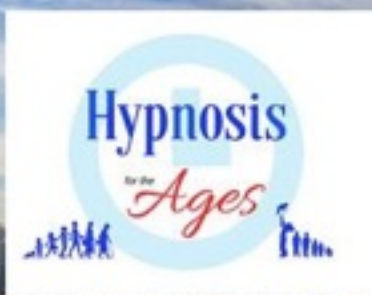


# FOCUS NUMBER 3



**68th Annual Workshops  
& Scientific Program**

**October 25-29, 2017**

**Chicago, IL**

**October 25-29, 2017**

**Holiday Inn Chicago Mart Plaza River North and the Chicago School of  
Professional Psychology  
Chicago, IL (connected via walkway)**

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# From the Executive Director

By Anne Doherty Johnson

Dear Members,

I hope by now you have had a chance to review the exciting line-up of our presenters, workshops and Scientific Program for our upcoming meeting in Chicago next month. Our Conference Committee has done an outstanding job in putting together a schedule that is fresh, informative and wide—ranging.

In keeping with this year's theme, you will find conference content that shows how hypnosis can address client challenges "for the ages" with workshops on pediatric, adult, palliative applications that address such maladies as headaches, anxiety, depression, chronic illness, skin disorders, pain, PTSD and more.

We have a top-notch lineup of keynotes, providing the chance to meet and hear from globally renowned leaders in their respective areas. (See our Keynotes section later in this issue.)

Also of note are our two symposia. The Influences of Erika Fromm and the Chicago Paradigm, through the Ages, will review how Erika Fromm, PhD and the Chicago Paradigm has influenced the scholarly, clinical, professional, and personal development of many in the field. The Neuroscience of Hypnosis: Current Knowledge and Future Directions will explore current neurophysiological research findings concerning hypnosis.

Our goal is to provide attendees with a rich and fulfilling experience that allows you to improve patient outcomes and add to your knowledge. Through our experiential learning approach, we want you to put into immediate practice what you have learned. It is useful, then to review our own success rate in this goal. In other words, what have past attendees decided they will change or do differently when back in their offices? Here is a sampling of how past attendees have answered that question and how attendance at the SCEH Conference has had a clear and positive impact.

## Question:

Based on what you have I earned what will you change or do differently?

## Responses:

I will:

- Begin using hypnosis with my chronic pain and anxiety clients
- Use hypnotic techniques (newly learned) in my research
- Seek mentorship for more advanced applications, including PTSD
- Discuss hypnosis and its myriad applications and benefits with my university and employer
- Integrate hypnosis into my practice
- Develop another research project
- Improve pain management techniques
- Use hypnotic techniques (newly learned) in my research
- Assess hypnotizability
- Assess for functional disorders/treat resistance differently
- Be more attentive to ego status
- Use more in-depth hypnosis
- Increase knowledge for using hypnosis with patients with acute and chronic pain

Clearly, the SCEH Annual Conference is a great opportunity - where like-minded professionals can collaborate, practice, and apply the best in hypnotic research and practical technique.

In other conference highlights, to facilitate collaboration and networking, we are adding two events. The first is a Student Early Career Professional Luncheon and another is a Networking Reception with our local colleagues from the Chicago Society for Clinical Hypnosis.

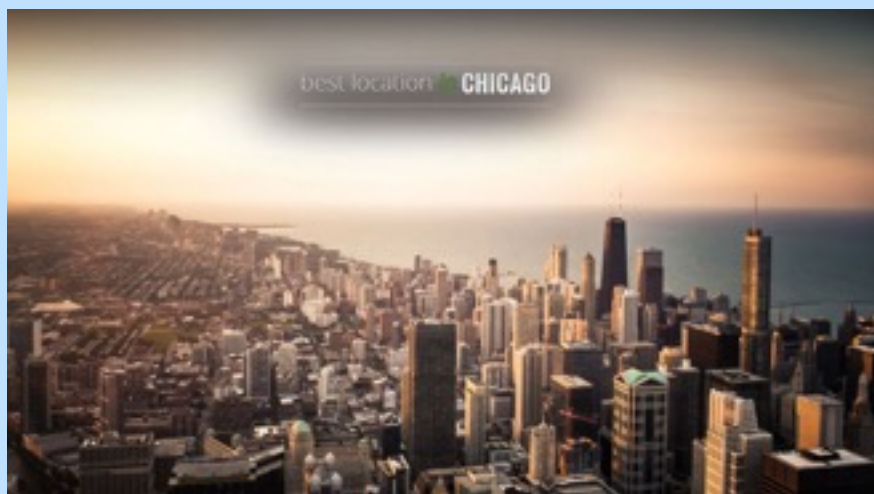
All of this is in addition to our Annual Member Luncheon, Scientific Poster reception, Awards Banquet honoring established and emerging leaders in the field and many chances to meet and share insights or questions with colleagues in the hypnosis community.

