

Joint Workshops and Scientific Program

Hypnosis: The Mind, the Body, and Words

October 10-14, 2012

Toronto, Ontario, Canada

Delta Chelsea Hotel

Co-sponsors:

Institute for Continuing Education

University of Toronto

Register
Online at
www.sceh.us

The Mind,

the Body,

and Words

WORKSHOP PROGRAM—October 10-13, 2012

Introductory Workshop Co-Chairs: Tom Wall, PhD and Dabney Ewin, MD
Intermediate Workshop Co-Chairs: Marilee Snyder, LCSW, DCSW and Richard Kluff, MD, PhD
Advanced Workshop Co-Chairs: Claire Frederick, MD and Philip Shenefelt, MD

The **AIM OF THE WORKSHOPS** is to teach participants hypnotic theory and practical techniques for immediate use in professional practice. The educational approaches will consist of lectures, audiovisual presentations and skill-practice groups.

2012 Workshop Program Schedule At-A-Glance

Wednesday, October 10	Thursday, October 11		Friday, October 12		Saturday, October 13
Evening	Morning	Afternoon	Morning	Afternoon	Morning/Evening

Introductory Workshop in Clinical Hypnosis
 Wed, 6:00 – 10:00 pm; Thu & Fri, 8:30 am – 6:30 pm (Friday 4:30 – 6:45 pm will be Scientific Session)
 20 CE/CME Credits

Intermediate Workshop in Clinical Hypnosis
 Wed, 6:00 – 9:15 pm; Thu & Fri, 8:30 am – 4:45 pm; Sat 8:30 am – 12:30 pm
 20 CE/CME Credits

21st Century Advanced Post-Modern Therapeutic Applications of Ego State Therapy: a Two Day Workshop (Day One)
 8:30 am – 4:00 pm • 6 CE/CME Credits

21st Century Advanced Post-Modern Therapeutic Applications of Ego State Therapy: a Two Day Workshop (Day Two)
 8:30 am – 4:00 pm • 6 CE/CME Credits

These workshops are an advanced synthesis of Ego State Therapy with several contemporary theoretical perspectives which will broaden and deepen clinical applications. They are the third of a 2012 two-day workshop series on Ego State Therapy sponsored by the Canadian Society of Clinical Hypnosis—Ontario Division and are open to all conference attendees. Attendees may choose to attend only one day, however participants who have taken all workshops in the series will receive a Certificate of Completion for the 2012 Workshop Series of Studies in Ego State Therapy.

Entrainment Enhanced Hypnosis CD Use in Psychiatry 6:00 – 9:15 pm 3 CE/CME Credits	Advanced Hypnotherapeutic Techniques Refresher 8:30 – 11:45 am 3 CE/CME Credits	PTSD Treatment: Evidence Based Single Session Abreactive Hypnosis 1:00 – 4:15 pm 3 CE/CME Credits	Footprintings: Ego State Therapy in Three Dimensions 8:30 – 11:45 am 3 CE/CME Credits	Unplugging from the Outside In: Brief Strategic Hypnotherapy with Older Adolescents and Young Adults (16-28) 1:00 – 4:15 pm 3 CE/CME Credits	No-Host Cocktail Reception 7:00 – 8:00 pm
Hypnosis and Meditation Crosswalk for Body-Mind-Spirit Integration 6:00 – 9:15 pm 3 CE/CME Credits	Facilitating Cognitive Behavioral Interventions with Hypnosis 8:30 – 11:45 am 3 CE/CME Credits	Rapid Inductions 1:00 – 4:15 pm 3 CE/CME Credits	Hypnosis with Children: What WORKS and What Does NOT 8:30 – 11:45 am 3 CE/CME Credits		Presidential Banquet and Awards Ceremony 8:00 – 10:00 pm
Hypnosis for Skin Procedures and Disorders 6:00 – 9:15 pm 3 CE/CME Credits	Hypnodontics: Monday Morning Considerations 8:30 – 11:45 am 3 CE/CME Credits	Application of the Challenge-Resilience-Resourcefulness Model to Hypnotically-Based Interventions 1:00 – 4:15 pm 3 CE/CME Credits	Future Focused Hypnotherapy 8:30 – 11:45 am 3 CE/CME Credits		
	Approaches to Integrating Hypnosis and Biofeedback: Applications to Pain, Anxiety, & Resilience I 8:30 – 11:45 am 3 CE/CME Credits	Approaches to Integrating Hypnosis and Biofeedback: Applications to Pain, Anxiety, & Resilience II 1:00 – 4:15 pm 3 CE/CME Credits	The Re-Definition of Self Process: A Hypnosis-Based Protocol for Trauma Resolution 8:30 – 4:00 pm 3 CE/CME Credits		
			The Energetic Component of Self-Hypnosis and Hetero-Hypnosis 8:30 am – 4:00 pm 6 CE/CME Credits		
	How Post Hypnotic Suggestion Maintains the World of Osteoarthritis 8:30 – 11:45 am 3 CE/CME Credits	Integrating and Applying Current Research in Neurobiology and Genetic Development to Psychotherapy and Hypnosis 1:00 – 4:15 pm 3 CE/CME Credits	Targeting Healing: How to Design Multiphasic Hypnotic Interventions 8:30 am – 4:00 pm 6 CE/CME Credits		
			Hypnosis: The Crest-Jewel of Mind-Body Medicine 8:30 am – 4:00 pm 6 CE/CME Credits		

