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SCEH

Society for
Clinical &
Experimental
Hypnosis

Image: Courtesy Carol Ginandes



"This is What We Do;
We Help Each Other."

Claire Frederick, MD
1932-2015

Thank You
Dr. Claire!

From the Executive Director

By Anne Doherty Johnson

Dear Member,

As we approach the end of 2015, it's a good time to take stock of our accomplishments over the last year and look to what improvements we are planning for the future.

Putting the Focus on the Value of Membership

Retaining current members while attracting new ones is critical for our sustained growth and advancing our mission. Over the last year, we made efforts to make sure members were fully informed about their benefits,

adding a page to the website. (View and print a copy of this new page for a quick reminder: <http://www.sceh.us/membership-benefits>). We also include a link to this page with dues renewal notices, reinforcing the value that SCEH provides. In addition to the regular reminders, a second mailing and a special email from the President brought in additional dues revenue. The importance of a prompt renewal was highlighted.

Our homepage now includes reminders to renew and join, putting membership "front and center" on our

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website. An updated membership section makes it easier for people to find information about member requirements and how to join. We also added an easy way for prospective members to join our email distribution list to receive selected emails about our activities. Finally, we created a draft brochure outlining why a prospect should join, which can be printed and used in recruitment efforts. A new membership application will make it easier for members to join the Society.

Enhancing Member Communications

Another focus over the last year was to keep members informed about Society activities and encourage additional engagement:

1. We initiated an annual update process for members, asking them to update their contact information in our database and in their online member profile. Response was good, and this will be done annually.
2. Identifying the need to make it easier for members to send us information about their activities, we now invite members, prior to each issue of our newsletter, to submit news. Response has been very good.
3. Member Committees are now posted online at: <http://www.sceh.us/Committees> 
4. Numerous social media posts were made to our Facebook, LinkedIn and Twitter accounts promoting SCEH activities.



Anne Doherty Johnson

SCEH Executive Director at the Awards Banquet for the 66th SCEH Conference Orlando, Florida, 2015

5. A video invitation to our conference marked our first foray into using video.
6. We refreshed our website homepage to be more welcoming and update it regularly.
7. We continue to email each issue of Focus with a cover note and post past issues online.
8. We created a guide, How to Log into the SCEH Website: Instructions for Members and New Users, to make it easier for visitors to use our website, sign up for membership or register for an event. The guide can be found at: <http://www.sceh.us/assets/scehlogintutorial.pdf> 

Conference Ranked High

Many new connections were made at this year's SCEH Conference, and as you would expect, many long time connections were

strengthened. It was great to see so many members assembled in one place, and the interaction between presenters and attendees during the Scientific Program was strong. Attendees gave the conference a rating of 4.94 out of 5 in the conference evaluation form. Attendance was up, another testament to the great work done in assembling great keynotes, presenters and topics for conference attendees.

Our conference program was expanded to include information on our Poster Session, which proved to be our largest to date. During our Poster Session Reception, and indeed throughout the conference, we saw great networking among attendees, and between students and our more seasoned researchers and clinicians.

Possible future collaborations were discussed, and attendees

shared many positive comments about the quality of instruction and what they were learning. On the topic of education, please note that CE and CME credits have been sent to participants; contact our office if you have any questions.

We marketed this year's conference across numerous channels. In addition to a promotional postcard mailed to members and prospects, we created and regularly updated a new conference webpage, sent numerous emails, created a video (starring none other than our then President and President-elect). We posted updates and reminders on SCEH social media accounts (Facebook, Twitter, and LinkedIn). The event was listed on a number of conference calendars and the Hypnosis Listserv, and we reached out to fellow hypnosis societies (APA Div 30, ASCH, and ISH) and made calls and sent emails to several regional psychological societies. We also streamlined and simplified categories for the registration form, making what is included under certain categories clearer.

Based on our recent conference results, we are evaluating ways to improve future events to ensure they are profitable and continue to offer the very highest in educational quality. Our conference committee has already set a theme and begun work on possible keynotes. Stay tuned for more information.

a. 2016 Conference – Boston, Oct 7-11th, 2016

b. 2017 Conference – west coast locations under consideration

SCEH Website and Member Directory

Members should be advised that SCEH's membership database vendor is updating its software to improve user experience and will be rolling out changes over the coming months. We are hopeful this will improve the performance of our database, as well as our online submissions, registration and email capabilities.

Positioning SCEH for the Future

Serving as co-facilitator to our Strategic Planning Meetings in May, I witnessed the enthusiasm and commitment that our leaders and members have for the Society. Since we were conducting these meetings online instead of in person, we needed a process that was streamlined, and able to move us forward. We developed a focused agenda, provided background information for participants, and created materials and ground rules to guide and inform our strategic planning process. This effort resulted in lots of good dialog, suggestions and insights.

Our first meeting took a look at how the Society could better serve its members. The second was a follow-up designed to review key recommendations we captured from the initial meeting,

and to prioritize these and identify the next actions. Special thanks go out from SCEH to all who graciously gave their time to this important effort.

