

# FOCUS

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## 2018 SCEH Annual Conference 69th Annual Workshops & Scientific Program October 10-14, 2018



The 2018 Annual Meeting will celebrate the place of **"Hypnosis in Integrated/Integrative Healthcare: Collaborative, Connected and Creative Approaches"** and highlight its expanded integration into medical and mental healthcare settings. Includes scientific presentations on the *"Evidence Base of Clinical Hypnosis."*

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# MESSAGE FROM THE PRESIDENT

BY DONALD MOSS, PHD, ABPP, ABPH



**The biggest SCEH news this autumn** is a change to the membership bylaws. In consultation with the SCEH Executive Committee, SCEH Membership Chair Zoltan Kekecs drafted a bylaws revision regarding membership. This

bylaws revision was reviewed by the Ethics and Membership Committees and approved by both the SCEH Executive Committee and the larger Executive Council. The new membership guidelines are now in effect.

The objective of this bylaws changes is to broaden SCEH's inclusiveness, by allowing members of additional professional groups to join SCEH. It is vital for the hypnosis field and vital for SCEH to grow the ranks and provide professional level training for a broader group of health professionals. The emphasis today on moving toward an integrative healthcare model requires that we train additional hypnosis providers in many specialty areas.

Remember that this change concerns SCEH membership and not certification. We will now allow more healthcare and mental healthcare professionals to join SCEH, pursue professional knowledge and education about hypnosis, and attend our meetings and workshops. We still require a minimum of a master's level education for Full Membership, and bachelor's level applicants can apply as non-voting Professional Affiliate members.

The bylaws revision continues to allow teachers, researchers, and students to be members of SCEH. Finally, we now officially allow members who are in good standing at the time of retirement to continue their membership. In practice, many retirees have continued to maintain membership and attend meetings, but a strict reading of the past bylaws required retirees to remain licensed in order to continue membership.

Details of the new membership requirements are available on the SCEH website at: [sceh.us/apply-for-membership](https://sceh.us/apply-for-membership)

## **Announcing New SCEH Certification Program**

The other big news is that SCEH has approved a new strengthened Certification Program. The proposal for a new SCEH Certification Program integrates feedback from the Executive Council in the October 2017 meeting, and input from Past-President Gary Elkins, current President Donald Moss, Education Chair David Reid, and the Education Committee.

The objective of this Certification Program is to establish a credible and professional certification program, with unique advantages for members. The new program allows certification for academics and researchers who are not licensed clinicians. It also allows experienced professionals in the field, who can demonstrate long term engagement in the hypnosis field and substantial participation in recent CE education, to be certified by their prior experience.

Both features make this an attractive certification program and distinguish it from other available certifications. This new Certification program will go into effect September 1, and we welcome new applicants for SCEH Certification. Details on the new Certifications requirements and the application material will be posted on the SCEH website by October 15, 2018.

## **Promoting the SCEH Annual Meeting**

SCEH will be holding its 69<sup>th</sup> Annual Meeting October 10-14, 2018 in Las Vegas, NV. Please go online and register now for this exciting meeting and reserve your room by calling the **Embassy Suites by Hilton Convention Center Las Vegas!** To get the very attractive \$119.00/night conference rate, call the hotel at 702-893-8000. Invite your colleagues, students, and friends to participate in this outstanding meeting.

I am grateful to Program Chair Janna Henning, Assistant Program Chair Carolyn Daitch, the Science

Program Chairs Zoltan Kekecs and Shelagh Freedman, Advanced Workshop Chairs David Reid and Ciara Christensen, and Introductory Workshop Chairs Eric Willmarth and Paul Larson. I was pleased to serve as Chair for the Intermediate Level Skills Workshops. Together we have planned a remarkably strong clinical and scientific meeting.