WEDNESDAY
thru
FRIDAY

October
10-12, 2012

Introductory Workshop in Clinical Hypnosis

Co-Chairs: Tom W. Wall PhD, ABPP, ABPH, private practice/Associate Professor Graduate Psychology, Seattle Pacific University, Seattle, WA, and Dabney M. Ewin, MD, FACS, Clinical Professor of Surgery and Psychiatry, Tulane Medical School, Clinical Professor of Psychiatry, Louisiana State University Medical School

Faculty: John O. Beahrs, MD, Professor Emeritus, Psychiatry, Oregon Health & Science University (OHSU), Portland, OR; Jay R. Skidmore, PhD, Professor and Chair Clinical Psychology, Seattle Pacific University, Seattle, WA; Thomas F. Nagy, PhD, independent practice in psychology, Palo Alto, CA, Adjunct Clinical Faculty, Dept. of Psychiatry and Behavioral Sciences, Stanford University School of Medicine, Stanford, CA.

This workshop will provide introductory clinical training in the theory and application of hypnosis in psychotherapy, dentistry, and medicine. A combined format of lecture, demonstration, and supervised practice is used to teach and develop clinical skills in the use of hypnosis. Topics include: types and principles of hypnotic induction, self-hypnosis, addressing resistance issues, and integration of hypnosis into clinical practice. Participants will have many opportunities for hands-on practice in supervised small-group sessions. The goal of the workshop is to provide the requisite training for attendees to begin utilizing hypnosis in their own clinical practices. Ongoing feedback and mentoring will be provided to support the development and applicability of new skills. The contents of the workshop comply with the Standard of Training in Clinical Hypnosis utilized by the American Society of Clinical Hypnosis.

Participants will also attend two hours of the SCEH Scientific Program on Friday to round out the Basic Course.

Wed, 6:00 – 10:00 pm • Thu & Fri, 8:30 am – 6:30 pm (Friday 4:30 – 6:30 pm will be Scientific Session)

20 CE/CME Credits

WEDNESDAY
thru
SATURDAY

October
10-13, 2012

Intermediate Workshop in Clinical Hypnosis

Co-Chairs: Marilee Snyder, LCSW, DCSW, private practice, Boulder, CO and Richard P. Kluft, MD, PhD, Clinical Professor of Psychiatry, Temple University School of Medicine, Faculty, Psychoanalytic Center of Philadelphia

Additional Faculty: Steve Kahn, PhD, Molly DeLaney, PsyD, Judy Coldoff, PhD, Eleanor Laser, PhD, Dabney Ewin, MD, Stephen Pauker, MD, ABMH, Claire Frederick, MD

This intermediate level instruction allows individuals who have taken a basic workshop the opportunity to increase, refine and hone their clinical hypnosis skills. Registrants for this workshop must have completed an approved Basic Workshop in Clinical Hypnosis. Attendees will attend six Skills Modules focusing on major areas of hypnotherapy practice. A series of Mini-Modules, which address specialized areas, complete the Intermediate Workshop. Taken together, the Skills Modules and Mini Modules provide the 20 hours of instruction and address the topics required of Intermediate Workshops by both SCEH and ASCH, and move registrants toward qualifying for Certification by both Societies. The curriculum builds on an instructional model designed by Max Shapiro, PhD, and provides more time devoted to skill building in small group practice sessions than is required by the ASCH standards of training.