Can we ask a favor? As a SCEH member, please share the news about our event to at least two colleagues or students. Thank you!

In conclusion, another important occurrence in October is the beginning of our dues renewal season. Please watch your email for your annual dues renewal. We ask that you renew soon because we need your help to achieve a strong financial finish to the Society year. This will allow us to continue our efforts to advance the field of hypnosis and best serve your needs. Thank you for your support.

Sincerely,

**Anne Doherty Johnson**  
Executive Director



**Join SCEH in Chicago!**

**Save the Date**  
**October 25-29, 2017!**



# President's Column

By Gary Elkins, PhD, ABPP, ABPH

After much planning and preparation, we are now looking forward to our 68th Annual Workshops and Scientific Program October 25-29, 2017, Holiday Inn Chicago Mart Plaza River North and the Chicago School of Professional Psychology. The Program Committee led by Don Moss and Janna Henning and Scientific Program Chairs, Shelagh Freedman and Zoltan Kekecs, along with our Workshop Chairs, Eric Willmarth, Lisa Lombard, Scott Hoyer, John Mohl, Ciara Christensen, and David Reid have been dedicated to organizing an absolutely outstanding program. It is sure to be one of the best ever of clinical workshops, keynote speakers, scientific presentations, and new learning opportunities. Please take a careful look at the program.

There is something there for everyone. Whether you are an experienced clinician, hypnosis researchers, student, or early career professional, you will find what you need to advance your knowledge of hypnosis at the 2017 Annual Workshops and Scientific Program of the Society for Clinical and Experimental Hypnosis! Please plan to attend!

I hope all of you will join us in Chicago for our 2017 Annual Conference; I personally invite you to attend the Awards Banquet on Saturday evening.

It will be an opportunity to visit with colleagues, make new friends, honor those who will receive awards, and enjoy an informative and entertaining banquet speech by Dr. Arreed Barabasz on the topic of **"Humor in Psychotherapy"**, something we all need more of and from which we can all benefit.

Our Annual Conference also includes activities related to our new Mentor Program, led by Zoltan Kekecs, to increase our outreach to students. Our goal is to encourage and assist students who are interested in hypnosis by providing them with networking opportunities or matching them with a mentor for research projects or career advancement. For long standing members, this program provides an opportunity to "give back" and help students and early career professionals. If you are interested in serving as a research mentor or seeking mentorship in developing hypnosis research, please consider becoming involved in this program. Please review details on our website: <http://www.sceh.us/mentor-program>

Under the leadership of Janna Henning and Don Moss, SCEH will host a special Student Luncheon to give students a targeted opportunity to meet clinicians and researchers, and learn more about SCEH activities.

Janna Henning has been developing a Student Advisory Committee and ideas for greater engagement of our student members. Our Mentor Program will be among the topics discussed at the luncheon.

In other Society news, I want to update you on the activities of the SCEH Executive Committee, which meets regularly throughout the year. It has advanced several elements of our strategic plan, and has invested time to develop programs and activities to expand member benefits and help SCEH grow. We have worked with an attorney to clarify issues related to the Society's governance, tax-exempt status as a nonprofit, and related compliance matters. In addition, we have made progress on ways to increase and receive donations from members or estates, improved communication with members, and expanded educational opportunities.

With regard to expanding educational opportunities, I am pleased to report that SCEH is introducing its inaugural Mid-Year Workshops in 2018, an initiative that came out of our strategic planning efforts.



The program will be co-sponsored by Division 30 of the American Psychological Association, and we hope it will help grow awareness and membership in both organizations. The Mid-Year Workshops will take place from April 20-22, 2018 (Friday - Sunday) at the Radisson Hotel Albany, Albany, NY. The Advanced Workshop will be a wonderful program by Dr. Carolyn Daitch on **Power Tools for Anxiety and Affect Regulation: Effective Integration of Hypnosis, Cognitive-Behavioral, and Mindfulness Interventions**. Drs. Don Moss and Eric Willmarth will present a 20-hour **Basic/Introductory Workshop in Clinical Hypnosis** that is consistent with the Standards of Training in Clinical Hypnosis and partially meet SCEH Certification training requirements.