**Early Information about the Las Vegas meeting.**

Opening Session on Wednesday evening – As SCEH President, I (Donald Moss) will address the meeting theme:

**The Place of Hypnosis in Integrative Healthcare**

Keynote sessions will include:

- Gary Elkins, PhD, ABPP, ABPH – *Hypnotic Relaxation Therapy: Research and the Future of Integrative Medicine*
- Roxanne Erickson Klein, PhD – *It's About Time! Erickson & Hypnosis: Past, Present, and Future*
- Elvira Lang, MD, FSCEH – *Hypnosis in the Age of Value-Based Medicine*
- David Patterson, PhD, ABPH – *Hypnosis, Zen and Suffering*
- Michael Yapko, PhD – *Mood and Medicine: Depression's Stranglehold on Healthcare*

More details on the annual meeting will be found in the rest of this *Focus* newsletter!

Event details: [sceh.us/2018-conference](http://sceh.us/2018-conference)

## SCEH Launches Mentorship Program

Looking for a Mentor or want to help students and those seeking mentoring? Program will promote research-driven careers in the field of hypnosis. Learn more at [SCEH Mentor Program](#).

### Thanks to Outgoing Focus Newsletter Editors

A heart-felt thanks goes out to Shelagh Freedman and Ciara Christensen for their many hours of effort in creating our SCEH *Focus* newsletter. Shelagh has been co-editor since early 2014 and Ciara came on as co-editor in 2016. A professional association's newsletter is a vital part of its communication with members.

Shelagh and Ciara have produced a highly professional publication that has served to highlight SCEH events, members' accomplishments, and advances in the research and practice of hypnosis.

Both Shelagh Freedman and Ciara Christensen will be recognized with a *Presidential Award* at the SCEH annual meeting in Las Vegas in October 2018.

### Welcome to New Focus Editorial Team

On July 20, the SCEH leadership held a transition meeting and welcomed the new *Focus* team. Samuel Stork and Flavio Epstein will serve as co-editors of *Focus*. Samuel Kohlenberg will serve as reporter. Shelagh Freedman, outgoing editor, will be available to the new editorial team as a mentor. In the following, I will introduce our new editorial team:

**Sam Stork** is a doctoral student in clinical psychology at Baylor University under the mentorship of Dr. Gary Elkins. He is a research assistant at



the Mind-Body Medicine Research Laboratory which is committed to a comprehensive research program that seeks to identify, understand, develop, and disseminate

complementary and mind-body medical interventions (clinical and experimental hypnosis, relaxation-based interventions, mindfulness) in integrative health care. Additionally, Sam is a psychological intern at The Department of Rehabilitation Services at the Hillcrest Baptist Medical Center, a rehabilitation unit within the hospital that serves patients suffering from traumatic head injury, stroke, dementia, chronic pain, and a range of psychiatric and neurological disorders. Sam's clinical activities include psychological testing, psychotherapy, hypnotherapy, development of treatment plans, and consultation. Sam also maintains several clients at the Baylor Psychology Clinic, which provides psychological assessment and psychotherapy services to Waco and the surrounding areas.

**Flavio Epstein, PhD**, is a licensed clinical psychologist in California, working for the last 10 years at Kaiser Permanente in Santa Clara, an integrated healthcare delivery system, providing Cognitive Behavioral Therapy (CBT) and hypnosis services to



advanced heart failure, left ventricular assist device, and heart transplant patients. He is Saybrook University certified in clinical hypnosis, and in the process of acquiring

ASCH certification. Flavio is a primary investigator in a study designing a CBT remote intervention with heart transplant recipients, and another study retrospectively analyzing regional data exploring associations between myocardial infarction and depression. In addition to publishing health related studies, Flavio deeply cares about diversity, and has recently published a study with his past dissertation data documenting emerging narratives shaping gay men's long-term intimate relationships. He says that it is an honor for him to co-edit FOCUS, as he is an active member of SCEH, APA's Division 30, and ASCH. He is looking forward to developing meaningful professional relationships in the professional hypnosis provider community, and he believes that editing FOCUS will help him achieve his goal.

