

SCEH Certification in Clinical Hypnosis

Certification in Clinical Hypnosis (CCH) provides recognition of SCEH clinicians and scientists who meet established educational and training requirements in clinical hypnosis. Additionally, CCH recognizes SCEH members who are committed to enhancing their knowledge and skills in clinical hypnosis. While some hypnosis associations offer “certification” programs to laypersons, SCEH ensures that the certified professional is a licensed health care professional (as noted below).

We will roll out our new certification program following our 2018 Annual Conference. Watch our website for more details: www.sceh.us.

Benefits of SCEH Certification:

SCEH Certification provides a standard of excellence and dedication for the practice of clinical hypnosis and for the use of hypnosis in research and academic teaching. Given the ongoing flux and uncertainty in the health care industry, it is anticipated that certification in specialized direct care interventions will become the standard expectation from many third-party payers.

SCEH Certification is valid for a period of three (3) years. Renewal requires documentation of additional CE activity, and is also valid for a period of three (3) years.

SCEH requirements for Certification in Clinical Hypnosis:

1. Documentation of license for independent clinical practice in a health care profession recognized by SCEH. Eligibility for SCEH Certification in Clinical Hypnosis requires applicants document having received their eligible degree from a University or College accredited by its appropriate regional accrediting body; and documentation of being licensed or certified at the independent practice level in the state/province in which they practice.

Recognized health care professions include physicians, dentists, doctoral level psychologists, social workers who have been awarded a Master's or doctoral degree in social work by a university accredited by the Council on Social Work Education, doctoral level speech pathologists, chiropractors and those with a Master's degree in nursing, psychology, counseling, or marital/family therapy, doctoral level practitioners of Traditional Chinese Medicine who are accredited by the Accreditation Commission for Acupuncture and Oriental Medicine (ACAOM), or other fields recommended by the Credentials and Membership Chair and approved by the Executive Committee.

2. A minimum of two years of experience using clinical hypnosis subsequent to the completion of the first attended approved workshop. (The two years clinical experience can be verified by a communication from a professional colleague who is ASCH or SCEH certified).
3. A signed agreement to abide by the SCEH Code of Ethics.
4. Documentation of workshop/education training provided by SCEH, ISH, ASCH, or a recognized affiliate completed within the past five (5) years. All training must be informed by contemporary clinical and experimental hypnosis research and practice.

Training requirements include a total of 70 hours of attendance at workshop, scientific programs, and case consultations on hypnosis:

- a) 12.5 hours of Basic level hypnosis workshop training guided by the *Standards of Training in Clinical Hypnosis*.
- b) 12.5 hours of Intermediate level hypnosis workshop training.
- c) 31 hours of Advanced level workshop training and/or Case Consultation (this can include an individualized consultation workshop). Any Case Consultation hours must take place either with an American Boards of Hypnosis Diplomate or an individual certified by SCEH or ASCH, and must be documented by a letter from the consultant.
- d) 3 hours of ethics training in a clinical hypnosis workshop or webinar. (The Ethics modules in the basic hypnosis and intermediate hypnosis training satisfy this requirement).
- e) 11 hours clinical/experimental hypnosis research training.
This requirement may be fulfilled by attendance at the SCEH Annual Scientific Program or a SCEH workshop on Clinical/Experimental Hypnosis Research or a combination of the two for a total of 11 hours of clinical/experimental hypnosis research training.
- f) *Attendance at one or more SCEH annual meetings or regional workshops in the three years prior to certification.*

Note: Diplomate status in the American Board of Clinical Hypnosis fulfills the workshop/education training requirements for certification.

5. Certification in Clinical Hypnosis through SCEH requires renewal every three (3) years and should include documentation verification of at least 20 hours of SCEH approved continuing education in clinical hypnosis (workshops or scientific meetings at SCEH, ISH, ASCH or affiliate). Renewal is also valid for a period of three (3) years. The 20 hours of CE credit must include 2 hours of ethics training. (SCEH will be offering ethics webinars regularly to provide training satisfying the certification and re-certification requirements).
6. Individuals who qualified for certification under the SCEH ACE program will automatically be certified under the new SCEH certification program, and will qualify for re-certification three years after their most recent ACE certification.
7. Certification application and renewal fees **Certification in Clinical Hypnosis:**
\$175.00 SCEH Members, \$350.00 Non-Members.
Renewal fee: \$100.00 SCEH Members, \$150.00 Non-Members.

SCEH Requirements for *Certification in Academic and Research Applications of Hypnosis (CARH)*

1. SCEH Certification in *Academic and Research Applications of Hypnosis (CARH)*. This track is designed for non-clinicians, who are engaged in teaching or research on hypnosis. Eligibility for SCEH Certification in Academic and Research Applications of Hypnosis requires applicants document having received a masters or doctoral level degree from a regionally accredited University or College.

The requirements also include a total of 70 hours of attendance at workshop, scientific programs, and case consultations on hypnosis.

- a) 12.5 hours of Basic level workshop training,
- b) 12.5 hours of Intermediate level training,

- c) 31 hours of Advanced training through workshops, academic coursework, or case consultation (academic coursework must be documented by official transcript),
 - d) 3-hour ethics workshop, (The Ethics modules in the basic hypnosis and intermediate hypnosis training satisfy this requirement).
 - e) Documentation of 11-hours of clinical and experimental hypnosis research training in a workshop or academic course (may include Institutional Review Board training). This requirement may be fulfilled by attendance at the SCEH Annual Scientific Program or a SCEH workshop on Clinical/Experimental Hypnosis Research or a combination of the two for a total of 11 hours of clinical/experimental hypnosis research training.
 - f) Attendance at one or more SCEH annual meetings or regional workshops in the three years prior to certification.
2. A signed agreement to abide by the SCEH Code of Ethics.
 3. The SCEH Certification in *Academic and Research Applications of Hypnosis* endorses the individual's acquiring sufficient training to utilize hypnosis in academic teaching and research. This Certification in *Academic and Research Applications of Hypnosis* does not endorse that the individual has completed preparations to conduct clinical hypnosis in clinical practice.
 4. Individuals who complete SCEH Certification in Clinical Hypnosis and/or *Academic and Research Applications of Hypnosis* must still practice within the scope of practice of their licensed profession or their field of practice.
 5. *Certification in Academic and Research Applications of Hypnosis* requires renewal every three (3) years and should include documentation verifying least 20 hours of SCEH approved continuing education in hypnosis (workshops or scientific meetings at SCEH, ISH, ASCH or affiliate) and documentation of either teaching or conducting research on hypnosis.
 6. Certification application and renewal fees for *Certification in Academic and Research Applications of Hypnosis*: \$175.00 SCEH Members, \$350.00 Non-Members.
Renewal fee: \$100.00 SCEH Members, \$150.00 Non-Members.

SCEH Certification by Prior Experience (CPE)

1. **Certification by Prior Experience (CPE).** Individuals who have an established career record of ten (10) or more years of clinical practice or academic/research applications of hypnosis may apply for Certification by Prior Experience. Such individuals must provide a Curriculum Vitae narrating their professional experience and training, evidence of 40 hours of CE activities in hypnosis in the previous five years, and two letters by professional colleagues describing the applicant's past training and practice in hypnosis.
2. Certification application and renewal fees **Certification by Prior Experience:**
\$150.00 SCEH Members, \$300.00 Non-Members.
Renewal fee: \$100.00 SCEH Members, \$150.00 Non-Members.
3. Once certified, individuals who have qualified for **Certification by Prior Experience** will follow the same renewal process and fees as other certificants.