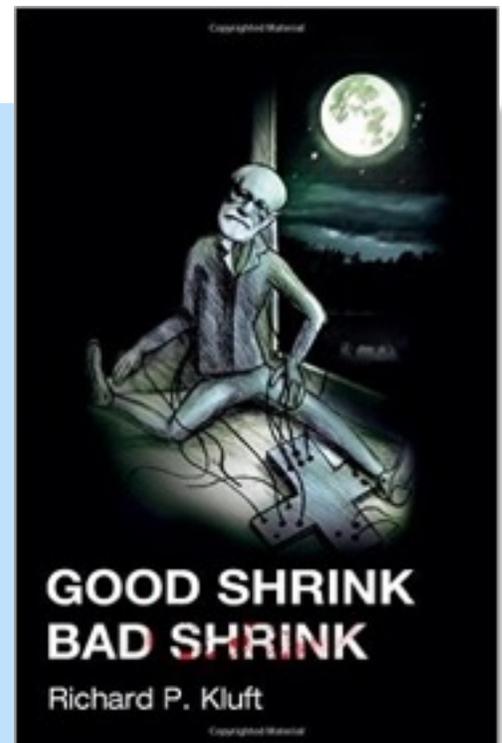
For more information, please visit: <https://www.rsm.ac.uk/events/events-listing/2016-2017/sections/hypnosis-psychosomatic-medicine-section/hyh01-advances-and-challenges-in-the-cognitive-neuroscience-of-hypnosis-and-the-david-waxman-memorial-lecture.aspx>



Be on the lookout for  
Darlene Viggiano, PhD  
(MFT)'s review of  
Dr. Kluff's book:

**Good Shrink Bad Shrink**

In the: **American Journal  
of Clinical Hypnosis**



ID: 1169725; DOI:10.1080/00029157.2016.1169725

# SHARE YOUR NEWS...



Washington Post article discussing  
Dr. Elkins research and the use of  
Hypnotherapy to Ease Symptoms

**Gary Elkins, PhD**  
Director of the Mind-Body Medicine  
Research Laboratory at Baylor University  
Waco, Texas

[https://www.washingtonpost.com/national/health-science/hypnotherapy-can-ease-some-symptoms/2016/11/04/8dd8ccc8-7920-11e6-bd86-b7bbd53d2b5d\\_story.html?utm\\_term=.c09ead68c91f](https://www.washingtonpost.com/national/health-science/hypnotherapy-can-ease-some-symptoms/2016/11/04/8dd8ccc8-7920-11e6-bd86-b7bbd53d2b5d_story.html?utm_term=.c09ead68c91f)

*"Other things fade into the background, so you can more easily respond to therapeutic suggestions."*



67th SCEH Conference  
Boston,  
Massachusetts,  
2016  
Highlights



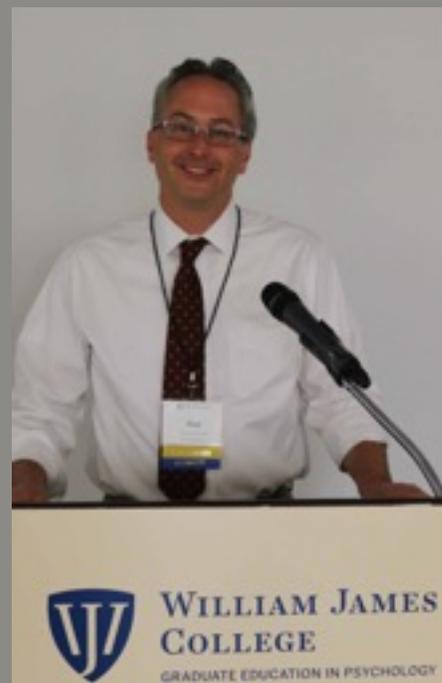
Top Left: Nicholas Covino, PhD

Top Right: Richard Kluft, PsyD

Right: Maureen Turner, CMHC, RNC, LCSW

Bottom Left: David Patterson, PhD

Bottom Right: Guy Montgomery, PhD



# 67th SCEH Conference Boston, Massachusetts, 2016 Highlights

Eric Wilmarth, PhD



Steven Lynn, PhD



Elvira Lang, MD



Zoltan Kekecs, PhD



# FOCUS: Send Us Your News!

**Share Your News  
with the  
SCEH Community!**

**Please send us your  
news to share:**

**[focus@sceh.us](mailto:focus@sceh.us)**

**We look forward to  
hearing from you!**

- ❖ Book or article reviews
- ❖ Awards or public recognition received
- ❖ Promotions, job changes, retirements
- ❖ New ways you are using hypnosis in your practice
- ❖ Articles you have written
- ❖ Recently published books
- ❖ Recent talks
- ❖ Events you are hosting
- ❖ An important milestone you are celebrating
- ❖ Research or special projects you are now undertaking
- ❖ Other items you think would be of interest to the membership
- ❖ Photos of the above (please include a caption)

Please send your news and photos to the FOCUS editors at: [focus@sceh.us](mailto:focus@sceh.us)

SCEH reserves editorial rights over all submissions.

**Renew Your  
Membership!  
Click [HERE](#)**

# About the Society for Clinical and Experimental Hypnosis (SCEH)



Current and Past SCEH Presidents  
Gary Elkins and Eric Willmarth

## SCEH Membership Levels

**Full Membership: \$165**

**Lifetime Membership: \$82**

**Student Membership: \$49**

### Society for Clinical & Experimental Hypnosis

305 Commandants Way | Commoncove Suite 100  
Chelsea, MA 02150-4057

<http://www.sceh.us>

[info@sceh.us](mailto:info@sceh.us)

**Connect with SCEH on Social Media**

Linked 

Find us on 

**Our Mission: To promote excellence and progress in hypnosis research, education, and clinical practice.**

Founded in 1949, the Society for Clinical and Experimental Hypnosis (SCEH) is an international organization of psychologists, psychiatrists, social workers, nurses, dentists and physicians who are dedicated to the highest level of scientific inquiry and the conscientious application of hypnosis in the clinical setting. The membership represents a rare union of some of the finest academicians, researchers and clinicians whose collaboration is designed to support and inform the clinical work and research of its members and other professionals.

A distinguishing feature of the group is its premise that sound clinical practice is built upon serious scientific inquiry and that important empirical questions are often raised by those who care for patients. Through workshops, lectures, publication of the International Journal for Clinical and Experimental Hypnosis (IJCEH), and other teaching activities of SCEH, members educate health care professionals, academicians, researchers, students and the general public about the nature and ethical uses of hypnosis and related phenomena.

### Membership:

This is a selective society that contains some of the best and most productive hypnosis researchers and clinicians in the field. In the past four decades, the majority of the important English language publications in the field of scientific hypnosis have been written by members of the SCEH. Each year, the membership of SCEH sponsors its workshops and scientific meetings at the annual conference. Members receive discounted registration to the annual conference.

For more information about joining SCEH please go to: <http://www.sceh.us/apply-for-membership> 