**Samuel Kohlenberg** works as a Licensed Professional Counselor in



Denver, Colorado with a clinical focus on intellectually gifted young adults. He regularly speaks as a guest lecturer, presenting on topics ranging from psychophysiological

interventions for healthcare professionals to gestalt psychology. He is on the faculty at Naropa University where he teaches in the Transpersonal Counseling Psychology program, is a teaching fellow at Saybrook University, and periodically serves as faculty for the American Society of Clinical Hypnosis. He is continuing his education as a Ph.D. student in Applied Psychophysiology at Saybrook University. Sam is also founding president of the Colorado Society of Clinical Hypnosis and serves on a number of boards and committees for clinical and nonprofit organizations. Teaching and research areas of interest include hypnotic anesthesia and analgesia, and the intersection of mindfulness and hypnosis.

# LETTER FROM THE EXECUTIVE DIRECTOR

BY ANNE DOHERTY JOHNSON



**Most of today's associations are** taking a fresh look at how they create a member environment where people feel they can actively participate, and where their contributions are respected and valued. As previously announced, this year SCEH is adding a Women's Breakfast and continuing its Student/Early Career Professional luncheon. These are special initiatives to reach out to women and students and are a supplement to our Annual Membership Luncheon, Networking Reception, Poster Session Cocktail Party and Annual Banquet. Bottom line, if you want to refresh or grow your contacts in the hypnosis community, this year's SCEH meeting will help you do in more ways than ever.

At last year's meeting, there were lively exchanges at the Student/ECP luncheon as well as at the Member luncheon. At the former, students asked some interesting questions of members of the SCEH Executive Committee relative to their current studies and needs for advice and mentors, as well as questions about future careers. At the Member Luncheon, each participant had a moment to introduce themselves and "make an ask" or "make an offer" relative to getting or gaining help or resources. It was fascinating to hear what people were working on, and how people in the room were willing to help.

There also were, of course, hundreds of mini-conversations between colleagues and "conference newbies," among old friends and new contacts, between students and experienced clinicians and researchers. Attendees talked about hypnosis trends and techniques, current challenges and successes, and had animated exchanges on varied points of view. That is really what SCEH is all about — sharing information and resources and debating the issues of the day. We expect the same this year, and we hope you can be a part of that.

Our Conference Committee and presenters will be leading a number of thought-provoking and informative sessions and presentations. Please take some time now to review the workshop selections available to you, as well as the line-up of Keynotes, Invited Guests and Symposia. You can find all these details on our website [sceh.us/2018-conference](http://sceh.us/2018-conference) and in our conference brochure, which you can flip thru on your device [issuu.com/sceh/docs/2018scehconferencebrochure/56](http://issuu.com/sceh/docs/2018scehconferencebrochure/56) or download [sceh.us/assets/2018\\_Conf\\_LasVegas/2018SCEHConferenceBROCHURE.pdf](http://sceh.us/assets/2018_Conf_LasVegas/2018SCEHConferenceBROCHURE.pdf) for future reference.

If you are planning to attend, please sign up now to get the best hotel and registration pricing. Our prices increase September 11, and our hotel block tends to sell out every year.

With a conference theme of Hypnosis in Integrated/ Integrative Healthcare: Collaborative, Connected and Creative Approaches, we are also making extra efforts to reach out to new audiences. SCEH members and conference attendees know that the scientific base and efficacy of hypnosis has been demonstrated — time and again — and that the evidence base is strong. We hope to attract new faces to our meeting so that hypnosis can grow. We also strive to continue to offer an attractive program for our advanced and experienced members so that they can continue to push advances in the field.

I hope you will join us in Las Vegas, and if you have already signed up, will consider inviting a colleague.

