



Hypnosis in the Era of Evidence-Based Medicine and Psychosocial Treatments

65th Annual Workshops and Scientific Session

October 8-12, 2014

San Antonio, TX

St. Anthony Riverwalk Hotel by Wyndham

Continuing Education credits provided by the Institute for Continuing Education & Bournewood Hospital

WORKSHOP PROGRAM AT-A-GLANCE

October 8-12, 2014

Overall Meeting Chair: Devin Blair Terhune, PhD

Introductory Workshops Co-Chairs: David Godot, PsyD and Gary Elkins, PhD, ABPP, APBH

Intermediate Workshop Co-Chairs: Marcia Greenleaf, PhD and Laurie S. Lipman, MD

Advanced Workshop Chair: George S. Glaser, MSW, DAHB

The **AIM OF THE WORKSHOPS** is to teach participants hypnotic theory and practical techniques for immediate use in professional practice. The educational approaches will consist of lectures, audiovisual presentations, and skill-practice groups.

Wednesday, October 8	Thursday, October 9		Friday, October 10	
EVENING	MORNING	AFTERNOON	MORNING	AFTERNOON
Introductory Workshop in Clinical Hypnosis Wed, 6:00-10:00 p.m.; Thu, 8:00 a.m.-6:00 p.m.; Fri, 8:00 a.m.-6:00p.m. 20 CE/CME Credits				
Introductory Workshop in Medical Hypnosis 16 hours of online coursework prior; Onsite at SCEH Conference Fri, 8:00a.m.-6:00 p.m. with Introductory Workshop in Clinical Hypnosis 20 CE/CME Credits				
Intermediate Workshop in Clinical Hypnosis Wed, 6:00-10:00 p.m.; Thu, 8:00 a.m.-6:00 p.m.; Fri, 8:00 a.m.-6:00 p.m. 20 CE/CME Credits				
Hypnosis, Meditation, and the Third Wave of Cognitive and Behavioral Therapies 6-9:15 p.m. 3 CE/CME Credits	The Power of Words and the Tapestry of Tales 8:30 -11:45 a.m. 3 CE/CME Credits	Dialing Down Distress and Distraction: Treating co-morbid anxiety and ADHD with hypnosis 1:00-4:15 p.m. 3 CE/CME Credits		Inviting the Muse: Trance enhancement of creativity 8:30 -11:45 a.m. 3 CE/CME Credits
Hypnosis and Medicine: A whole-person approach to treating functional medicine 6-9:15 p.m. 3 CE/CME Credits	Research and Clinical Applications of Alert Hypnosis 8:30 -11:45 a.m. 3 CE/CME Credits	Hypnosis in the Treatment of DID and Allied Forms of DDNOS 8:30 a.m.-4:15 p.m. 6 CE/CME Credits		Breath Training as an Adjunct to Hypnosis and Psychotherapy 1:00-4:15 p.m. 3 CE/CME Credits
Hypnosis for Burns 6-9:15 p.m. 3 CE/CME Credits	Utilization Sobriety: Incorporating the essence of body-mind communication for brief individualized substance abuse treatment 8:30 -11:45 a.m. 3 CE/CME Credits	Hypnosis Research The Ingredients of Hypnosis: A guide to research for clinicians 8:30 a.m.-4:15 p.m. 6 CE/CME Credits		
	Pain Control 8:30 a.m.-4:15 p.m. 6 CE/CME Credits			
	Healing the Divided Self: Foundations of ego state therapy in the 21st century 8:30 a.m.-4:15 p.m. 6 CE/CME Credits			

WORKSHOP PROGRAM DESCRIPTIONS

Wednesday through Friday, October 8-10, 2014

Introductory Workshop in Clinical Hypnosis & Introductory Workshop in Medical Hypnosis—20 CEs/CMEs

Co-Chairs: David Godot, PsyD, psychologist, adjunct faculty, Mount Saint Mary's College, Los Angeles, CA & Gary Elkins, PhD, ABPP, ABPH, Professor, Department of Psychology and Neuroscience, Director, Clinical Psychology Program, Director, Mind-Body Medicine Research Laboratory, Baylor University, Waco, TX; Medical Track—Elvira Lang, MD, FSCEH, Hypnalgescis, Brookline, MA

Faculty: Dabney M. Ewin, MD, FACS, Clinical Professor of Surgery and Psychiatry, Tulane Medical School and Clinical Professor of Psychiatry, Louisiana State University Medical School, New Orleans, LA; Thomas F. Nagy, PhD, Independent Practice in Psychology, Palo Alto, CA, Adjunct Clinical Faculty, Dept. of Psychiatry and Behavioral Sciences, Stanford University School of Medicine, Stanford, CA; David R. Patterson, PhD, ABPP, Professor of Psychology, Department of Rehabilitation Medicine, University of Washington School of Medicine; Devin Blair Terhune, PhD, Marie Skłodowska-Curie Research Fellow, University of Oxford, Oxford, UK; Carol Low, PsyD, private practice, Naperville, IL; Eric K. Willmarth, PhD, SCEH President, Director of Integrative Mental Health, Saybrook University, Grand Rapids, MI; John Mohl, PhD, faculty member, Bucks County Community College, Newtown PA; Scott Hoye, MA, PsyD, private practice, Rehabilitation Institute of Chicago, Adjunct Faculty, The Chicago School of Professional Psychology, Chicago, IL

This practically-focused workshop will provide introductory training in the theory and application of clinical hypnosis in psychotherapy, dentistry, and medicine. A combined format of lecture, demonstration, and supervised practice is used to teach and develop clinical skills in the use of hypnosis. Topics include: Types and principles of hypnotic induction, methods of hypnotic induction, self-hypnosis, anxiety management, pain management, addressing issues of resistance, hypnosis with habit disorders, exploration of unconscious dynamics, treatment planning and technique selection, and integration of hypnosis into clinical practice. Participants will have many opportunities for hands-on practice in supervised small-group sessions. The goal of the workshop is to provide the requisite training for attendees to begin utilizing hypnosis in their own clinical practices. Ongoing feedback and mentoring will be provided to support the development and applicability of new skills. The contents of the workshop comply with the Standards of Training in Clinical Hypnosis utilized by the American Society of Clinical Hypnosis. **The Medical track meets online prior to the SCEH Conference. Medical track attendees meet onsite on Friday only.**