Wed, 6:00 – 9:15 pm • Thu & Fri, 8:30 am – 4:45 pm • Sat, 8:30 am – 12:30 pm

20 CE/CME Credits

Wednesday, October 10, 6:00 – 9:15 pm
3 Hour Skills Module: Mastering Anxiety
Steve Kahn, PhD & Molly DeLaney, PsyD

Thursday, October 11, 8:30 am – 4:45 pm
3 Hour Skills Module: Integrating Hypnosis into YOUR Clinical Practice
Judy Coldoff, PhD

Ethics (Mini-Module)
Tom Nagy, PhD

3 Hour Skills Module: Treating Habit Disorders
Eleanor Laser, PhD

Friday, October 12, 8:30 am – 4:45 pm
3 Hour Skills Module: Using Ideomotor Signals to Explore Dynamics
Dabney Ewin, MD

Ethics II (Mini-Module)
Tom Nagy, PhD

3 Hour Skills Module: Using Hypnosis to Manage Pain
Dabney Ewin, MD & Stephen Pauker, MD

Saturday, October 13, 8:30 am – 12:30 pm
3 Hour Skills Module: Deepening Your Skills for Ego-Strengthening
Claire Frederick, MD

Ethics & Conclusion
Richard Kluft, MD, PhD

WEDNESDAY
EVENING
October 10

6:00–9:15 pm

3 CE/CME
Credits

Entrainment Enhanced Hypnosis CD Use in Psychiatry

*Jonathan Holt, MD, Associate Professor of Psychiatry,
SUNY at Buffalo, Buffalo, NY*

Dr. Holt has used pre-recorded hypnosis CDs with an entrainment sound technology called hemi-sync in consultation-liaison psychiatry populations. Entrainment is the process of rhythmic pulsations in a sensory modality affecting physiologic rhythms such as brainwaves. Hemi-sync involves sound entrainment using mixtures of binaural beats to produce changes in states of consciousness enhancing hypnotic effects. Medical populations in c-I psychiatry such as oncology patients, pain patients, depressed and anxiety ridden patients, as well as substance abuse patients have been treated with these CDs (as adjunctive treatments) with good results. The lecture will include demonstration covering aspects of the phenomenology, presentation of a pilot study with radiation oncology patients and some case studies that involved the use of hemi-sync entrainment enhanced hypnosis CDs

Hypnosis and Meditation Crosswalk for Body-Mind-Spirit Integration

Darlene A. Osowiec, PhD, clinical psychologist, Geneva, IL

In this era of globalization, unprecedented change, and rapid technological advances, our most basic assumptions about the nature of reality, the mind, and optimal human development and functioning are being questioned and examined. It is now recognized that the Mind-Body dichotomy is actually a Mind-Body continuum. Two key approaches to self-regulation—hypnosis and meditation—are excellent examples of the workings of Mind and Body, with meditation bringing in the dimension of the Spirit.

The purpose of this workshop is to explore the commonalities and distinctions between these two methods or practices, drawing on the historical contexts, origins, and theoretical underpinnings as well as the latest research findings. Outcomes such as enhanced functioning, symptom resolution, equanimity, resilience, and biological self-regulation will be discussed. There will also be ample time to clear up any persistent misconceptions. A combination of the didactic, the experiential, and the interactive learning styles will provide a flow to the workshop experience. There will be ample time for practice, questions, discussion, assimilation, and application to one's personal and professional work.