We have also been working to improve other SCEH programs, such as the SCEH Certification in Clinical Hypnosis (CCH), an important member benefit. We will be bringing forward several proposals to expand and strengthen the certification program with updated requirements that recognize qualified individuals. We will be discussing our draft proposals to make the program more responsive to current needs.

We have also made considerable progress in getting our newsletter, FOCUS out regularly and in communicating important and relevant information to our members. I want to express my very heartfelt thanks to our

dedicated editors, Shelagh Freedman and Ciara Christensen, as well as our Executive Director, Anne Doherty Johnson, for their work in delivering this informative newsletter to members several times per year. This is a very important member benefit.

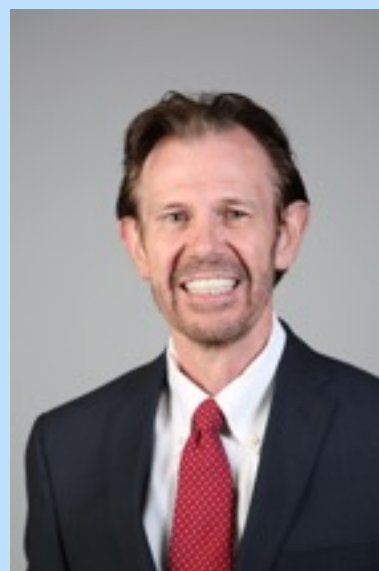
In this issue of FOCUS, you will also see the results of our recent election. I hope you will join me in thanking everyone who ran for office, and in congratulating to our new Executive Committee members. These are our newly elected: President-Elect, Dr. Janna Henning, Treasurer, Dr. Ciara Christensen, and Secretary, Dr. Zoltan Kekecs. All of these individuals will be taking office, along with our new President, Dr. Donald Moss, during our October meeting and annual conference/and awards banquet.

As I look toward our upcoming Annual Conference, I am prompted to encourage you to register and secure your hotel room as soon as possible. We anticipate a full meeting and registration at this time is a good decision. The meeting in Chicago is one that will allow you to surround yourself with highly skilled clinicians, scientifically minded hypnosis clinicians, and the best hypnosis researchers in the world. Chicago will be the meeting to attend in 2017!

I also encourage you to renew your membership with SCEH. Our efforts to grow SCEH are ongoing, and we invite you to be part of our membership drive -- please encourage your

colleagues and students to become SCEH members. Consider the benefits of membership as well as SCEH Certification in Clinical Hypnosis. Help SCEH grow and thrive in the next century.

This will be my last column as President of SCEH. After the Annual Conference, I will make the transition to Past-President and incoming Editor-in-Chief of the International Journal of Clinical and Experimental Hypnosis. I am very excited about this new role, and ask for your help and support in the coming years. SCEH is a unique and wonderful organization. Please share this message with others and help the science and the clinical practice of hypnosis and training grow and develop into the future. I very much hope to see each of you at in Chicago next month. It is going to be a great meeting!!!



**Gary Elkins,**  
PhD, ABPP, ABPH  
President

## SCEH PRESIDENT ELECT, DONALD MOSS, PHD INVITES YOU TO JOIN SCEH IN CHICAGO 2017!!

**An invitation from Gary Elkins:**  
**An invitation from Don Moss:**

[https://www.youtube.com/watch?v=0\\_zp3qGU8m4&feature=youtu.be](https://www.youtube.com/watch?v=0_zp3qGU8m4&feature=youtu.be)  
<https://www.youtube.com/watch?v=EjhnNFXMwjM>



Donald Moss, PhD



**Take a sneak peak at the conference  
hotel!**

<http://www.martplaza.com/photos.aspx>



# SCEH 2017 Meeting in Chicago

## 68<sup>th</sup> Annual Workshops and Scientific Program

October 25-29, 2017

Holiday Inn Chicago Mart Plaza River North & the Chicago School for Professional Psychology (connected via walkway), Chicago, IL

Hashtag: #SCEH2017

Info: [www.sceh.us/2017-conference](http://www.sceh.us/2017-conference)

**Come together with leading thinkers in the clinical and experimental hypnosis community at this year's SCEH Conference in Chicago.**

Clinical hypnosis has relevance for each stage in the human life cycle. The "**Hypnosis for the Ages**" conference will feature keynotes, symposia, and workshops on *Pediatric and Adolescent Applications of Hypnosis*, *Current Approaches to Hypnosis in Geriatrics and End of Life Care*, and *Highlights in the History of Hypnosis*. The meeting will also include scientific presentations on the *Evidence-Base of Medical Hypnosis*.