Wednesday & Thursday - Clinical Track only		For both Medical and Clinical Tracks	
Wednesday	October 8	Friday	October 10
6:00 p.m.	Introduction	8:00 a.m.	Hypnotic susceptibility & hypnotic susceptibility scales
6:05 p.m.	Definitions, theories, and history of hypnosis	8:45 a.m.	Treatment planning, strategy, & technique selection
6:45 p.m.	Preparing the client for hypnosis	9:45 a.m.	Strategies for managing resistance to hypnosis
7:35 p.m.	<i>Break</i>	10:30 a.m.	<i>Break</i>
7:50 p.m.	Principles of hypnotic induction and realerting I: The process of hypnosis	10:45 a.m.	Hypnotic relaxation therapy
8:40 p.m.	Principles of hypnotic induction and Realerting II: Induction techniques	11:30 a.m.	Cognitive behavioral applications of hypnosis
9:30 p.m.	Demonstrations of hypnotic induction & realerting I	12:15 p.m.	<i>Lunch Break</i>
		1:15 p.m.	Medical applications of hypnosis
		2:00 p.m.	Ideomotor signaling for unconscious exploration
		2:45 p.m.	<i>Break</i>
		3:00 p.m.	Self-Hypnosis: What it is and how to teach it to clients
		3:45 p.m.	Hypnotic strategies & techniques for pain control
		4:30 p.m.	Ericksonian approaches to hypnosis
		5:15 p.m.	Workshop wrap-up, Q&A
		5:30 p.m.	Ethics, professional conduct, & certification
Thursday	October 9		
8:00 a.m.	Demonstrations of hypnotic induction & realerting II		
8:30 a.m.	Supervised small group practice I		
9:55 a.m.	Hypnotic phenomena & their therapeutic applications		
10:45 a.m.	<i>Break</i>		
11:00 a.m.	Principles in formulating hypnotic suggestions I		
12:00 p.m.	<i>Lunch Break</i>		
1:00 p.m.	Principles in formulating hypnotic suggestions II - Supervised small group practice		
2:00 p.m.	Video demonstration of hypnotic phenomenon		
2:45 p.m.	<i>Break</i>		
3:00 p.m.	Supervised small group practice II		
4:15 p.m.	Hypnotic deepening and trance ratification		
5:00 p.m.	Supervised small group practice III		

Wednesday through Friday, October 8-10, 2014

Intermediate Workshop in Clinical Hypnosis—20 CEs/CMEs

Co-Chairs: Laurie S. Lipman, MD, Northwestern University Feinberg School of Medicine, Department of Psychiatry and Behavioral Medicine and Jesse Brown VA Chicago Healthcare System, Chicago, IL & Marcia Greenleaf, PhD, Private Practice, New York, NY; Voluntary Attending, Medical Staff, Lenox Hill Hospital, New York, NY

Faculty: Thomas F. Nagy, PhD, Independent Practice in Psychology, Palo Alto, CA and Adjunct Clinical Faculty, Dept. of Psychiatry and Behavioral Sciences, Stanford University School of Medicine, Stanford, CA; Stephen Kahn, PhD, private practice, Chicago, IL; Molly Delaney, PsyD, private practice, Damariscotta, ME; Elvira V. Lang, MD, FSIR, FSCEH, Associate Professor of Radiology, Harvard Medical School and President, Hypnalgescics, Brookline, MA; Dabney M. Ewin, MD, FACS, Clinical Professor of Surgery and Psychiatry, Tulane Medical School, Clinical Professor of Psychiatry, Louisiana State University Medical School, New Orleans, LA; David Patterson, PhD, ABPP, Professor of Psychology, Department of Rehabilitation Medicine, University of Washington School of Medicine

The Intermediate Workshop allows practitioners who have taken a basic workshop the opportunity to add to and refine their clinical skills in the use of hypnosis and its applications as a clinical tool in medicine, psychiatry, psychology, social work, nursing, or dentistry. The Intermediate Workshop faculty, whose knowledge, practice, and teaching of hypnosis are based on published research, come from a variety of schools of thought on hypnosis, and are university trained and affiliated. This workshop includes 20 hours of lectures and hands-on practice sessions.

Wed, 6:00-10:00 p.m.; Thu, 8:00 a.m.-6:00 p.m.; Fri, 8:00 a.m.-6:00 p.m.

Wednesday evening, October 8th

6:00-6:15 p.m.	Welcome, Introductions, Outline, Goals for Certification	1:00-2:30	Ethical issues and hypnosis
		2:30-2:45	Break
6:15-7:15	Back to Basics: What is Hypnosis? And how and when is it used as a therapeutic tool?	2:45—3:45	Refining inductions and deepening subjective experience of hypnosis
7:15-8:15	Review/ Learn new induction techniques	3:45—4:45	Ego-Strengthening and insight facilitation in therapy with hypnosis
8:15-8:30	Break		
8:30-9:15	How do you know if your patient experienced hypnosis? A brief introduction to the role of measurement, how it informs your patient, the diagnosis, a direction in identifying a treatment strategy and a brief introduction to the measurement scales.	4:45-6:00	6 Rotating practice groups

Friday, October 10th

9:15-10:00	Demonstrations and practice of individual inductions, group inductions	8:00-10:00 a.m.	Approaching habit treatment with hypnosis
		10:00-10:15	Break
		10:15-12:15	Using hypnosis for pain control
		12:15-1:00 p.m.	Lunch Break
8:00-9:00 a.m.	Ideomotor Signals: How to get good ones and how to interpret them	1:00-2:30	Clinical Applications: Preparation for tests and surgical procedures
9:00-10:00	An Introduction to using hypnosis for pain without PET scans or neuroanatomy	2:30-2:45	Break
		2:45-4:15	More clinical applications, techniques, and integrating hypnosis into your practice
10:00-10:15	Break		
10:15-12:15	Mastering anxiety	4:15-5:15	Rotating Practice Groups (Inductions, habit control, insomnia, chronic and acute pain, and more.)
12:15-1:00 p.m.	Lunch Break	5:15-6:00	Wrap-Up and Q&A

Thursday, October 9th

Advanced Clinical Workshops

Hypnosis, Mindfulness, and the Third Wave of Cognitive and Behavioral Therapies

Barbara McCann, PhD, Department of Psychiatry and Behavioral Sciences, University of Washington School of Medicine, Harborview Medical Center, Seattle, WA

Cognitive and behavioral therapies are often categorized into three waves (Hayes, 2004). The first of these is behavior therapy, a marked shift from traditional psychodynamic frames. The second wave acknowledged the importance of language, cognition, and related unobservable mental process, giving rise to cognitive behavior therapy. The third wave includes therapies such as Acceptance and Commitment Therapy (ACT), Functional Analytic Psychotherapy (FAP), Dialectal Behavior Therapy (DBT), and Mindfulness-Based Cognitive Therapy (MBCT). Third wave therapies make use of a number of hypnotic strategies without explicit acknowledgement of the similarities in both technique and conceptual underpinnings. This workshop will begin with a brief overview of third wave cognitive and behavioral therapies, including a discussion of the empirical support for these relative newcomers. We will then explore the technical and conceptual similarities between hypnosis and several of the experiential strategies used in third wave therapies. Lastly, we will examine ways in which training in hypnosis provides unique opportunities for clinicians to modify and deploy third wave strategies in ways that simultaneously (1) maximize the therapeutic benefit of these approaches, and (2) remains sensitive to the impact such strategies may have on more highly hypnotizable patients, those prone to abreaction, and individuals who have difficulty emerging from trance.