Facilitators:

- Gary Elkins, PhD, President Elect (now President)
- Eric Willmarth, PhD, President (now Immediate Past President)
- Anne Doherty Johnson, Executive Director
- Participants attending the strategic planning meetings were:
- Roger Carlson, PhD, Certification Chair
- Scott Hoye, PsyD, Student Trainee Affairs & Scholarships Vice-Chair
- Zoltan Kekecs, PhD, representing student members (and now Secretary)
- Donald Moss, PhD, Treasurer (and now President Elect)
- Devin Terhune, PhD, Secretary and 2014 SCEH Conference Chair

Others not able to attend the meetings nonetheless contributed to the overall process. From when we first began discussing our strategic planning process until its wrap up, we heard from a number of members, including: Arreed Barabasz, EdD, PhD, Editor, International Journal of Clinical



Left: Marilee B. Snyder, LCSW presenting on “A Clinical/ Experiential Approach to Braun’s ‘BASK’ Model of Dissociation”

Bottom: “Nashville” Michael Nash, PhD, and students



and Experimental Hypnosis; Ciara Christensen, PhD (since then elected SCEH Treasurer); David Godot, PsyD, Education Chair and Michael Nash, PhD, Publications Chair and 2015 Conference Chair.

Shortly after the Strategic Planning Process, we held our Elections and welcomed in some new faces to the SCEH leadership team. We are looking forward to advancing several new initiatives and a busy year. If you are interested in joining a SCEH Committee, please reach out to our Committee Chairs in the weeks to come.

As we look to 2016, we thank you for your support and loyalty to SCEH. We continue to review

ways to make better use of our membership system and new technology tools, including ways to better use member profiles and the members' only section of our website to help members connect with one another. We hope you will continue your support by being an active and committed member for a long time to come.

Wishing you and yours a happy holiday season and the very best wishes for a happy and healthy New Year.

Anne Doherty Johnson
SCEH Executive Director

P.S. And I can't leave off without a quick reminder that you can Renew Now at: <http://www.sceh.us/membership-renewal>

P.P.S. To conference attendees who made a pledge during our conference in Orlando -- Thank you!

You can process that pledge online by [clicking here](#).



Francisco Munoz, PhD, talking about his research in genetics and mind-body healing

President's Column:

By Gary Elkins, PhD, ABPP, ABPH

Dear Friends and Colleagues, it is with great enthusiasm that I write this first column as president of The Society for Clinical and Experimental Hypnosis. Our organization is a reflection of our members and of all of those who have and continue to contribute to the mission of SCEH, *"To promote excellence and progress in hypnosis research, education, and clinical practice"*. The annual meeting in Orlando brought many excellent workshops, an outstanding scientific program, and the opportunity to see friends and learn about cutting-edge research in clinical hypnosis.

I would like to thank Eric Willmarth for his leadership over the past year. He has worked diligently to reaffirm SCEH foundations: excellence in research and practice, solid financial stability, educational programs, and a vision for the future.

The Society is much better from his efforts and we will continue in the direction he has set in motion.

Also, I want to recognize Don Moss for his wise stewardship as Treasurer of SCEH. He has overseen our finances, identified funding for scholarships for students, and been a strong force in balancing our wishes with financial realities. To Don I am grateful.

The 2015 annual scientific meeting and workshops were a great success due to the contributions of many and our meeting Chairs. Attendance was up this year and the programs were outstanding. Dr. Michael Nash served as the overall program Chair and did a superb job in bringing about the best presenters. Devin Terhune and

Shelagh Freedman organized an outstanding scientific program that brought "cutting edge" research into biogenetics and hypnosis, hypnotizability, mindfulness, dissociation, and a range of topics related to clinical applications. The workshop Chairs: Basic – David Godot and Scott Hoyer; Intermediate – Marcia Greenleaf and Laurie Lipman; and Advanced Co-Chairs – Philip Shenefelt and Claire Frederick organized an outstanding program with some of the most skilled teachers/clinicians in the field.

Our *International Journal of Clinical and Experimental Hypnosis* continues to be the leading journal in the field under the Editorship of Dr. Arreed Barabasz. I also want to note that the *IJCEH* and *American Journal of Clinical Hypnosis* are both

available on our website as a member benefit.

In regard to finances, please be sure to pay your annual dues in a timely manner. SCEH depends upon dues as a primary source to sustain our programs and I would ask that you please respond to your dues statement as soon as you receive (or have received) it. We need your commitment to SCEH to achieve our mission of excellence and progress in hypnosis research, education, and clinical practice.

I also want to thank the Executive Council for their governance role in SCEH and support of our growth. In looking toward the coming year there are several objectives that we will pursue in the next several months leading up to the 2016 annual meeting in



SCEH President Gary Elkins, PhD, accepts the Bernard Raginski Award for leadership in the field of clinical hypnosis

Boston next year. To a very large degree these objectives emerged from the *Strategic Planning* initiated by Eric Willmarth during the last year. I will summarize some of the primary objectives and progress. The Strategic Planning Committee identified four primary objectives.