**Anne Doherty Johnson**  
SCEH Executive Director



# 2018 SCEH Annual Conference 69th Annual Workshops & Scientific Program

*Hypnosis in Integrated/Integrative Healthcare:  
Collaborative, Connected and Creative Approaches*

**October 10-14, 2018**

**Las Vegas, Nevada**

*Embassy Suites by Hilton Convention Center Las Vegas*

## WHO SHOULD ATTEND

Our meeting brings together top experts in the field of hypnosis to share the latest in both research and clinical applications of hypnosis. The program is designed for Psychologists, Psychiatrists, Social Workers, Licensed Counselors, Marriage-Family Therapists, Physicians, Dentists, Chiropractors, Master's level Nurses and Clinical Nurse Practitioners, other Master's level licensed mental health and healthcare professionals, and clinical and experimental researchers in the field of hypnosis.

Session topics are varied and in the past have included topics like the following: providing a definition of hypnosis; reviewing clinical applications of hypnosis; reviewing the latest in hypnosis research; medical hypnosis and its uses; hypnosis for pain management, hypnosis for ADHD, PTSD, hypnosis treatment for hot flashes, anxiety and substance abuse; using hypnosis in health care settings; reviewing clinical applications of alert hypnosis; hypnotizability; hypnosis and mind-body communication, mindfulness; and meditation; reviewing ego state therapy, trance, virtual reality hypnosis; hypnosis and dissociation; hypnosis and mind-body approaches.

## Conference Theme

The 2018 Annual Meeting will celebrate the place of "**Hypnosis in Integrated/Integrative Healthcare: Collaborative, Connected and Creative Approaches**" and highlight its expanded integration into medical and mental healthcare settings. The meeting will also showcase the collaboration between hypnosis practitioners and complementary healthcare practitioners, and include scientific presentations on the "Evidence Base of Clinical Hypnosis."

**Introductory, Skills and Advanced Workshops plus Scientific Session featuring keynotes, research presentations, symposia and a poster session. Workshops meet accepted Standards of Training in Clinical Hypnosis.**

## Hotel Accommodations

**Reserve now:** visit our [Site and Accommodations Las Vegas](#) page



## SCEH Annual Conference: KEYNOTE SPEAKERS (alpha order)



**Gary Elkins, PhD, ABPP, ABPH**  
Hypnotic Relaxation Therapy: Research and the Future of Integrative Medicine



**Roxanne Erickson Klein, PhD**  
It's About Time!  
Erickson & Hypnosis: Past, Present, and Future



**Elvira Lang, MD, FSIR, FSCEH**  
Hypnosis in the Age of Value-Based Medicine



**David Patterson, PhD, ABPH**  
Hypnosis, Zen and Suffering



**Michael Yapko, PhD**  
Mood and Medicine: Depression's Stranglehold on Healthcare

### INVITED ADDRESSES

**Russell T. Hurlburt, PhD**

Exploring Inner Experience in the Natural Environment

**Vince Polito, PhD**

Cognitive and Physiological Markers of Altered Agency in Hypnosis

### SYMPOSIA

**From Training to Practicing Hypnosis in Integrative Medicine: An Empirical Case Study**

Lindsey C. McKernan, PhD; David Patterson, PhD; Landrew S. Sevel, PhD; Danielle M. Dorn, PhD; Alexandra Chadderdon, PhD, and Shelby Reyes, PhD

**Assessing Hypnotizability in a Clinical Setting**

Gary Elkins, PhD, Elvira Lang, MD, and John Alexander, PhD

**Hypnosis and Memory**

Michael Yapko PhD; Arreed Barabasz, PhD; Janna Henning, JD, PsyD; Richard Kluff, MD, and Shelagh Freedman, MA

**What Can We Learn from Stage Hypnosis?**

Shelagh MA, Invited Guests: Michael DeSchalit; Catherine Hickland; Richard Nongard and Marc Savard

### WORKSHOPS

SCEH offers **introductory, skills building/intermediate** and **advanced** level workshops. Workshops are scientifically based and of the highest teaching quality. Most workshops include demonstrations and/or practica or other experiential components and are led by leaders in the field. The SCEH Annual Conference typically includes:

- 20 Credit hour Introductory (Basic) Workshop in Clinical Hypnosis
- 20 Credit hour Intermediate/Skills Workshop
- Advanced Clinical Workshops: Earn up to 15 CE; sessions are a mix of full day workshops (6 CE) or half day (3 CE)
- Scientific Program: research presentations, symposia and keynotes - Earn up to 14 CE

### SCIENTIFIC PROGRAM

The Scientific Program features presentations or symposia that address empirical issues in hypnosis research and practice and related areas. Research presentations shine the light on novel empirically based findings, including experimental studies, case reports, clinical trials, meta-analyses, and systematic reviews. Symposia bring together top notch researchers as they critically discuss empirical findings pertaining to a specific theme of relevance to the hypnosis community. Many symposia integrate research and practice or draw upon research in psychology, psychiatry, or neuroscience to highlight issues that improve our understanding of hypnosis. Our poster session provides another glimpse into the latest research in the field.

**Scientific Program (general session) – coming soon**

# SCEH Annual Conference: CONTINUING EDUCATION

## CE CREDITS

The 69<sup>th</sup> Annual Conference is co-sponsored by the Society for Experimental and Clinical Hypnosis and *The Institute for Continuing Education*. The program offers continuing education credit as listed below. Continuing education credit is awarded on a session-by-session basis with full attendance required for the sessions attended. Partial session credit is not offered. There is no additional fee for continuing education credit. Conference attendees who wish to receive continuing education credit MUST check in at the continuing education desk to make formal application and receive CE materials for completion.

### Target Audience

Psychologists, Psychiatrists, Social Workers, Licensed Counselors, Marriage-Family Therapists, Physicians, Dentists, Chiropractors, Master's level Nurses and Clinical Nurse Practitioners, other Master's level licensed mental health and healthcare professionals, and clinical and experimental researchers in the field of hypnosis.

### Course Completion

To qualify to receive continuing education credit, attendees must complete the CE materials, sign in/out daily at designated locations, and complete an evaluation of the sessions attended. CE verification is mailed to attendees within 30 days following the receipt of completed CE materials.

### Questions

If you have questions regarding continuing education, the program, faculty, grievance issues, or for a listing of learning objectives, comprehensive speaker bios, please contact The Institute at 800-557-1950 or e-mail [instconted@aol.com](mailto:instconted@aol.com)

### Learning Objectives

For a listing of learning objectives by session, contact The Institute at [instconted@aol.com](mailto:instconted@aol.com).

### Commercial Support

*The Institute for Continuing Education* receives no funds from any commercial organization for financial support of its activities in providing continuing education sponsorship of the Colloquium. The Institute's sponsorship of this Conference

## CONTINUING EDUCATION OFFERED

does not imply endorsement of featured exhibits.

**Note:** It is the responsibility of attendees to determine if continuing education credit offered by *The Institute for Continuing Education* meets the regulations of their licensing certification board.

### PSYCHOLOGY

The Institute for Continuing Education is approved by the American Psychological Association (APA) to sponsor continuing education for psychologists. The Institute for Continuing Education maintains responsibility for this program and its content.

### COUNSELING

For counselors seeking CE credit, The Institute for Continuing Education will submit a co-sponsorship application to NBCC for this program.

**New York:** *The Institute for Continuing Education is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed mental health counselors. Provider MHC-0016.* **Ohio:** *The Institute for Continuing Education is recognized as a provider of continuing education by the Ohio Counselor, Social Worker Board, and Provider RCS 030001.* **Florida:** *The Institute for Continuing Education is recognized as a provider of continuing education by the Florida Dept. Health, Division of Counseling, Social Work, MFT, Provider BAP 255, expiration 03/2019.*

### SOCIAL WORK

The Institute for Continuing Education, provider #1007, is approved as a provider for social work continuing education by the Association of Social Work Boards (ASWB), [aswb.org](http://aswb.org), through the Approved Continuing Education (ACE) program. The Institute for Continuing Education maintains responsibility for the program. ASWB Approval Period: 4/13/2018–4/13/2021. Social workers should contact their regulatory board to determine course approval.