Hypnosis and Medicine: A whole-person approach to treating functional medicine

Carol Low, PsyD, private practice, Naperville, IL & David C. Flemming, MD

In this audience, we all understand that a human is not EITHER a mind or a body, nor BOTH a mind and a body, but a bodymind system. What we often miss is what this implies for treating illnesses with clear physical symptoms that fail to respond to competent medical intervention. Whether we refer to the various types of headache, functional gut disorders such as IBS and cyclic vomiting, or chronic pain disorders such as CRPS1 and FMS, that puzzle medical professionals, or autoimmune issues and allergies, or even simply failures of the immune system to fight infections as it ought, the role of trauma and stress in health and illness is clear. Significantly, psychologically informed intervention added to medical intervention, and augmented by the powerful tool that is hypnosis, is invaluable in understanding and treating such problems.

What distinguishes this approach from others is the focus on discovering the psychological aspects of the cause of the illness and using this data to resolve the underlying issues. With these disorders that are often considered incurable or unremitting, it is typically thought that enhanced coping or reduction of symptoms is the best outcome. Our goals are loftier. In our experience, working through the psychological issues that are either causative or maintaining factors in these medical illnesses very often leads to remarkable results.

This workshop offers a theoretical model with which to approach the integration of psychological exploration with medical treatment in resolving functional medical illnesses, as well as case examples and, finally, experiential work in applying some of the techniques.

Hypnosis for Burns

Dabney M. Ewin, MD, FACS, Clinical Professor of Surgery and Psychiatry, Tulane Medical School and Clinical Professor of Psychiatry, Louisiana State University Medical School, New Orleans, LA

The seriously burned patient needs psychological help from the time of injury to full recovery. Dr. Ewin believes that hypnosis is the psychological treatment of choice, and these patients are already focused and desperate for help, making them easy to reach hypnotically. Just as hypnosis can produce a blister, early hypnosis can prevent the “normal” progression from first to second, and second to third degree. Inflammatory pain and procedural pain can be mitigated, guilt and anger about the accident relieved, infantile regression prevented, and body image enhanced.

Slides of illustrative cases will be presented, along with techniques and verbalizations for the care of these patients.

WEDNESDAY EVENING

October 8

6:00 P.M.—9:15 P.M.

3 CE/CME Credits

THURSDAY MORNING

October 9th

8:30 a.m.—11:45 a.m.

3 CE/CME Credits

The Power of Words and the Tapestry of Tales

Linda Thomson, PhD, ABMH, FASCH, FNAPNH, Past President New England Society of Clinical Hypnosis & Northeastern Mountain Society of Clinical Hypnosis & American Society of Clinical Hypnosis; co-founder Hypnovations: Clinical Hypnosis Education and Training Programs; Medical Director of Vermont Academy, VT.

Practitioners who use hypnotic healing language can promote positive expectations, allay anxiety and fears, and create a more comfortable environment for their patients. Carelessly crafted suggestions can result in negative expectations and a placebo response. Research has shown that communication, both verbal and non-verbal, can have a profound impact on the autonomic nervous system and the brain creating both physiological and psychological changes. Combining words and imagination to create metaphorical tales can bypass natural resistance to change and generate new patterns of consciousness.

The neurobiological underpinnings of our understanding of the areas of the brain that are affected by our carefully crafted suggestions will be discussed. Participants will learn how to differentiate between effective and ineffective communication to stimulate positive expectancy instead of negative. An experiential opportunity to design effective suggestions for a variety of clinical vignettes will be an integral part of the workshop. A portion of the workshop will be devoted to increasing the knowledge, skills, and comfort level of the participants in developing metaphors for use in their hypnotic work. This workshop will include didactic presentations, video demonstrations, and opportunities for skill practice.

Research and Clinical Applications of Alert Hypnosis

David Wark, PhD, FSCEH, FASCH, Emeritus Professor of Psychology, private practice, St. Paul, MN

Bányai and Hilgard (1976) developed an active, alert eyes open method for hypnotic induction. Eyes open inductions allow users to take advantage of hypnotic phenomena (focus, time distortion, anesthesia, etc.) both in the treatment office and while actively engaged in work, recreation, study, social life, and family interactions. This workshop will open with a review of research on the development and use of alert hypnotic induction. In the middle section, participants will be given a chance to enter and experience alert hypnosis. There will be a series of carefully structured guided exercises in doing hypnotic inductions in practice. The workshop will conclude with a discussion of cases using alert hypnosis in the treatment of anxiety, medical procedures, and complex PTSD.

Utilization Sobriety: Incorporating the essence of body-mind communication for brief individualized substance abuse treatment

Bart Walsh, MSW, LCSW, private practice, Director, Milton Erickson Institute of Portland & Director of Affinity Counseling and Hypnosis, Portland, OR

This presentation poses a substance abuse treatment which acknowledges and accommodates the personal needs being addressed by substance use, bypasses perceived resistance, and employs idiosyncratic psycho-biological learning to achieve a body-mind gestalt complementary to the client's sobriety. Client self-empowerment and relapse prevention are built into the intervention. This method develops a safe framework for addressing any subsequent mental health themes directly or indirectly related to substance misuse. Ideomotor questioning is employed as a practical conduit to body-mind communication and function. Because this is a relatively new strategy, fundamental information applicable to all levels of professional experience will be provided.

THURSDAY AFTERNOON

October 9th

1:00 p.m.—4:15 p.m.

3 CE/CME Credits

Dialing Down Distress and Distraction: Treating co-morbid anxiety and ADHD with hypnosis

Carolyn Daitch, PhD, Director, Center for the Treatment of Anxiety Disorders, Farmington Hills, MI & consultant, University of Michigan Integrative Medicine Program

This workshop is for mental health practitioners treating adults, adolescents, and children with co-morbid anxiety and ADHD. While the presentation primarily explores hypnotherapeutic adjuncts to treatment, no experience in hypnotherapy is necessary, as none of the techniques presented require specialized training in hypnosis. Experienced hypnotherapists are also included in the target audience as the interventions presented are uniquely geared to address co-morbid anxiety and ADHD and are not standard to hypnotherapeutic training.