We are excited about our 2017 conference format and our venue, **The Chicago School for Professional Psychology**. We will explore some new and varied topics, while providing attendees with an opportunity to earn CE credits, network with colleagues, explore potential collaboration and engage in vibrant debate.

### Who Should Attend

Our meeting is the gathering place for the top experts in the field of hypnosis. Attendees include: Psychologists; Psychiatrists; Physicians; Social Workers; Dentists; Chiropractors; Master's level Nurses and Clinical Nurse Practitioners; other Master's level licensed mental health and healthcare professionals; clinical and experimental researchers in the field of hypnosis, and students pursuing related degrees.

### SCEH Annual Workshops

By tradition, SCEH offers **introductory**, **skills building/intermediate** and **advanced level** workshops. Workshops are scientifically based, of the highest teaching quality and led by leaders in the field. Most include practica, demonstrations or other experiential components, providing hands-on, real time tutelage critical for enhancing hypnosis skills. Continuing Education (CE) credits are provided by the Institute for Continuing Education.

## SCEH Scientific Program

The Scientific Program features presentations or symposia on empirical issues in hypnosis research and practice and related areas. Presentations shine the light on novel research findings, including experimental studies, case reports, clinical trials, meta-analyses, and systematic reviews. Symposia bring together the world's leading hypnosis researchers to address a specific theme, and most integrate research and practice or draw upon research in psychology, psychiatry, or neuroscience to highlight issues that improve our understanding of hypnosis. Our poster session provides another glimpse into the newest research.

Society for Clinical and Experimental Hypnosis  
305 Commandants Way – Commoncove Suite 100  
Chelsea, MA 02150-4057 USA E: [info@sceh.us](mailto:info@sceh.us) T: 617-744-9857 Web: [www.sceh.us](http://www.sceh.us)

Registration for the SCEH Annual conference is open:  
<http://www.sceh.us/2017-conference>





## SCEH Annual Meeting in Chicago: You are Invited!

The 2017 annual meeting of the Society for Clinical and Experimental Hypnosis will take place October 25 through 29 in Chicago, Illinois. We are meeting in the classrooms of the Chicago School for Professional Psychology, at 325 Wells Street in Chicago's River North area.

The meeting theme this year is "HYPNOSIS FOR THE AGES." Clinical hypnosis has relevance for each stage in the human life cycle. The "Hypnosis for the Ages" conference will feature keynotes, symposia, and workshops on applications of hypnosis throughout the human life cycle. The meeting will also include scientific presentations on the evidence-base of medical hypnosis.

Keynote presentations in this year's meeting include:



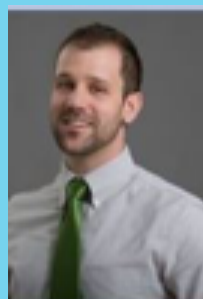
**Arreed Barabasz, EdD, PhD, ABPP**, Washington State University, Pullman, WA

**Topic: Humor in Psychotherapy (BANQUET SPEAKER)**



**Melanie Brown, MD, MSE, FAAP**, Children's Hospitals and Clinics of Minnesota and The University of Chicago

**Topic: An Integrative Approach to Pediatric Pain Management**



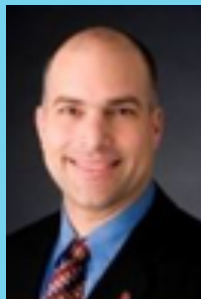
**James Gerhart, PhD**, Department of Behavioral Sciences, Rush Medical College

&



**Sean O'Mahony, MB, BCh, BAO, MS, FAAHPM**, Section Director, Palliative Medicine, Rush University Medical Center,

**Topic: Workforce Resiliency for Palliative Medicine Teams**



**Amir Raz, PhD, ABPH, McGill/Chapman University, Montreal, QC, Canada**  
**Topic: On Hypnosis and Science**



**Pierre Rainville, PhD, Université de Montréal, Montréal, Québec, Canada**  
**Topic: Pavlov Meets the Zen Brain: Mindfulness in the Fear of Pain**



**David Spiegel, MD, Department of Psychiatry & Behavioral Sciences, Stanford University School of Medicine, Palo Alto, CA**  
**Topic: Tranceformation: Hypnosis in Brain and Body**

### SCEH Workshop Program

By tradition, SCEH offers **introductory**, **skills building/intermediate** and **advanced** level workshops. Workshops are scientifically-based and of the highest teaching quality. Most workshops include demonstrations and/or practica or other experiential components and are led by leaders in the field.