Clarify Member Requirements and Make it Easier to Join SCEH

Membership in SCEH is restricted to qualified individuals who have an interest in hypnosis research and clinical practice. The Strategic Planning Committee identified a need to clarify/simplify requirements, speed up approval and make it a less cumbersome process for qualified individuals to become a member. We have already made some excellent progress in this direction. As Chair of the Strategic Planning Committee it was apparent to me that this was a clear priority and Dr. Zoltan Kekecs has revised the membership application consistent with these goals. The revised membership application has now

been approved by the Executive Council and is available in paper form and it will soon be possible to complete it online on the SCEH website. WE NEED MEMBERSHIP GROWTH, please support these efforts by (1) downloading a copy of the revised membership application and (2) recruiting at least one new member to SCEH. Many of you teach workshops, classes, or provide clinical training and I would ask that you please encourage membership in our wonderful organization – SCEH.

Improve ACE Certification

Dr. Roger Carlson is the Chair of the SCEH Certification Committee. The Strategic Planning Committee identified a second objective – **to strengthen criteria/requirements, then increase marketing efforts of the SCEH Certification in Clinical Hypnosis**. This will involve bringing the currently certified member list up-to-date, sending out certificates of SCEH Certification, and then consideration of revision of

requirements to better reflect SCEH Certification as a member benefit to recognize the excellence in training that so many of our members have achieved. We anticipate a proposal to clarify the requirements for certification (licensure, hours of training, and active commitment to excellence), development of a revised brochure, and a streamlined process to achieve certification and renewal of SCEH Certification of qualified members.

Increase Marketing and Communications

SCEH has the best teachers, clinicians, and researchers in the field. However, we need to broaden awareness within the hypnosis community and extend outreach to the medical and mental health communities. This can be achieved by our combined efforts and putting forward information on our programs, annual meetings, and publications in journals and newsletters, where increased... *(continued on page 7)*



Lori Olson, MS, LCMHC is licensed as a psychotherapist in both Florida and New Hampshire

From a First Time SCEH Attendee:

"I thoroughly enjoyed the advanced workshops and found them to be very informative. I was surprised to find that my fellow workshop attendees were often the presenters from other workshops. Their questions, comments and feedback were valuable additions, which added to the learning. Since this was my

first SCEH experience, I was pleased to find such a high level of enthusiasm and camaraderie, which felt very welcoming. There was also a noticeable lack of the "guru" type loftiness that can be found in other conferences; this was also very appealing."

Lori Olson, MS, LCMHC
Attachment and Experiential
Therapy, 50 Pleasant Street
Concord, NH 03301

(continued from page 6) awareness of the potential of hypnosis can be disseminated.

Expand Participation in Educational Offerings

During the next year we plan to review opportunities for a midyear meeting and online learning programs, and at the same time, attract more new faces, as well as current members, to the Annual Conference. Additionally, we will explore the opportunity of a midyear meeting or workshop in addition to the annual meeting. This can be a source of increased revenue, as well as providing more training in evidence-based practice of hypnosis among clinicians.

In looking toward the 2016 Annual Scientific Meeting and Workshops in Boston, there are several people that I would like to recognize. The overall Chair of the 2016 meeting in Boston is Dr. Nicholas Covino. Nik is the President of William James College (and PsyD Program), a past SCEH President, and an international leader in hypnosis research and practice. The Advanced Workshop Co-

Chairs will be Werner Absenger, PhD and Daniel Handel, MD. The Intermediate Workshop will be Co-Chaired by Scott Hoye, PsyD, and Ian Wickramasekera, PsyD, the Introductory Workshop in Clinical Hypnosis will be Co-Chaired by David Godot, PsyD and Eric Willmarth, PhD. The Scientific Program will be Co-Chaired by Devin Terhune, PhD and Zoltan Kekecs, PhD. More information will be forthcoming soon. Please plan to attend and present your clinical skills and research. We plan to have “panel of experts” sessions, current research, practical sessions on billing for hypnosis services, and thoughts on ways to adapt clinical practice to the changing health care environment. The theme of the 2016 annual meeting will be: *The Future of Clinical and Experimental Hypnosis in the Era of Health Care Reform*. The program will be both clinically geared and focused on how clinicians and researchers can best be prepared for possible changes in the health care landscape in the era of change.

Our *Focus* Newsletter Editors are Werner Absenger, Shelagh Freedman, and Eric Willmarth. Please submit your current activities, ideas for articles, and workshops and publications to the Focus Editors for possible inclusion in the newsletter (focus@sceh.us ). We want to hear from you and highlight your work!

Please make plans now to attend the 2016 Annual Scientific Meeting and Workshops. SCEH is growing and we want to plan now to make 2016 the best meeting ever! Send your ideas, submit proposals for papers and workshops... we want you and look forward to seeing you all in Boston for our annual meeting!!