Pain Control

David R. Patterson, PhD, ABPP, Professor of psychology, Department of Rehabilitation Medicine, University of Washington School of Medicine, WA

This full day workshop will focus on hypnosis for treating acute and chronic pain. The morning will include a brief overview of pain control theory, Ericksonian approaches to hypnosis, and approaches to acute pain. The afternoon will focus on chronic pain treatment. Attendees will be given clear paradigms to use for hypnotic interventions for patients who are (1) in acute pain and crisis, (2) anticipating a painful medical procedure, or (3) living with chronic pain. Demonstrations, brief exercises, and the opportunity for consultation will be included.

THURSDAY FULL DAY

October 9

8:30 a.m.—4:15 p.m.

6 CE/CME Credits

Healing the Divided Self: Foundations of ego state therapy in the 21st century

Claire Frederick, MD, Saybrook University, San Francisco, CA

Ego State Therapy is a therapeutic modality that emerged in the 1970's. It is focused on working therapeutically with the polypsychic energies within the human mind. It combines techniques of individual, family, and group therapies, and it has been used for the successful treatment of many disorders including complex post traumatic stress disorder and the dissociative disorders. It is often helpful with refractory clinical situations. Its co-creators believed that Ego State Therapy "should generate research hypotheses while suggesting new and as yet unobserved relations.... [and] make prior assumptions explicit" (Watkins & Watkins, 1997, p. 2). They assumed that future neurobiological studies would confirm their theories.

This workshop will introduce the fundamentals of Ego State Therapy in light of the evolution of the contributing fields of neurobiology, trauma, dissociation, and psychotherapy that has taken place in the past 35 years. It will focus on the trauma response and attachment variables in the formation of pathological ego states. Participants will also learn the mechanisms for activating safely and stabilizing ego states in therapy, securely accessing trauma, and achieving integration. They will also learn the principles for working with activated ego states and essential the role of phase oriented treatment. The mechanisms of healing in of Ego State Therapy will be explained as will the integration of other therapeutic modalities (such as somatic experiencing, energy therapies, CBT, and EMDR) into Ego State Therapy. The problems presented by malevolent, silent, and immature ego states will be considered. Although the workshop will include lecture and slides, it will focus on clinical applications, and will integrate lively experiential components with the inclusion of video, practica, role-playing and discussion. Participants will be prepared for more advanced study of EST.

FRIDAY MORNING

October 10

8:30 a.m.—11:45 a.m.

3 CE/CME Credits

Inviting the Muse: Trance enhancement of creativity

Carol Ginandes, PhD, health psychologist /hypnotherapist, private practice, Watertown, MA

For centuries, and across cultures, artists of various disciplines have tapped into altered states of awareness to access the imagination and to enhance creativity. But clinicians, who generally target patients' normal functioning and/or general recovery, often stop short of facilitating the development of creative potential. Trance or hypnosis is ideally suited to stimulating the creative process in various ways. Current research trajectories pertaining to hypnosis and creativity will be highlighted; these will include empirical research on mental imagery, neural localization of the creative process, the evolutionary roots of art making, and the physiology of creativity.

This workshop, however, is predominantly focused on clinical applications for use in practice such as: how to use hypnosis to heighten the evocation of multisensory modes of expression; foster intuitive, synesthetic and right hemispheric access; enhance perceptual awareness; retrieve imagery and metaphors from the creative unconscious; and unblock self-limiting beliefs and creative impasses.

FRIDAY AFTERNOON

October 10

1:00 p.m.—4:14 p.m.

3 CE/CME Credits

Breath Training as an Adjunct to Hypnosis and Psychotherapy

Donald Moss, PhD, Chair, Saybrook University, San Francisco, CA & Eric K. Willmarth, PhD, SCEH President, Director of Integrative Mental Health, Saybrook University, Grand Rapids, MI

Diaphragmatic and yogic breathing are familiar tools in meditative practice and in self-regulation/coping training. Dysfunctional respiration contributes to asthma, anxiety (panic), functional cardiac symptoms, chronic pain, and other syndromes. This workshop introduces the psychophysiology of respiration, highlighting the role of carbon dioxide and oxygen levels in the bloodstream, the role of hyperventilation and irregular breathing in producing systemic hypocapnia, cerebral hypoxia, and a host of physical and emotional symptoms. The workshop introduces the Nijmegen questionnaire as a tool to identify the likely presence of maladaptive breathing. The workshop will include demonstrations of procedures for assessing dysfunctional breathing; for effective training of mindful, effortless, paced, diaphragmatic breathing using biofeedback instrumentation; and for effective breath training without instrumentation. The workshop will close with a case example illustrating the integration of breath training into an integrative treatment program.

FRIDAY ALL DAY

October 11

8:30 a.m.—4:00 p.m.

6 CE/CME Credits

Hypnosis in the Treatment of Dissociation and the Dissociative Disorders

Richard P. Kluft, MD, PhD, Clinical Professor of Psychiatry, Temple University School of Medicine, Philadelphia, PA

The dissociative disorders, with the exception of some cases of depersonalization disorder, are characterized by high hypnotizability. Hypnosis may occur as heterohypnosis, autohypnosis, or spontaneous trance. Therefore, hypnosis will enter the treatment situation, even if the clinician makes no attempt to induce it, and must be accepted as an inevitable aspect of treatment. This workshop will explore the nature of dissociation, both normal and abnormal, the clinical manifestations of dissociation in both dissociative symptoms and dissociative disorders, and the treatment of those forms of dissociative disorder characterized by high hypnotizability. After reviewing overall approaches to these psychotherapies, more than 20 specific types of hypnotic intervention will be taught. Modules on abreaction and stabilization will be presented.

Hypnosis Research—The Ingredients of Hypnosis: A guide to research for clinicians

Amanda J. Barnier, PhD, Professor and Australian Research Council (ARC) Future Fellow, ARC Centre of Excellence in Cognition and its Disorders, Macquarie University, Sydney, Australia; Rochelle E. Cox, PhD, Australian Research Council (ARC) Discovery Early Career Research Fellow, ARC Centre of Excellence in Cognition and its Disorders, Macquarie University, Sydney, Australia; Devin Blair Terhune, PhD, Marie Skłodowska-Curie Research Fellow, University of Oxford, Oxford, UK; Michael R. Nash, PhD, ABPP, Professor, University of Tennessee, Knoxville, TN; Arreed Barabasz, PhD, ABPP, Editor, International Journal of Clinical and Experimental Hypnosis, Washington State University, Pullman, WA

The aim of scientific hypnosis is to reveal the true nature of hypnosis and the value of its clinical and other applications. Given the “mere words” of the hypnotist, understanding the compelling behaviour and experience of hypnotized people is as demanding as it is captivating. Thankfully, generations of workers in our field have developed research tools and techniques to help us answer fundamental questions about basic and applied hypnosis. These research methods are as relevant in the clinic as in the laboratory. They are relevant to anyone who wishes to understand what hypnosis is and what it does. Research design – the ingredients of hypnosis – is a common language for evaluating the contributions of others to the literature and making our own contributions.