- ***Introductory (Basic) Workshop in Hypnosis*** - taken as a cohort
- ***Skills Workshops (Intermediate to Advanced)*** - choose from a selection of topics, designed to sharpen your skills or be used toward certification requirements
- ***Advanced Workshops in Hypnosis*** - choose from a selection of full day, half day and quarter day concurrent sessions

Details on the program can be found at:

[www.sceh.us/2017-conference](http://www.sceh.us/2017-conference)

We hope to see you in Chicago!

**Donald Moss and Janna Henning**  
**Program Co-Chairs**

## **Tips for Students: Conference Preparation**

**Preparing an engaging poster can be a challenge. Here are some tools for creating a great poster for upcoming hypnosis conferences!**

<http://www.cfhi-fcass.ca/PublicationsAndResources/ResourcesAndTools/CommunicationNotes/10-06-01/792275c8-da93-48dd-a7f0-98bc9d864284.aspx>

# **SUBMIT A POSTER NOW!**

**We are accepting poster presentations on a rolling basis:**

**<http://www.sceh.us/call-for-papers>**

# Hypnotherapy: A Promising Treatment for Chronic Low Back Pain

By Samuel Stork a doctoral student in the PsyD Clinical Psychology Program and the Mind-Body Medicine Research Laboratory at Baylor University. His interests include clinical health psychology, evidence-based psychotherapy, hypnosis, and hypnotherapy.

## **Chronic low back pain (CLBP) is a pervasive medical problem that can be disabling:**

Approximately 30 million Americans suffer from CLBP (Turk, 2005). CLBP is the most common cause for permanent impairment in US adults under the age of 65, and is the most common cause of activity limitations in individuals under 45 (Anderson, 1999). Studies estimate that between 2% and 8% of the US work force is disabled or compensated for back injuries each year (Straus, 2002). Thus, CLBP is associated with extraordinary costs, which include both medical costs and indirect costs, such as missed work, reduced productivity, and interference in daily activities (Ehrlich, 2003). It is estimated that in 2006, the total costs attributable to low back pain in the United States totaled \$100 billion, two thirds of which were indirect costs (Katz, 2006).

## **Alternatives to pain medications are needed:**

Despite having little empirical efficacy, opioids have been the most commonly prescribed treatment option for CLBP (Ivanova et al., 2011). Moreover, while there has been no overall change in the amount of pain that Americans report, the amount of prescription opioids sold in the US has nearly quadrupled since 1999 (Chang et al., 2014; CDC, 2016). Unfortunately, the rise in the use of prescription opioids has come with disastrous consequences, due to the potential of addiction and overdose. The United States is now facing an opioid epidemic. Deaths from overdoses of prescription opioids have increased in accordance with opioid sales - more than quadrupling since 1999, with a current average of 91 Americans dying every day (CDC, 2016).

## **New clinical practice guidelines have been issued for treatment of CLBP:**

In February 2017, the American College of Physicians (ACP) released a new clinical practice guideline on noninvasive treatment for CLBP (Qaseem, Wilt, McLean, & Forciea, 2017). The new guideline includes the recommendation that for patients with CLBP, clinicians and patients should initially select nonpharmacologic treatment (e.g., exercise, acupuncture, mindfulness-based stress reduction, cognitive behavioral therapy). The ACP also recommended that clinicians reserve pharmacologic treatment (e.g., NSAIDs, tramadol, duloxetine) for

patients who do not respond to nonpharmacologic therapy, with opioids being a last option.

## **Hypnotherapy is an evidence-based non-pharmacological intervention for CLBP:**

Hypnotherapy is a well-supported treatment for many chronic pain problems (Elkins, Johnson, & Fisher, 2012; Jensen et al., 2009), and while not mentioned in the new guideline, hypnotherapy may be a viable primary or complementary treatment for CLBP. Hypnotherapy has been shown to provide analgesia, reduce stress, relieve anxiety, improve mood, and reduce the need for opioids for some patients (Elkins, 2012). One meta-analysis found that the average person treated with hypnosis obtains a greater analgesic response than 75% of individuals who are given standard care or no treatment (Montgomery, DuHamel, & Redd, 2000).