Sincerely,

Gary Elkins, PhD, ABPP, ABPH



Dabney Ewin, MD, has been teaching medical hypnosis at Tulane University for 30 years. He pioneered the treatment of burn patients with hypnosis.

Dr. Ewin is author of a number of books, and is a greatly sought after presenter.

This was a unique opportunity for this workshop participant to work with a master practitioner with 60 years of wisdom and experience at the 2015 SCEH conference in Orlando.



IN MEMORIAM

Claire Frederick, MD 1932-2015

By Carol Ginandes, PhD, ABPP



Claire Fredrick, MD, at the SCEH poster session in Orlando, October 3rd, 2015

The sudden loss of our esteemed colleague, Dr. Claire Frederick, has been a profound one for the worldwide hypnosis community as well as for SCEH. Her contributions have been copious and pervasively influential. Remarkably, she was as accomplished as a teacher and as an author as she was as a clinician. Her wide range of intellectual interests and contributions extended beyond her expertise in clinical and medical hypnosis to include the domains of philosophy, ego-strengthening, developmental repair, trauma and dissociation,

mind-body problems, obsessive-compulsive disorder, and issues with loss, grief, and death and dying. As a clinician, she was often the therapist of last resort for patients who had long since lost hope of recovery.

Claire was born in 1932 and raised, an only child, in New Orleans, Louisiana. After attending Sophie Newcomb College and graduating Phi Beta Kappa at the age of 19, she earned her MD at Louisiana State University Medical School in 1955. She completed her residency in

Neurology and Psychiatry at University of Virginia Hospital in 1958, and then pursued a clinical fellowship at the National Institute of Mental Health. She subsequently received board certification from the American Board of Psychiatry and Neurology in 1963. She was married to Arthur Frederick for a period of years in the 1970s.

Claire took her first hypnosis training workshop with William Kroger in 1978 and then sought out an eclectic foundation of training experiences. After

studying with Jack and Helen Watkins, she became committed to developing the theory, methods, and applications of Ego State Therapy. A prolific author in the literature on hypnosis, her publications include twenty five articles and two classic co-authored books, *Healing the Divided Self: Clinical and Ericksonian Hypnotherapy for Post-Traumatic and Dissociative Conditions* (with Maggie Phillips, 1995) and *Inner Strengths: Contemporary Psychotherapy and Hypnosis for Ego-Strengthening* (with Shirley McNeal, 1999). Her definitive monograph on Ego State Therapy, “Selected topics in ego state therapy,” was published by the *International Journal of Clinical and Experimental Hypnosis* in 2005. She was also a past Editor of the *American Journal of Clinical Hypnosis* as well as an Editorial Consultant to the *International Journal of Clinical and Experimental Hypnosis*.

Her numerous academic appointments included teaching appointments at the Medical College of Virginia, Tufts University School of Medicine, and Harvard Medical School. Most recently, she served as Distinguished Consulting Faculty at Saybrook University in the College of Humanistic and Clinical Psychology.

As testimony to her contributions, Claire received several prestigious awards. Among them were the American Society of Clinical Hypnosis and the Society of Clinical and Experimental

Hypnosis Presidential Awards; an ASCH Award of Merit as an outstanding clinician, teacher, and author, and the Crasilneck Award for excellence in writing. She also received the Cornelia Wilbur Award for original contributions to the field of dissociation. In 2005, SCEH gave her the Annual Schneck Award to the physician who has made significant contributions to the development of medical hypnosis, and, in 2007, the Roy M. Dorcus Award for the Best Clinical Paper published in the *International Journal of Clinical and Experimental Hypnosis*. The Milton Erickson Institute in South Africa also honored her for her “contributions to psychotherapy and to hypnosis.” Most recently, in August 2015, she had been invited to Paris to receive the first Helen and Jack Watkins award from the International Society for Hypnosis.

Claire was a generous and tireless contributor to the Societies to which she belonged. She organized scientific and workshop programs as Chair and was a sought after member of Executive Boards and Education committees. Over the years, she made generous teaching contributions to generations of beginning and advanced students in her unique workshops that invariably drew rave reviews. She was elected a Fellow of SCEH, of ASCH, and of the International Society for the Study of Trauma and Dissociation. She also received honorary memberships in the British Society for Medical and Dental Hypnosis, the Canadian Federation of Clinical Hypnosis, Alberta

Division, and the Canadian Society of Clinical Hypnosis, Ontario Division.

But beyond all of the remarkable accolades and achievements, however, perhaps Claire’s most impressive accomplishments were her connections with other people – as evidenced by the outpouring of grief at her passing from those colleagues, friends, students, and patients who had the great good fortune to know her. The vast majority of them would declare that Claire had somehow touched them, deeply, in enduring and uniquely transformative ways. Despite her ribald sense of humor, hearty laugh, and inclination toward pranking those around her, she proffered profound respect to people – from the beginning students, like those she met for the first time at her very last workshop at SCEH in Orlando in September, 2015, to those colleagues she consistently encouraged, over the years, to stretch themselves personally and professionally in ways they had never imagined. Although Claire did not have close blood relatives, she had myriad friends that she had made across the globe who, despite not seeing her frequently, somehow felt that they were next of kin. She was probably the only senior clinician who, when she posted to the Hypnosis List Serv, would sign her posts “love, Claire”. So many of us reciprocate that sentiment and feel inestimably grateful to have had her in our lives for as long as we did. Yet, despite that, we feel sure that we have lost her all too soon.