In this full day workshop, we will: (1) enhance your knowledge of fundamental design issues in hypnosis research; (2) assist you in thinking through the balance between good research design and clinical realities; and (3) suggest ways of making important contributions to the scientific and clinical literature.

First, we will describe and illustrate basic features of (laboratory and clinically-based) hypnosis research including: research questions, ingredients of hypnosis research, comparison groups, and independent and dependent variables. Second we will show how to use this information to critically appraise the quality of evidence in published hypnosis studies, which can inform your evidence-based practice. Third, we will introduce case study and time series research designs, which can transform your clinical practice into a source of research evidence. Fourth, we will highlight the benefits of sharing your clinical research contributions and give you tips on writing and publishing. Finally, we invite you to bring your research questions for a final question and answer session.

65th ANNUAL SCIENTIFIC PROGRAM – October 10-12, 2014

Chairs: Devin Blair Terhune, PhD, Marie Skłodowska-Curie Research Fellow, University of Oxford, Oxford, UK; Shelagh Freedman, MA, Concordia University Hypnosis and Memory Laboratory, Montreal, Canada & Michael Lifshitz, McGill University, Montreal, Canada

14 CEs/CMEs (1 Free CE/CME with Banquet Keynote)

FRIDAY, OCTOBER 10 (2 CEs/CMEs)

5:30—6:30 p.m.

PLENARY: The Future of Clinical Training & Evidence-Based Practice

David Godot, PsyD, psychologist, adjunct faculty, Mount Saint Mary's College, Los Angeles, CA

6:30—7:30 p.m.

PLENARY: Advancing Evidence-Based Practice of Hypnosis through Mind-Body Medicine Research

Gary Elkins, PhD, ABPP, ABPH, Professor and Director of the Mind-Body Medicine Research Laboratory, Department of Psychology and Neuroscience, Baylor University, Waco, TX

SATURDAY, OCTOBER 11 (7.5 CEs/CMEs)

OPENING OF THE SCIENTIFIC PROGRAM

8:30 a.m.—8:45 a.m. *Devin Blair Terhune, PhD, Marie Skłodowska-Curie Research Fellow, University of Oxford, Oxford, UK; Shelagh Freedman, MA, Concordia University Hypnosis and Memory Laboratory, Montreal, Canada*

RESEARCH PRESENTATIONS

8:45 a.m.—9:10 a.m. *Elucidating Unconscious Processing with Instrumental Hypnosis
Mathieu Landry, MA, McGill University & Amir Raz, PhD, Senior Researcher, Lady Davis Institute for Medical Research of the SMBD Jewish General Hospital and associate professor, Department of Psychology, McGill University, Montreal, Canada*

9:10-9:35 a.m. *Hypnosis & Memory: True and false
Shelagh Freedman, MA, Concordia University Hypnosis and Memory Laboratory, & Jean-Roch Laurence, PhD, Department of Psychology, Concordia University, Montreal, Canada*

9:35—10:00 a.m. *Effects of Hypnosis on the Orientation Response and Sympathetic Arousal
Zoltan Kekecs, PhD, Eotvos Lorand University, Department of Affective Psychology, and Baylor University, Mind-Body Medicine Research Laboratory & Katalin Varga, Waco, TX*

10:00—10:25 a.m. *Differential Cortical Activation in Highly Hypnotizable Men and Women During a Forperiod Reaction Time Task
James E. Horton, PhD, Andy Edwards, Erin Beach, Allen Lee & Abigail Mason, The University of Virginia's College at Wise, Wise, VA*

10:25—10:45 a.m. **BREAK**

10:45—11:10 a.m. *Heroin Cravings are Replaced by Heroin Aversions/Revolutions via Hypnotic Covert Sensitization and Emetic Counter Conditioning: Within-treatment results and future promises
Ralph L. Elkins, PhD, Research Director, Schick Shadel Hospital; Kaylan Dandala, MD; Richard Repass, MD & Doug Bech, RPh, Schick Shadel Hospital, Seattle, WA*

11:10 — 11:35 a.m. *Anxiety Reduction Among Breast Cancer Survivors Receiving a Hypnosis Intervention for Hot Flashes
Alisa J. Johnson, BS, Baylor University, Mind Body Medicine Research Lab, Waco, TX; Joel Marcus, PsyD, Director Psychosocial Oncology Palliative Care Services, Gayle and Tom Benson Cancer Center, Ochsner Cancer Institute, New Orleans, LA; Kimberly Hickman, MSCP, Baylor University, Mind Body Medicine Research Lab, Waco, TX; Gary Elkins, PhD, ABPP, ABPH, Baylor University, Mind Body Medicine Research Lab, Waco, TX*

11:35—12:00 p.m. *A Longitudinal Observational Study of the Efficacy of Clinical Hypnosis Applications to Attention Deficit Disorder (ADD) Trait and Symptom Management: A Preliminary report
Maureen Turner, MEd, RN-BC, LCMHC, Motivation Hypnosis, Burlington, VT & Ramiro Barrantes, PhD, Precision Bioassay, VT*

12:00—12:25 p.m. *Dry Flotation Restricted Environmental Stimulation Enhances Hypnotizability
Jennifer A. Darakjy, PhD, Southwest Counseling & Psychological Services, Santa Teresa, NM; Arreed Barabasz, PhD, IJCEH Managing Editor, Washington State University & Marianne Barabasz, EdD, Washington State University, Pullman, WA*

SATURDAY, OCTOBER 11 (AFTERNOON)

12:25—12:45 p.m.

An Integrative Approach to Oncological Procedures: Guided self-hypnosis during bone marrow aspirations and/or biopsies
Ian Lipski, MD, anesthesiologist, MD Andersen Cancer Center, Houston, TX & Elvira V. Lang, MD, FSIR, FSCEH, Associate Professor of Radiology, Harvard Medical School and President, Hypnalgescics, Brookline, MA

12:45—2:00 p.m.

SCEH MEMBERS' LUNCHEON AND BUSINESS MEETING

SYMPOSIUM

2:00—3:00 p.m.

Tales from the Annals of Hypnosis: A symposium on the interesting characters in the history of hypnosis
Donald Moss, PhD, Chair, Saybrook University, San Francisco, CA; Eric K. Willmarth, PhD, SCEH President, Director, of Behavioral Medicine, Michigan Pain Consultants, Grand Rapids, MI; John Mohl, PhD, Faculty Member, Bucks County Community College, Newtown PA

3:00—3:15 p.m.

BREAK

RESEARCH PRESENTATIONS

3:15—3:35 p.m.