Several studies have highlighted the potential efficacy of hypnotherapy for decreasing CLBP (McCauley et al., 1983; Spinhoven & Linssen, 1989; Jensen et al., 2009). A recent and promising study by Tan and colleagues (2015) compared self-hypnosis training with EMG biofeedback in one hundred veterans with CLBP. The study was a four-group design. The groups were (1) an eight-session self-hypnosis training; (2) an eight-session self hypnosis training with audio recordings for home practice; (3) a two-session self-hypnosis training with home practice recordings and weekly reminder calls; and (4) an eight-session EMG biofeedback control intervention. Participants in all four groups reported significant pre- to post-treatment improvements in pain intensity, pain interference, and sleep quality. However, the participants in the hypnosis groups reported significantly more pain intensity reduction than the control group. Interestingly, there was no significant difference among the three hypnosis conditions, indicating that two sessions of self-hypnosis training was as effective as an eight-session training.

Additionally, over half of the participants who received hypnosis reported clinically meaningful reductions in pain intensity, and they maintained these benefits for at least 6 months post-treatment. This study also replicated the finding that it is possible to carry out a standardized self-hypnosis training intervention that allows for individualized hypnotic suggestions.

## Resources:

There are several excellent books that provide resources for clinicians. These include:

Elkins, G. (2016). *Handbook of medical and psychological hypnosis: Foundations, applications and professional issues*. New York, NY: Springer Publishing.

Jensen, M. P. (2011). *Hypnosis for chronic pain management: Therapist guide*. Oxford, UK: Oxford University Press.

Patterson, D. R. (2010). *Clinical hypnosis for pain control*. Washington, DC: American Psychological Association

## Summary:

In sum, chronic pain, and CLBP in particular, is associated with enormous costs and suffering. The strategy of prescribing opioids has failed, and new treatments need to be established. Hypnotherapy may be an effective initial treatment option for individuals suffering from CLBP, due to its minimal cost, flexibility, and lack of harmful side effects. While there have been several encouraging studies, more randomized controlled trials are needed. Hopefully, future studies will compare hypnotherapy for CLBP with both nonpharmacologic (e.g., acupuncture or mindfulness-based stress reduction) and pharmacologic (e.g., NSAIDs) active controls. Additionally, future studies that compare first-line pharmacological medications complemented by hypnotherapy to medication alone would be noteworthy additions to the literature.

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**Samuel Stork**

**Reserve your hotel room in Chicago:**  
<https://mam.memberclicks.net/site-and-accommodations-chicago>

## Help SCEH Grow!

If you have found value in your membership, we hope you will share it with colleagues and students.

Prospective members can also complete an application online.

For membership details or our online application, visit:

<http://www.sceh.us/apply-for-membership>

# Upcoming Conferences

*Co-sponsored by SCEH and APA Division 30*

## Introductory and Advanced Workshops in Clinical Hypnosis

*Two Track Workshop Series*

*Advanced:*

*Power Tools for Anxiety and Affect Regulation*

*Introductory/Basic:*

*Introduction to Clinical Hypnosis*

SAVE THE DATE

**April 20-22, 2018 (Friday - Sunday)**

**Radisson Hotel Albany Albany, New York**



SOCIETY OF PSYCHOLOGICAL HYPNOSIS



## SAVE THE DATE! The XXI World Congress of Medical and Clinical Hypnosis is coming to Montreal, Canada from August 22-25, 2018.

<http://www.ishhypnosis.org/triennial-congress/invitation-to-congress/>

This communication addresses healthcare professionals, researchers and all persons interested in clinical and medical hypnosis. After Rome, Bremen and Paris, Montreal is proud to host the XXI World Congress on North-American soil.

This congress, offered by the International Society of Hypnosis (ISH) every three years, will provide a unique opportunity to work with researchers and clinicians who are members of over 35 hypnosis societies from around the world. Find out what clinical applications, research and new techniques they are working with and how this can apply to your work.

You want to learn and meet people? Perfect, [register and attend](#). You want to share your knowledge and experiences? Great, submit an abstract before **October 15, 2017**.