Hypnosis for Skin Procedures and Disorders

Philip D. Shenefelt, MD, ABMH, Professor, Department of Dermatology and Cutaneous Surgery, University of South Florida College of Medicine; Eleanor Laser, PhD, private practice, Chicago, IL

The skin and the nervous system begin together as ectoderm in the fetus. They remain closely connected and influence each other strongly throughout life. This workshop will present the uses of hypnosis for skin procedures and skin disorders, including the effective use of medical psychosomatic hypnoanalysis for treating selected resistant skin disorders. Having a serious or cosmetically disfiguring skin disorder also has the potential to affect the psyche negatively in many patients. Hypnosis can help patients deal with the emotional and physical impact that the skin disease has on their lives.

THURSDAY
MORNING
October 11

8:30–11:45 am

3 CE/CME
Credits

Advanced Hypnotherapeutic Techniques Refresher

Arreed Barabasz, PhD, ABPP, Washington State University, Pullman, WA

The first in a series of two workshops (see Barabasz afternoon workshop *PTSD Treatment: Evidence Based Single Session Abreactive Hypnosis* on page 6) is intended for those who have had introductory training in hypnosis and experienced clinicians who find they are using only a limited range of hypnotic techniques for trauma. Using the approaches illustrated in Barabasz and Watkins (2005) text "Hypnotherapeutic Techniques, 2E" and the Barabasz & Christensen (2010) DVD set the workshop will range hierarchically from the simple to more complex induction techniques. Brief lecture and discussion will be interspersed with demonstrations of hypnotic phenomena and induction techniques. Alternative theoretical perspectives will be noted and simplified to directly relate to the hypnotic experiences. While the social influence component of hypnosis and simple

suggestibility will be recognized, the over-arching aim will be to teach techniques that can, when skillfully applied with a responsive participant, go well beyond those that can be wrought by mere suggestion alone as are required in the treatment of trauma. Participants will be able to recognize and apply key discrete components of hypnotic induction, minimize conscious volition and foster dissociated control, and apply anxiety reducing pre-induction tests using hypnotic-like procedures.

The following pre-induction procedures will be taught and demonstrated: *Chevreul's pendulum test; arm drop test; postural sway test; hand-clasp test.*

Induction procedures taught will include the *Kohnstamm transition; arm levitation; eye blink induction* and other additional demonstrations as time allows.

(continued)

**THURSDAY
MORNING
October 11**

8:30–11:45 am

**3 CE/CME
Credits**

Facilitating Cognitive Behavioral Interventions with Hypnosis

Barbara McCann, PhD, Professor of Psychiatry and Behavioral Sciences, University of Washington School of Medicine, Seattle, WA

The goal of this workshop is to demonstrate how hypnosis can be used to facilitate the delivery of cognitive-behavioral interventions, with particular emphasis on patients for whom more traditional cognitive behavioral methods (e.g., psychoeducation, written homework assignments, Socratic questioning) fail. Cognitive behavioral therapy (CBT) is an effective therapeutic approach to many psychiatric problems. However, its usual style of delivery often relies on a combination of didactic methods, Socratic questioning and “homework” which most often appeals to well-educated individuals who find such approaches familiar. Hypnosis is an alternative vehicle for presenting these ideas, with the added advantage of being a highly experiential method of communication. This workshop assumes at least a beginning-level familiarity with CBT; however, key concepts will be reviewed. We will then move into an exploration of the ways in which hypnosis can be used to deliver CBT interventions in ways that bring these concepts to life for patients.

Hypnodontics: Monday Morning Considerations

Gabor Filo, DDS, DABHD, Past-President, Hamilton Academy of Dentistry, Hamilton, ON, Canada

Mastering the skills of the consummate dental hypnotist is exhilarating, enthralling, and consciousness raising but what do you do with these on Monday morning? How do you approach Mr. and Mrs. Patient with your new found skills? Will this be another one of those continuing education courses where the office staff is expecting your enthusiasm to wane, particularly if they ignore you? What are the pros and cons of hypnodontics? What are the economic realities? (Yes, a topic beneficent healthcare providers consider anathema – but have you ever tried to buy lunch with beneficence?) What other factors are there to consider before using hypnosis?