A Brief History of Scopolamine as a Hypnotic Agent
Timothy C. Nest, BSc & Amir Raz, PhD, Senior Researcher, Lady Davis Institute for Medical Research of the SMBD Jewish General Hospital and associate professor, Department of Psychology, McGill University, Montreal, Canada

3:35—4:00 p.m.

Identifying the Kinship Between the Elicitation Interview and Hypnosis: Towards a refined science of becoming aware
Krystale Appourchaux, PhD, McGill University, Montreal, Canada

KEYNOTE ADDRESS

4:00—5:00 p.m.

Hypnotic Phenomena, Hypnotic Ideas, Hypnotic Puzzles: Reflections on six generations of experimental hypnosis
Amanda J. Barnier, PhD, Professor and Australian Research Council (ARC) Future Fellow, ARC Centre of Excellence in Cognition and its Disorders, Macquarie University, Sydney, Australia

7:00 p.m.

NO HOST COCKTAIL RECEPTION & POSTER PRESENTATIONS

8:00 P.M. -10:00 p.m.

Banquet, awards and talk by Dr. David Spiegel of Stanford University
"Induction to Deduction: Hypnotizability and the late Ed Frischholz, PhD"

SUNDAY, OCTOBER 12 (4.5 CEs/CMEs)

SYMPOSIUM

8:30 a.m.—10:15 a.m.

High Hypnotizability: A research agenda for the next decade
Amanda J. Barnier, PhD, Professor and Australian Research Council (ARC) Future Fellow, ARC Centre of Excellence in Cognition and its Disorders, Macquarie University, Sydney, Australia, Rochelle E. Cox, PhD, Australian Research Council (ARC) Discovery Early Career Research Fellow, ARC Centre of Excellence in Cognition and its Disorders, Macquarie University, Sydney, Australia; Devin Blair Terhune, PhD, Marie Skłodowska-Curie Research Fellow, University of Oxford, Oxford, UK; Michael R. Nash, PhD, ABPP, Professor, University of Tennessee, Knoxville, TN; John Mohl, PhD, Faculty Member, Bucks County Community College, Newtown PA

SUNDAY, OCTOBER 12 , CONTINUED

10:15—10:30 A.M. **BREAK**

RESEARCH PRESENTATIONS

10:30 a.m—10:55 a.m.

Using Psychological Factors to Mediate Chronic Hives in Children and Adults
Rebecca Oskenhelder, BSc, McGill University, Montreal, Canada; Moshe Ben-Shoshan, MD, MSc, Pediatric Allergy and Immunology Specialist, Montreal Children's Hospital & Amir Raz, PhD, Senior Researcher, Lady Davis Institute for Medical Research of the SMBD Jewish General Hospital and associate professor, Department of Psychology, McGill University, Montreal, Canada

10:55—11:20 a.m.

Altered States of Consciousness Experiences Related to Spiritual and Religious Aspects of Skin and Skin Disorders
Philip Shenefelt, MD, professor, Department of Dermatology and Cutaneous Surgery, University of South Florida College of Medicine, Tampa, FL & Rabbi Debrah Shenefelt, Tampa, FL

11:20—11:45 a.m.

Flow, Hypnotizability, and Absorption in a College Student Population
Juliette Bowers, MA, MSCP, Baylor University & Gary Elkins, PhD, ABPP, ABPH, professor, Department of Psychology and Neuroscience, Director, Clinical Psychology Program, Director, Mind-Body Medicine Research Laboratory, Baylor University, Waco, TX

11:45—12:10 p.m.

Absorption, Flow and Empathy Among College Level Athletes
Erick David Arguello, PsyD, Universidad Internacional SEK, Ecuador & Ian Wickramasekera, PsyD, Colorado Springs, CO

KEYNOTE ADDRESS

12:10 p.m.—1:10 p.m.

A Tectonic Approach to Overriding Automatic Processes
Amir Raz, PhD, Senior Researcher, Lady Davis Institute for Medical Research of the SMBD Jewish General Hospital and associate professor, Department of Psychology, McGill University, Montreal, Canada

1:10 p.m.

CLOSING REMARKS

POSTER PRESENTATIONS Friday, October 10—Sunday October 12

All poster presentations will be available for viewing from Friday evening through Sunday. Poster presenters will be available to discuss their work on Saturday evening, October 11, prior to and during the cocktail hour.

The Use of a Hypnotic Phenomenon to Facilitate the Learning Process: A report of two single case time designs
John Mohl, PhD, Faculty Member, Bucks County Community College, Newtown PA

Clinical Hypnosis for Smoking Cessation in a Community Health Clinic: Lessons learned and future directions
Hyeji Na, BA; Hari Dhir, MD; Yatin Dhir, BA; William Fisher, PhD; Gary Elkins, PhD, Baylor University, Waco, TX

A Neural Framework for Bridging the Phenomenal-Access Gap through Hypnosis
Ishan Walpolu, BSc; Krystele Appourchaux & Amir Raz, PhD, McGill University, Montreal, Canada

Differential Cortical Activation in Highly Hypnotizable Men and Women During a Forperiod Reaction Time Task
James E. Horton, PhD; Andy Edwards; Erin Beach; Allen Lee; Abigail Mason, The University of Virginia's College at Wise, Wise, VA

WORKSHOP APPLICATION FORM

ELIGIBILITY FOR WORKSHOPS

Workshops are open to applicants who are eligible for membership in SCEH at the student or full membership level (although they need not be members). Eligibility for SCEH membership includes an earned degree as MD, DO, DDS, DMD, MB, ChB, PhD, EdD, PsyD, MSW, DSW, an NP or PA or a similar degree acceptable to the Executive Committee or Council from a regionally- or nationally-accredited university or Training Institution, or status as a registered and licensed practitioner in healthcare such as RN, RTR, registered medical technologist or technician. All applicants shall be licensed in the state or province where they practice unless they are researchers applying for Experimental Membership, which requires copies of representative publications in the area of hypnosis.

Interns or residents in medicine and dentistry advanced graduate students in accredited doctoral programs in psychology and in second year MSW (or equivalent) social work programs are eligible for Student Affiliate status in SCEH, and therefore may be admitted. However, only full time students, interns, and residents qualify for the special reduced rates shown on the registration form upon submission of verification of status. **To qualify for reduced fees, please be certain the letter of endorsement indicates full time student status. Students may also apply for Scholarships Funds. Please see our web site at www.sceh.us or contact the Central Office at info@sceh.us for more information.**

Intermediate and Advanced workshop attendees must have completed an approved Basic Workshop of a least 20 hours.