Obituary

Claire Frederick

Published in *The Boston Globe* on Oct. 18, 2015

Dr. Claire (Cobb) Frederick, 83, passed away unexpectedly on October 6, 2015. A proud native of New Orleans, she subsequently practiced in California, Massachusetts, and Maine as a psychiatrist who specialized in psychotherapy and medical hypnosis.

An inspiring teacher and author as well, she was internationally known for her seminal contributions to the field of clinical hypnosis through her books, articles, and myriad, award-winning professional contributions to the professional societies of which she was a revered member.

Previously on the faculties of Tufts University Medical School, and Harvard Medical School, she was most recently Consulting Faculty at Saybrook University in San Francisco. A past editor of the *American Journal of Clinical Hypnosis*, and co-author of two classic books on hypnotherapy and dissociative disorders, she taught nationally and internationally.

An avid reader, and a lifetime learner as well as a teacher, she also loved cooking and eating gourmet food, hiking, films, the latest tech gadgets, and the companionship of animals and her circle of beloved friends.

She is mourned by her wide community of patients, students, colleagues and loving friends, who she graced with her knowledge, wit, and magnanimous spirit. Memorial donations may be made, in her name, to a charity fostering environmental and animal welfare such as Defenders of Wildlife.



Claire Frederick in a still shot from "The Willmarth Hypnosis Videos" where she discussed hypnosis for dental pain

Image courtesy of Eric Willmarth

In reading the many loving and appreciative tributes to Claire Frederick on this list, I am struck by the realization that while they ring true, they don't capture certain aspects of Claire as I knew her, aspects that made her all the more irresistibly lovable as a person and a friend.

Yes, Claire was warm, kind, generous, supportive, and nurturing. But let's not forget that she was a major contributor to our field, had a razor-sharp intellect, an incredible sense of humor, an intolerance of nonsense (usually expressed with a jest rather than in open anger), and a willingness to stand on principle even in difficult situations. Claire's humor was not restricted to the usual range of jokes, witty remarks, wonderful stories, and zingers...

She retained a love for old-fashioned slapstick, which she indulged until physical limitations got in the way of her more physical humor.

It would be a disservice to Claire's memory to overlook her marvelous skill with pranks, often in the context of ASCH Regional Workshops.

Let's remember her warm and loving heart, her remarkable mind, her sharp wit, and her prowess in tossing a rubber chicken into otherwise proper and mannerly occasions.

Rick Kluff, MD, PhD, via HYPNOSIS@LISTSERV.ICORS.ORG

Claire seemed to me to offer a rare blend of warmth, creativity, authenticity, and humor. As a senior clinician I always found much value in her teaching and informal conversations as well. How affirming and validating she was able to see beyond herself and into the hearts and minds of others, benevolently. She's left us way too soon...

Thomas F. Nagy, PhD, via HYPNOSIS@LISTSERV.ICORS.ORG

Members' News:



Einhorn, PhD

Jay Einhorn, PhD, LCPC
Current President of the Chicago Association for Psychoanalytic Psychology presented on "Psychotherapy, Religion and Spirituality" at the 2015 Parliament of the World's Religions in Salt Lake City in October, and co-presented on "Useless to Useful: Collaboration in Evaluation of Learning and Attention Disorders" at the Association of Educational Therapists annual conference in Hoffman Estates, Illinois. In addition, he will be performing as a singer-songwriter on Thursday January 14, 2016, at 6:30 PM, at the Crystal Lounge of the Merion, in Evanston, Illinois.

Daniel Kohen, MD

Reports that the University of Minnesota's Office of Continuing Professional Development, in collaboration with the Minnesota



Kohen, MD



Lynch, MD

Society of Clinical Hypnosis (MSCH) will host Workshops in Clinical Hypnosis next summer, from June 2-4, 2016. Daniel is the course director.

Don Lynch, MD, FACS, ABMH

In July, the Board of Visitors of Eastern Virginia Medical School designated Don Professor Emeritus of Urology. Although he retired from full time practice as Departmental Chair and urologic oncologist in 2011, he continues to teach and give talks, some concerning clinical hypnosis. Until this October, he was doing a couple of weeks a month of locum tenens general urology practice in Berlin, Vermont, which was completed when they were able to hire two full time urologists. With full retirement, Don hopes to become more active in the SCEH teaching programs!