Visit us this spring at [www.hypnosis2018.com](http://www.hypnosis2018.com) to view our keynote speaker announcements and to

participate in the Call for Abstracts. The abstract deadline is **October 15, 2017**.

Registration is already open at the SUPER EARLY-BIRD RATE of \$625 CAD (\$470 US) for individual members of ISH or \$725 CAD (\$540 US) for non-members, which includes coffee breaks, lunches, Opening Ceremony and Welcome Reception, and congress materials. This represents \$270 CAD of savings compared to the final registration fees. Furthermore, the foreign exchange from USD to CAD is very favorable at the moment.

If you have never been to Montreal before, this is your perfect chance to come and visit the beautiful province of Quebec and the mythical city of Montréal where European charm meets North America. The Organizing Committee is eager to welcome and charm you at the XXI ISH World Congress of Medical and Clinical Hypnosis: Montreal 2018!

**Hypnovations** announces: ASCH approved Basic Fundamentals of Clinical Hypnosis & Intermediate Clinical Hypnosis Workshops (20hrs/each)

**Co-Sponsored by:**

Northeastern Mountain Society of Clinical Hypnosis (NMSCH)

**When:** November 10-12, 2017

**Where:** Jackson Gore Inn, Okemo Mountain, Ludlow, VT

**Faculty:** Linda Thomson, APRN,  
Maureen Turner, RNBC, LCMHC,  
Judy Thomas, DDS and  
Casey Goldman, LCMHC

Visit for more information: [www.hypnovations.com](http://www.hypnovations.com)

T: 802-338-8040



# SCEH Member News

## IJCEH HAS A NEW WEBPAGE!

Visit the new IJCEH.com <http://ijceh.com/> webpage! It is now mobile friendly and lends itself to easy access to authors' work and cross references via the abstracts section.

## Connect with SCEH on Social Media

**Linked in**

<https://www.linkedin.com/company/society-for-clinical-and-experimental-hypnosis>

Find us on **f**

<https://www.facebook.com/scehus/>

# FOCUS: Send Us Your News!

**Share Your News  
with the  
SCEH Community!**

**Please send us your  
news to share:**

**[focus@sceh.us](mailto:focus@sceh.us)**

**We look forward to  
hearing from you!**

- ❖ Book or article reviews
- ❖ Awards or public recognition received
- ❖ Promotions, job changes, retirements
- ❖ New ways you are using hypnosis in your practice
- ❖ Articles you have written
- ❖ Recently published books
- ❖ Recent talks
- ❖ Events you are hosting
- ❖ An important milestone you are celebrating
- ❖ Research or special projects you are now undertaking
- ❖ Other items you think would be of interest to the membership
- ❖ Photos of the above (please include a caption)

Please send your news and photos to the FOCUS editors at: [focus@sceh.us](mailto:focus@sceh.us)

SCEH reserves editorial rights over all submissions.

**Renew Your  
Membership!  
Click [HERE](#)**

# About the Society for Clinical and Experimental Hypnosis (SCEH)

**SCEH Membership Levels Full Membership: \$150**

**Lifetime Membership: \$75**

**Student Membership: \$45**

## Our Mission

To promote excellence and progress in hypnosis research, education, and clinical practice.

Founded in 1949, the Society for Clinical and Experimental Hypnosis (SCEH) is an international organization of psychologists, psychiatrists, social workers, nurses, dentists and physicians who are dedicated to the highest level of scientific inquiry and the conscientious application of hypnosis in the clinical setting. The membership represents a rare union of some of the finest academicians, researchers and clinicians whose collaboration is designed to support and inform the clinical work and research of its members and other professionals.

A distinguishing feature of the group is its premise that sound clinical practice is built upon serious scientific inquiry and that important empirical questions are often raised by those who care for patients. Through workshops, lectures, publication of the International Journal for Clinical and Experimental Hypnosis (IJCEH), and other teaching activities of SCEH, members educate health care professionals, academicians, researchers, students and the general public about the nature and ethical uses of hypnosis and related phenomena.

## Membership

This is a selective society that contains some of the best and most productive hypnosis researchers and clinicians in the field. In the past four decades, the majority of the important English language publications in the field of scientific hypnosis have been written by members of the SCEH. Each year, the membership of SCEH sponsors its workshops and scientific meetings at the annual conference. Members receive discounted registration to the annual conference.

For more information about joining SCEH please go to

<http://www.sceh.us/apply-for-membership>