Name: _____

Profession: _____ Licensed as: _____

Degree: _____ Year: _____

HYPNOSIS TRAINING

Institution/Organization & Instructor	Date	No. of Hours
_____	_____	_____
_____	_____	_____
_____	_____	_____

PURPOSE AND GOALS FOR TAKING WORKSHOP(S)

Please state your goals for taking this workshop; instructors may review your comments prior to the workshops

GRADUATE STUDENTS, INTERNS, FELLOWS AND RESIDENTS

Training status: Resident Fellow Intern Graduate Student (working toward which degree?)

School or Hospital and Department _____

Department Chair/Graduate Advisor/Clinical Director _____

Year graduate school or internship/residency/fellowship began _____

Student Signature: _____ Date: _____

Workshop Applicants: Fill out this form along with the registration form on pg 14 and fax/mail, along with payment to:

Society for Clinical & Experimental Hypnosis

Po Box 252
Southborough, MA 01772
Voice: (617) 744-9857
Fax : (413) 451-0668
Email: info@sceh.us

ADA Statement: In compliance with the Federal American Disabilities Act (ADA), please check this box if you require assistance because of a disability to make this program accessible to you. Someone from the SCEH Central Office will contact you.

REGISTRATION FEE BREAKDOWN

Registration Fees	Non-Member	Member- SCEH/ASCH/ ISH/CFCH/ CSCH/Div30	Student Non- Member	Student Member SCEH/ASCH/ ISH/CFCH/ CSCH/Div30
*Meeting Package October 8-12, 2014 includes Workshops, Scientific Session & banquet	\$695	\$595	\$375	\$275
Workshops Only (no banquet) October 8-10 includes 15 (advanced) or 20 (basic/intermediate) CEs/CMEs ; no banquet ticket	\$575	\$475	\$325	\$225
Workshops Only (+ banquet) October 8-10 includes 15 (advanced) or 20 (basic/intermediate) CEs/CMEs + banquet ticket + 1 Free CE/CME at banquet	\$650	\$550	\$350	\$250
Advanced Workshops -12 Credits includes 12 CE/CMEs; no banquet ticket	\$420	\$395	N/A	N/A
Scientific Program Only - October 10-12 includes up to 14 CEs/CMEs & banquet	\$350	\$285	\$315	\$250
Program Presenter includes attendance at all events and CEs/CMEs	\$300	\$300	N/A	N/A
Additional Ticket for Scientific Program ONLY	<i>Accompanying person, spouse, child, etc.</i>		\$70	
Guest Registration for Banquet	<i>Accompanying person, spouse, child, etc.</i>		\$85	

MAXIMUM CREDITS AVAILABLE:

Meeting Package

34 CE/CME credits may be achieved by taking:
Basic or Intermediate Workshop (20 Credits) +
Saturday evening Banquet Talk (1 Credit) +
Scientific Session (13 Credits).

Advanced Workshop meeting attendees deduct 5 credits = 29 credits

Scientific Program Only

14 CEs/CMEs, including the banquet

***Non-Members:** Contact the SCEH office for an application to be mailed or faxed to you. To be eligible for member rates include the completed application, formal registration, payment and documentation.

****Students:** Full-time interns/residents/fellows and graduate students in an accredited college, university or professional school program must submit proof of student status. We also suggest you apply for a SCEH Scholarship to help with conference costs.

Refunds and Cancellations

Cancellations received on or before September 20, 2014 will be issued a refund, minus a \$50 processing fee. **No refunds will be made after September 20, 2014. After September 20th, add a \$100.00 late registration fee.**

REGISTRATION FORM

OR Register online at www.sceh.us

Name _____ Degree _____

Name for Badge _____ Profession _____

Mailing Address

Company Name: (if any) _____

Street _____

City _____ State _____ Zip _____ Country _____

EMAIL _____ Phone (W) _____ (HM) _____

WORKSHOP APPLICANTS: Please check your workshop choices below; also complete the Workshop Application on pg 12.

- Introductory Workshop in Clinical Hypnosis Wed—Fri
- Introductory Workshop in Clinical Hypnosis: Medical Track Wed—Fri
- Intermediate Workshop in Clinical Hypnosis Wed—Fri

If you have selected one of these options you cannot take Advanced Workshops.

Wednesday Evening Advanced Workshops (3 CE/CMES)

- Hypnosis, meditation, and the third wave of cognitive and behavioral therapies
- Hypnosis and medicine: A whole-person approach to treating functional medicine
- Hypnosis for burns

Thursday Morning Advanced Workshops (3 CE/CMES)

- The power of words and the tapestry of tales
- Research and clinical applications of alert hypnosis
- Utilization sobriety: Incorporating the essence of body-mind communication for brief individualized substance abuse treatment

Thursday Afternoon Advanced Workshops (3 CE/CMES)

- Dialing down distress and distraction: Treating co-morbid anxiety and ADHD with hypnosis

Thursday Full Day Advanced Workshops (6 CEs/CMES)

- Pain control
- Healing the divided self: Foundations of ego state therapy in the 21st century

Friday Morning Advanced Workshops (3 CE/CMES)

- Inviting the muse: Trance enhancement of creativity

Friday Afternoon Advanced Workshops (3 CE/CMES)

- Breath training as an adjunct to hypnosis and psychotherapy

Friday Full Day Advanced Workshops (6 CE/CMES)

- Hypnosis in the treatment of DID and allied forms of DDNOS
- HYPNOSIS RESEARCH - The Ingredients of Hypnosis: A guide to research for clinicians

- Presidential Banquet,
Saturday, October 11**
1 CE/CME

Cost is included in your fee except where indicated. The banquet is buffet style. Includes gratuity and all taxes.

Member type—select one

- Members SCEH/ASCH/ISH/CFCH/CSCH/APA Division 30
- Non-Member
- Student* Members SCEH/ASCH/ISH/CFCH/CSCH/
APA Division 30
- Student* Non-Member

Registration Type—select one

- Meeting Package (workshops, banquet, scientific)
- Workshops Only + banquet ticket
- Workshops Only NO banquet ticket
- Advanced Workshops 12 credits NO banquet ticket
- Scientific Program Only
- Program Presenter—includes all options
- Additional Ticket: Scientific (\$70)

PAYMENT: Fax to 413-451-0668 or mail PO Box 252 Southborough, MA 01772

Total Enclosed: _____

Credit Card Type: Visa Mastercard Discover

Credit Card No.: _____ Security Code (3 digit code on back of card): _____ Exp. Date: _____

Name On Card: _____ Signature: _____

MEETING OBJECTIVES INCLUDE:

Providing a definition of hypnosis; discussing the principles of hypnotic inductions; discussing uses of direct and indirect suggestions; hypnosis for burns, breath training, hypnosis for ADHD and anxiety, clinical applications of alert hypnosis, mind-body communication and substance abuse, ego state therapy, trance enhancement of creativity, hypnosis and dissociation, hypnosis research.

