

CULTURAL SENSITIVITY, PERSONAL BOUNDARIES, AND CHANGING INTERPERSONAL EXPECTATIONS IN PROFESSIONAL CONFERENCE SETTINGS

PRESENTED BY JANNA A. HENNING, J.D., PSY.D., F.T.

FRIDAY, JULY 19, 2019

9:00AM – 10:30AM PT / 11:00AM -12:30PM CT / 12:00PM -1:30PM ET

EVENT WILL BE HELD VIA GOTOWEBINAR – REGISTER AT:

<https://www.eventbrite.com/e/cultural-sensitivity-personal-boundaries-and-changing-interpersonal-expec-tickets-64619853722>

Program Offers 1.5 APA CE for Psychologists and 1.5 BBS CEU for Counselors and Social Workers

Cultural competence is crucial for effective provision of clinical services in a diverse and rapidly changing world. It is also of vital importance in effective professional education and training; professionals and students represent a wide range of social locations (e.g., gender, race, ethnicity, sexual orientation, age, ability, religion, and social class), and cultural standards and expectations are rapidly evolving and changing.

Have you ever wondered what the “new” rules are with respect to touching peers or students in professional settings, even when you just want to be friendly or express warmth and affection? Have you ever found yourself in the situation of telling a joke, but finding that it didn’t go over with the audience the way you thought it would? Have you been blind-sided by feedback you’ve received from others about the way you’ve interacted with them, or the things you’ve said? We all have a tendency to fall back on our own personal understanding of culture, which guides what we think is important, how we value or label behaviors, and the assumptions we make about ourselves and others. However, the lens through which we view others and the world can either facilitate deeper engagement with individuals from cultures that are different from ours, or lead to misunderstandings, hurt, and cutoff relationships.

Cultural competence in training means that we can effectively teach learners who represent aspects of diversity that are different from our own. Culturally sensitive professionals strive to be aware of, accept, and respect the differences that exist among people with different cultural backgrounds, both in the workplace and in interpersonal interactions. This means that we have to have a basic knowledge of who we are and what our own customs, values, preferences, and styles of communication might be, and how they might differ from those of our students or peers. A greater understanding of these issues can help us predict and prevent disconnects in interpersonal and professional interactions, and know what to do when these situations arise.

Cultural competence is developed through an ongoing process of learning, self-reflection, and practice, but this webinar might be a good place to start, or can provide a reminder/refresher of some key points to keep in mind when presenting to diverse audiences in professional settings.

Professional Bio of Janna A. Henning, J.D., PsyD, F.T, Professor, Adler University

Dr. Henning is a clinical psychologist, educator, and researcher who specializes in traumatic stress, dissociative disorders, chronic and life-threatening illness, death and dying, bereavement, and loss. She is a Professor in the Doctoral Program in Clinical Psychology at Adler University in Chicago, and the creator and coordinator of its Traumatic Stress Psychology Emphasis, the Co-Chair of the Education and Training Committee of Division 56 (Trauma) of the American Psychological Association, the President-Elect of the Society for Clinical and Experimental Hypnosis, a Fellow in Thanatology (Death, Dying and Bereavement) through the Association for Death Education and Counseling, and a member of the clinical faculty for the Portland Institute for Loss and Transition. She provides training and consultation for professionals and has provided clinical services for traditionally underserved individuals coping with traumatic life events, dissociative disorders, chronic/life-threatening illness, bereavement, or loss in a wide range of settings, including military centers, hospitals, prison aftercare facilities, and community-based agencies and practices.

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