**New York:** *The Institute for Continuing Education is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers. Provider No. SW-0025.* **Ohio:** *Counseling and Social Work Board, Provider RCS 030001.* **Florida Dept. Health, Division Social Work, MFT, Counseling, Provider BAP 255, expiration 03/2019.**

### MARRIAGE/FAMILY THERAPY

The Institute for Continuing Education, Provider 56590, is approved by the California Association of Marriage and Family Therapists to sponsor continuing education for LMFTs, LCSWs, LPCCs. The Institute for Continuing Education maintains responsibility for this program

and its content. This Course meets the qualifications for 21.00 hours for the Introductory Workshop; 15.00 hours for the Advanced Workshops; 14.00 hours for the Scientific Program; and 20.00 hours for the Skills Workshops for LMFTs, LCSWs, LPCC, as required by the California Board of Behavioral Sciences.

**New York MFT:** *The Institute for Continuing Education is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for Licensed Marriage and Family Therapists. Provider MFT-0012.* **Ohio:** *Provider RTX 100501,* **Texas:** *The Institute for Continuing Education is recognized as a provider of continuing education by the Texas State Board of Examiners of Marriage and Family Therapy, Provider 177.*

### Skill Level

Due to the interdisciplinary nature of this Conference, workshops have not been ranked for skills level (beginning, intermediate, advanced). Participants are urged to review session description for appropriateness for professional and personal development.

### Instruction Methodology

May include lecture, audio-visual, demonstration, experiential practice of techniques, large and small group discussion.

### Non-Credit Activities

Credit is not offered for breakfast, luncheon, dinner, social events, poster sessions, networking sessions, tour activities. If you have questions, contact The Institute for Continuing Education at [instconted@aol.com](mailto:instconted@aol.com)

### Ethics Hours/Academic Credit

The Conference offers no "academic" credit and CE hours awarded are not eligible toward fulfillment of a degree. No "ethics" hours are offered.

### ADA

For accommodations on the basis of disability please contact the SCEH office at [info@sceh.us](mailto:info@sceh.us).

### Continuing Education Hours Offered

Introductory Workshop:	21.00 hrs
Advanced Workshops:	15.00 hrs
Skills Workshops:	20.00 hrs
Scientific Program:	14.00 hrs

\* hrs. are awarded based on actual attendance

# PERSPECTIVES ON DIVERSITY

BY FLAVIO EPSTEIN, PHD

**In June 2018, SCEH President Donald Moss** announced the goal of recruiting and maintaining a diverse membership for SCEH, including women and members of racial, ethnic, and LGBTQ (Lesbian, Gay, Bisexual, Transgender, Questioning) communities, under-represented in the current membership (*President's E-Letter to SCEH members*, Vol. 1, No. 4). In support of this goal, the current issue will launch a new Diversity Section for the Focus newsletter.

Any members, especially minority members, are encouraged to submit short articles that include description of clinical hypnosis interventions with minority patients, and reflections of minority providers on the impact of diversity in hypnosis work.

To start this dialogue, I will summarize my own reflections from a recently published article, which documents key narratives in gay men's lives, developing long-term romantic relationships. The data used in the article was collected during my dissertation study. The study ([journals.sagepub.com/doi/10.1177/0022167818779507](https://journals.sagepub.com/doi/10.1177/0022167818779507)) design included three guided imagery exercises, inviting the participants to recall past memories of when they met their partners for the first time, a difficult relational memory, and one memory about commitment. The goal of the guided imagery exercises was to evoke experiences, bringing key memories into conscious awareness.

I obtained informed consent from each participant, explaining in advance the guided imagery exercise, and the subsequent semi-structured interview process. During the consent process, I re-assured each participant that I was a gay-affirmative provider, a trained listener, genuinely interested in further understanding and documenting gay relationships, free from judgement or prejudice. The fact that the

interviews, except for one, took place at the San Francisco LGBT Center, helped establish a supportive environment.