Karlin, PhD



Shenefelt, MD



Turner, MEd



Willmarth, PhD

Bob Karlin, PhD

Will be teaching a new course on personality and individual differences to the Clinical Psychology doctoral students next semester. Hypnotizability and the Stanford Scales will be among the dimensions explored.

Philip D. Shenefelt, MD

Was elected Vice-President of ASCH.

Maureen Turner, MEd, LCMHC, RNBC, LCSW

Gave a Workshop: Age Regression - back to the cause(s) of the problem(s) and help healing utilizing clinical hypnosis unique techniques! Dec. 4-6, 2015, in Burlington, Vermont.

www.motivationhypnosis.com

Eric Willmarth, PhD

Was elected President-Elect of ASCH.

Special Presidential Award for Teaching: Dabney Ewin, MD



Dabney receives the Presidential Award for Teaching

In being interviewed earlier this year, Dabney at 90, said, "I decided that what I have to give is teaching, and that I'll make myself available to teach anywhere, anytime, to anybody who wants to learn what I know about hypnosis." Dabney has always been a most generous and dedicated teacher, and for longer than any of us.

SCEH treasures and honors Dabney and encourages you to learn from him.

Morton Prince Award 2015

“For distinguished contributions to the development of hypnosis in the science and profession of psychology.”

As you may know, there are five independent, professionally organized Boards to certify very high levels of competence in hypnosis. They are *The American Boards of Hypnosis in Dentistry, Medicine, Nursing, Psychology, and Social Work*. Diplomats, after many years of experience, have passed a rigorous examination on the application of hypnosis in their appropriate fields. Each Board sets its own standards, and recognizes high achievement in its own way.

The American Board of Psychological Hypnosis recognizes outstanding contributions with the **Morton Prince Award “For distinguished contributions to the development of hypnosis in the science and profession of psychology.”**

This year, the Board bestowed honor on three recipients.

A check on Google Scholar, Pub Med and the Taylor and Francis website shows that between them, there

were 822 citations and references, including the editorship of two major professional journals.

Among the varied research and clinical issues and fields they have illuminated, one can find:

- The definitions of hypnosis;
- Evaluations of hypnotizability and dissociation scales and tests, correlations between scales and categories, and cross-national translations of scales;
- Environmental impacts of the arctic, immersive systems, restricted environments, airplane cabins, and ventilation;
- Alert and spontaneous hypnosis;
- Complex professional issues such as informed consent, treatment codes, testimony, and legal aspects of practice;
- Techniques for assisting children in bilingual education, senior citizens in assisted living;
- And treatments for: abreaction, ADHD, anorexia, bulimia, flying phobia, IBS, trichotillomania, pain, and most recently, manualized PTSD.

Congratulations to the recipients of the 2015 Morton Prince award!

Marianne Barabasz, EdD

Arreed Franz Barabasz, EdD, PhD, ABPP

**Edward J. Frischholz, PhD, ABPH
1956-2015**

**Renew
Your
Membership!
Click HERE**

2015 SCEH Awards

The Henry Guze Award

best research paper on hypnosis

Yann Cojan, Camille Piquet, & Patrik Vuilleumier

"What makes your brain suggestible? Hypnotizability is associated with differential brain activity during attention outside hypnosis" (2015). *NeuroImage* , 117, 367-374.

The Roy M. Dorcus Award

for the best paper in clinical hypnosis

Gwenyth Wallen, Kimberly Middleton, Nancy Ames, Alyssa Brooks, & Daniel Handel

"Randomized trial of hypnosis as a pain and symptom management strategy in adults with sickle cell disease" (2014). *Integrative Medicine Insights* , 9, 25-33.

The Hilgard Award

for the best theoretical paper on hypnosis

William Jonathan McGeown, Giuliana Mazzoni, Manila Vannucci, & Annalena Vanneri

"Structural and functional correlates of hypnotic depth and suggestibility" (2015). *Psychiatry Research: Neuroimaging* , 231(2), 151-159.

The Arthur Shapiro Award

for the best book on hypnosis

Laurence Sugarman and William Wester II (Eds.)

"*Therapeutic Hypnosis with Children and Adolescents*" , (2014). Crown House Publishing Limited. Norwalk, CT.

The Bernard Raginski Award

for leadership in the field of clinical hypnosis

Gary Elkins

The Shirley Schneck Award

to a physician who has made significant contributions to the development of medical hypnosis

Marie-Elisabeth Faymonville

The Erika Fromm Award

for excellence in teaching

Jean-Roch Laurence

The Crasilneck Award

for the best first paper presentation by a graduate student or young scientist at a SCEH meeting

Zoltan Kekecs

Mathieu Landry

Katalin Varga

Presidential Awards

for outstanding contributions to scientific and professional hypnosis and for outstanding work on behalf of the Society

Shelagh Freedman

Scott Hoyer

Laurie Lipman

Michael Nash

David Wark

Special Presidential Award for Teaching

Dabney Ewin

New SCEH Fellows

SCEH Fellows are a selective group of professionals who are known to be outstanding contributors to the science or practice of hypnosis

Gary Elkins

Devin Terhune

Ian Wickramasekera II

Rare Hypnosis Books

We have a collection of books and texts (over 45 titles) of special interest to hypnotherapists and hypnosis researchers. Many of the titles are rare, scarce, or out-of print and was assembled after visiting countless sites and bookstores over a period of many years.