The annual workshops and scientific program are designed for Psychologists, Physicians, Social Workers, Dentists, Chiropractors, master's level Nurses and Clinical Nurse Practitioners, other master's level licensed mental health and healthcare professionals, and clinical and experimental researchers in the field of hypnosis.

NON-MEMBERS: IF YOU ARE NOT A MEMBER AND YOU WANT TO REGISTER AT MEMBER FEES, APPLY FOR MEMBERSHIP AT THE SAME TIME THAT YOU SUBMIT YOUR MEETING REGISTRATION, BUT NO LATER THAN September 20, 2014. Apply online at www.sceh.us or call the SCEH office at (508) 598-5553 or email to info@sceh.us to request a membership application; submit the application and registration form together, with separate checks for membership dues and member conference registration fees. MEMBERSHIP EXPIRES DECEMBER 31, 2014.

Your dues will include a 2014 subscription to the *International Journal of Clinical and Experimental Hypnosis* and the *SCEH Newsletter*. If you are found ineligible for membership, we will refund your application fee less the member discount for the conference.

CONTINUING MEDICAL EDUCATION CREDIT

PHYSICIANS: This activity has been planned and implemented in accordance with the Essential Area and policies of the Massachusetts Medical Society for Continuing Medical Education through the Joint Sponsorship of the Society for Clinical & Experimental Hypnosis and Bournewood Hospital. Bournewood Hospital designates this live activity for a maximum of 34 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity. Bournewood Hospital is accredited by the Massachusetts Medical Society to provide continuing medical education for physicians.

CONTINUING EDUCATION CREDIT

Continuing education credit for this event is sponsored by *The Institute for Continuing Education*. Credit is awarded on a session-by-session basis, with full attendance required for the sessions attended. The Conference offers a total of up to 34 contact hours. Application forms and other continuing education materials will be available on site. If you have questions regarding continuing education credit, or for a listing of learning objectives by session, please contact *The Institute* at: 800-557-1950; instconted@aol.com.

***The Institute for Continuing Education holds no CE provider status with Canadian Boards, and cannot award continuing education credit to Canadian attendees who are licensed by Canadian Boards. A certificate of attendance can be provided for Canadian attendees.**

PSYCHOLOGY: This activity is co-sponsored by the Society for Clinical and Experimental Hypnosis and The Institute for Continuing Education. The Institute for Continuing Education is an organization approved by the American Psychological Association (APA) to sponsor continuing education for psychologists. The Institute for Continuing Education maintains responsibility for this program and its content.

COUNSELING: The Institute for Continuing Education is an NBCC-Approved Continuing Education Provider (ACEP)™ and a co-sponsor of this event. The Institute may award NBCC approved clock hours for events or programs that meet NBCC requirements. The ACEP maintains responsibility for the content of this event.

SOCIAL WORK: The Institute for Continuing Education is approved as a provider for social work continuing education by the Association of Social Work Boards (ASWB), through the Approved Continuing Education (ACE) program. The Institute for Continuing Education maintains responsibility for the program. ASWB Provider No. 1007. Licensed social workers should contact their individual state jurisdiction to review current continuing education requirements for license renewal.

California Board of Behavioral Sciences Provider No. PCE 636.

Illinois Dept. Professional Regulation Provider No. 159-000606.

Ohio Counselor and Social Work Provider No. RCS 030001.

Florida Dept. Health, Div. SW, MFT, Counseling Provider BAP 255, expiration 03/15.

NURSING: The Institute for Continuing Education is an approved provider of continuing education in nursing by the California Board of Nursing, Provider CEP 12646. Nurses are responsible for checking with their state board to determine if credit issued by an approved provider of the CA Board of Nursing is accepted by their state board.

SKILLS LEVEL: Please refer to Eligibility for Workshops on page 12.

NON-CREDIT EVENTS: Continuing education credit is not offered for breakfast, luncheon, dinner (but for Keynote), reception events or poster sessions; breaks; Board meetings; Committee meetings. If you have questions regarding continuing education credit, please contact The Institute at 800-557-1950; EMAIL: instconted@aol.com

ETHICS CREDITS ARE NOT OFFERED FOR THIS EVENT.

REGISTRATION FOR WORKSHOPS AND SCIENTIFIC PROGRAM

Registration for some workshops is limited, so apply early. SCEH reserves the right to cancel any workshop due to insufficient registration. Applications must be accompanied by checks or credit card information. Refunds, minus a \$50 service charge, will be made if the request is received by mail or email prior to September 20, 2014.

No refunds will be made after September 20, 2014. After September 20th, add a \$100 late registration fee.

DO YOU HAVE QUESTIONS? Call us at **617-744-9857**, email us at **info@sceh.us**, or check our website **www.sceh.us** for a description of the conference.

SITE AND ACCOMMODATIONS

This year, our Conference will be held at the
St. Anthony Riverwalk
300 East Travis Street
San Antonio, TX 78205
1-210-227-4392

The hotel will honor the group rate for booked dates three days pre-event up to three days post-event if you would like a longer stay.

For individual reservations, call (210) 227-4392 and refer to the name of the event. To receive the group rate of \$149/night please make your reservations no later than October 8, 2014. Identify yourself as affiliated with the SCEH 65th Annual Conference at the time the reservation is made to receive the group rate.

Note that room spaces may fill before that date so it is best to reserve as early as possible.

Room block is filling fast. We cannot guarantee space; please reserve early!

SCEH EXECUTIVE COMMITTEE

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The Society for Clinical & Experimental Hypnosis

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Southborough, MA 01772

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Fax : (413) 451-0668

Email: info@sceh.us

SCEH 65th Annual Workshops & Scientific Program

The St. Anthony Riverwalk—
a Wyndham Hotel



<http://www.wyndham.com/hotels/texas/san-antonio/the-st-anthony-riverwalk-wyndham-hotel/hotel-overview>

For individual reservations, call (210) 227-4392 and refer to the name of the event. To receive the group rate of \$149/night please make your reservations no later than October 8, 2014. *Note that room spaces may fill before that date so it is best to reserve as early as possible.* Identify yourself as affiliated with the SCEH 65th Annual Conference at the time the reservation is made to receive the group rate.

About the hotel:

Nestled in the heart of historic downtown San Antonio and within walking distance of the legendary Riverwalk, the St. Anthony Riverwalk Wyndham Hotel, a National Historic Landmark, has been welcoming guests with gracious style since 1909. With 12-foot ceilings, gold leaf topped columns and lovely French décor, this San Antonio hotel offers a unique blend of Edwardian-era charm, contemporary amenities and gracious service, making this hotel a premier choice for business and leisure travelers alike.

Society for Clinical & Experimental Hypnosis

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