Before the guided imagery exercise began, I told each participant that fully participating in the exercises would help him access relationship memories. The word "hypnosis" was never used, as I had not then been trained in hypnosis. Looking back, I recognize that I provided suggestions toward hypnotic experiencing through the guided imagery exercises.

During the guided imagery instructions, and by answering all participant questions and concerns, I established the therapeutic relationship. The first guided imagery exercise began with an induction through three slow deep breaths, followed by instructions to access memories of meeting their partners, the situation where they met, and the thoughts, feelings, hopes and fears that were present. I read the script very slowly to provide an inner deepening opportunity. I paused for a couple of minutes as I asked participants to access a memory and to give them time for memory recall, I then proceeded through re-orienting them through three slow deep breaths and a suggestion of full presence and alertness when opening their eyes. A short debriefing was conducted after each guided imagery exercise.

A similar structure—induction, deepening, suggestion to access past memory, re-orienting, and debriefing—was used for the second and third guided imagery exercises.

The guided-imagery exercises, together with the semi-structured interview, took an average of one-hour-and-a-half per participant, and collected stories, which were tape recorded and transcribed for

narrative analysis. Many of these stories, never shared before with others, served to break the silence around intimate details regarding gay men's relationship establishment and commitment.

Among the themes that emerged in the interviews were First Impressions, Deepening Relationship, Stigma and Prejudice, Coming-out to Self, Coming-out to Family, Intimacy and Sexuality, and Relationship Commitment.

I share the story of this research with gay men, to encourage others to undertake similar projects. It is important, that we, as a group discuss diversity, including common struggles and triumphs faced by members of diverse minority groups. By

doing this, we will be more prepared to psychologically open-up for change. In this setting, a small diverse membership may feel comfortable

within SCEH, and a new expanded diverse membership may emerge. We invite the membership to share thoughts and reactions to this article, and to submit others for further discussion.



We look forward to reporting on the women's breakfast event at the 2018 annual conference and invite on-going diversity discussion!

# SCEH CALENDAR

October 4-6, 2018



NATIONAL PEDIATRIC HYPNOSIS TRAINING INSTITUTE

## 9th Annual NPHTI Workshops

Minneapolis, MN

Fundamentals, Clinical Applications & Utilization,  
Individualized Consultation

Information: [nphti.org](http://nphti.org)

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presentations, symposia and a poster session.

Information: [sceh.us/2018-conference](http://sceh.us/2018-conference)

## Share Your News with the SCEH Community!

- ▶ *Book or article reviews*
- ▶ *Awards or public recognitions*
- ▶ *Promotions, job changes, retirements*
- ▶ *New ways you are using hypnosis in your practice*
- ▶ *Articles you have written*
- ▶ *Recently published books*
- ▶ *Recent talks*
- ▶ *Events you are hosting*
- ▶ *A milestone you are celebrating*
- ▶ *Research/special projects*
- ▶ *Items of interest to the membership*
- ▶ *Photos of the above (please include caption)*

Please send your news and photos to the FOCUS editors at: [focus@sceh.us](mailto:focus@sceh.us)

SCEH reserves editorial rights over all submissions.

**We look forward to hearing from you!**

Stay Connected.



@scehus



[society-for-clinical-and-experimental-hypnosis](http://society-for-clinical-and-experimental-hypnosis)



@SCEHypnosis

**HELP SCEH GROW!**

*If you have found value in your membership, we hope you will share it with colleagues and students.*

*Prospective members can also complete an application online.*

*For membership details or our online application, visit:*

[www.sceh.us/apply-for-membership](http://www.sceh.us/apply-for-membership)

FULL MEMBERSHIP—\$165    LIFETIME MEMBERSHIP—\$82    STUDENT MEMBERSHIP—\$49