Interested parties may contact
Tom Mirabile at: tmirabile67@comcast.net

Please include your conventional mailing address to receive an 8-page detailed description of every title in the collection along with price and purchase terms.

The 67th Annual Workshops & Scientific Session will be held Thursday, October 6 through Monday, October 10, 2016 in Greater Boston. The conference will be divided between the Hilton Boston/Dedham Hotel in Dedham, MA and the nearby campus of William James College in Newton, MA.

We are excited about the prospects of our event being hosted at William James, an independent graduate college of psychology that many members may know under its former name, the Massachusetts School of Professional Psychology (MSPP). This approach to the meeting will connect SCEH with its academic roots, and the school's modern campus will provide a very pleasant environment for our workshops and scientific presentations.

We have arranged a special conference rate at the hotel, along with transportation between the hotel and the college for the conference.



Don Moss, PhD, Laurie Lipman, MD, Tom Nagy, PhD, and Moshe Torem, MD

Watch your email for more details coming soon.

Overall Meeting Chair

- ❖ Nicholas Covino, PhD

Scientific Meeting Co-Chairs

- ❖ Devin Terhune, PhD
- ❖ Zoltan Kekecs, PhD

Introductory Workshop Co-Chairs

- ❖ David Godot, PsyD
- ❖ Eric Willmarth, PhD

Intermediate Workshop Co-Chairs

- ❖ Scott Hoye, PsyD
- ❖ Ian Wickramasekera, PsyD

Advanced Workshops Co-Chairs

- ❖ Werner Absenger, PhD
- ❖ Dan Handel, MD

SCEH 67th Annual Workshops & Scientific Program:

The Future of Clinical and Experimental Hypnosis in the Era of Health Care Reform

October 6-10, 2016
Boston, MA

Share Your News with the SCEH Community!

- ❖ Book or article reviews
- ❖ Awards or public recognition received
- ❖ Promotions, job changes, retirements
- ❖ New ways you are using hypnosis in your practice
- ❖ Articles you have written
- ❖ Recently published books
- ❖ Recent talks
- ❖ Events you are hosting
- ❖ An important milestone you are celebrating
- ❖ Research or special projects you are now undertaking
- ❖ Other items you think would be of interest to the membership
- ❖ Photos of the above (please include a caption)

Please send your news and photos to the FOCUS editors at: focus@sceh.us

SCEH reserves editorial rights over all submissions.

Images from the 66th SCEH Conference Orlando, Florida, 2015



Left: Paul F. Dell, PhD, ABPP, Past President of the International Society for the Study of Trauma and Dissociation and Director of the Trauma Recovery Center in Norfolk, Virginia gives his keynote address

Bottom:
Zoltan Kekecs, PhD, and Eric Willmarth, PhD



Right: “Genetic Central” Drs. Muenke and Munoz after Munoz’s presentation on Mind-Body Medicine Epigenetic Techniques

Far Right: The poster session was a big hit amongst conference attendees





Left: John Mohl, PhD, during his scientific program research presentation

Below: Overall Meeting Chair, Michael Nash, PhD



Right: David Wark and Eric Willmarth experimenting with "trance inducing properties of neckwear"

Far Right: Lively discussions during the conference's poster session



Thank you Anne Doherty Johnson, Scott Hoyer, and Eric Willmarth for providing the photos for **FOCUS** NUMBER 1 | Volume 58 | 2016!



Above: Maximilian Muenke, MD, DABMA, Chief & Senior Investigator of the Medical Genetics Branch of the National Institute of Health and Eric Willmarth, PhD

Right: Congratulations to Devin Terhune, PhD, on becoming a Fellow of SCEH for outstanding contributors to the science or practice of hypnosis



Left: Gary Elkins, PhD, and students

Right: Amir Raz, PhD, Lady Davis Institute for Medical Research & Associate Professor, Department of Psychology, McGill University, Montreal



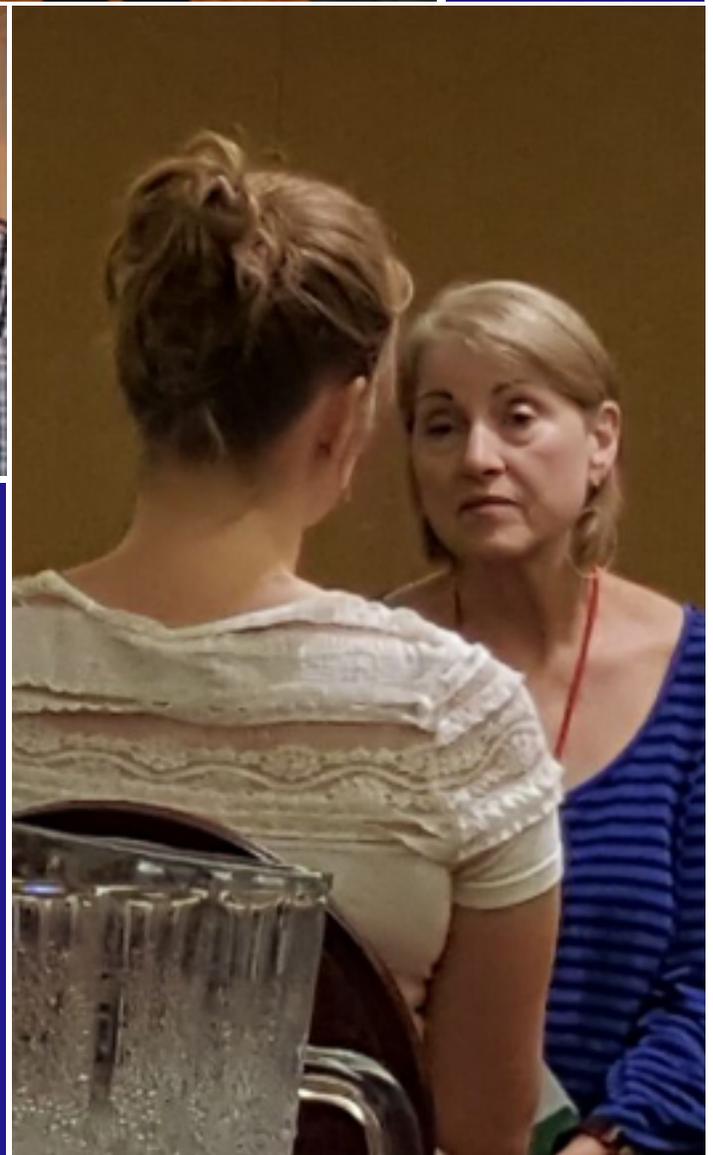


Left to right:
Jay Olson,
Mathieu Landry,
Shelagh Freedman,
Devin Terhune,
Michael Lifshitz



Above: “Three Wise Men” Eric Willmarth, PhD,
Maximillian Muenke, MD, and Moshe Torem, MD

Right: Molly Delaney, PsyD giving an Intermediate
Workshop on clinical hypnosis





Left: Maximilian Muenke, MD, DABMA, Chief & Senior Investigator of the Medical Genetics Branch of the National Institute of Health during his keynote about “The Genetic Basis of Hypnotizability”

Below: Ian Wickramasekera II, PhD, became one of SCEH’s newest Fellows for outstanding contributors to the science or practice of hypnosis

Bottom: Amir Raz, PhD, McGill University, Montreal, Canada, giving the keynote banquet address “Hypnosis, Meditation, and Placebos”



SCEH Officers

SCEH President:

- Gary Elkins, PhD

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SCEH Treasurer:

- Ciara Christensen, PhD

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- Zoltan Kekecs, PhD

SCEH President-Elect:

- Don Moss, PhD



SCEH Focus Editors:

- Werner Absenger, PhD, MSc
- Shelagh Freedman, MA

About the Society for Clinical and Experimental Hypnosis (SCEH)



Current and Past SCEH President
Gary Elkins and Eric Willmarth

Our Mission: To promote excellence and progress in hypnosis research, education, and clinical practice.

Founded in 1949, the Society for Clinical and Experimental Hypnosis (SCEH) is an international organization of psychologists, psychiatrists, social workers, nurses, dentists and physicians who are dedicated to the highest level of scientific inquiry and the conscientious application of hypnosis in the clinical setting. The membership represents a rare union of some of the finest academicians, researchers and clinicians whose collaboration is designed to support and inform the clinical work and research of its members and other professionals.

A distinguishing feature of the group is its premise that sound clinical practice is built upon serious scientific inquiry and that important empirical questions are often raised by those who care for patients. Through work-shops, lectures, publication of the International Journal for Clinical and Experimental Hypnosis (IJCEH), and other teaching activities of SCEH, members educate health care professionals, academicians, researchers, students and the general public about the nature and ethical uses of hypnosis and related phenomena.

SCEH Membership Levels

Clinical Membership: \$150

Experimental Membership: \$150

Lifetime Membership: \$75

For members who have been active in the society for more than 10 years and are at least 65 years of age

Student Membership: \$45

All memberships include a quarterly subscription to the International Journal of Clinical & Experimental Hypnosis, access to the hypnosis listserv and a discount at the annual conference

Society for Clinical & Experimental Hypnosis

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Membership:

This is a selective society that contains some of the best and most productive hypnosis researchers and clinicians in the field. In the past four decades, the majority of the important English language publications in the field of scientific hypnosis have been written by members of the SCEH. Each year, the membership of SCEH sponsors its workshops and scientific meetings at the annual conference. Members receive discounted registration to the annual conference.

For more information about joining SCEH please go to: <http://www.sceh.us/apply-for-membership> 