The object of the workshop through mutual interaction and discussion is to help each practitioner consider and develop or enhance a philosophy of hypnotic utilization in their practices. The neophyte should find assistance in their fledgling utilization, while the old pros may find new ideas and refinements to their existing methods. All dental technologies, in and of themselves, offer opportunities to enhance the patients’ experience, but only if their integration and implementation have been thoughtfully considered.

This workshop, though aimed at dentists, is open to all clinicians.

Approaches to Integrating Hypnosis and Biofeedback: Applications to Pain, Anxiety, and Resilience I & II *(Morning and Afternoon complementary sessions; attendance at both is not required)*

Donald Moss, PhD, Chair of the College of Mind-Body Medicine, Saybrook University, San Francisco, CA and private practice, Grand Haven, MI; Eric K. Willmarth, PhD, FSCEH, Adjunct Professor, Saybrook University, Grand Rapids, MI

Only in the past fifteen years has a practical technology developed to provide real time feedback on heart rate variability for biofeedback training. This workshop will introduce and demonstrate basic biofeedback instrumentation and procedures to train increased heart rate variability. The workshop will emphasize the Lehrer-Vaschillo protocol for HRV biofeedback training, which has been used as the basis for most of the research investigations showing improved HRV measures in study participants. This protocol can be supplemented with an understanding of respiratory physiology and an emphasis on breath training. The workshop will review the outcome studies showing that HRV biofeedback can produce symptom reduction or functional improvement for the following disorders: asthma, anxiety, depression, fibromyalgia, heart disease, hypertension, and post-traumatic stress disorder, as well as three sample applications for optimal performance. In addition, this workshop will include a clinical case presentation integrating heart rate variability biofeedback into a multi-modality treatment approach including life style change and skills acquisition. The course will include live demonstrations, video and PowerPoint displays.

(continued)

**THURSDAY
MORNING
October 11**

8:30–11:45 am

**3 CE/CME
Credits**

How Post Hypnotic Suggestion Maintains the World of Osteoarthritis—Taking Steps to Dehypnotize the Body for Recovery and Restoration of Joint Function

Bernard J. Plansky, MD, family medicine, private practice, Rochester, NY

Medical research has shown that joint cartilage is highly influenced by hypoxia, which fosters inflammation. The body's inflammatory response is governed by the nervous system and modulated according to the flow of information received from the joint. Neuroimaging reveals that chronic pain pathways are similar to those active in dissociation and PTSD. A tight, painful joint that is not being mapped accurately by the brain creates a state in which osteoarthritis can progress aided through post hypnotic suggestions of physical sensation, emotional distress and negative expectations.

Rather than utilizing hypnosis to treat the results of the condition, participants will learn how to dehypnotize the

body to allow the impression of its condition to be seen. Milton Erickson described that letting the “unconscious mind take a look, a mental look at what’s going on is sufficient. In those mental looks and understandings, you learn a great deal more than you do by conscious effort. And you should use your mind at the unconscious level, even while you are using it at the conscious level.” (My Voice Will Go With You – The Teaching Tales of Milton H. Erickson, p. 64). The double binds that seal in the body’s response to injury and prevent the body from fixing itself will be reviewed.

Participants should dress in comfortable clothing that allows movement.

**THURSDAY
AFTERNOON
October 11**

1:00–4:15 pm

**3 CE/CME
Credits**

PTSD Treatment: Evidence Based Single Session Abreactive Hypnosis

Arreed Barabasz, PhD, ABPP, Washington State University, Pullman, WA; Marianne Barabasz, EdD, Washington State University, Pullman, WA

This workshop will present the theory and specific procedures to treat PTSD using the evidence based 6-hour manualized ego state (EST) protocol (Barabasz, Barabasz, Christensen & Watkins, 2012). Participants will learn Key theoretical underpinnings of EST abreactive hypnosis; How to qualify the patient for treatment; How to contact ego states; Diagnostic hypnotic exploration techniques; How to resolve internal conflicts; and How to employ abreactive techniques and script.

Application of the Challenge–Resilience–Resourcefulness Model to Hypnotically-Based Interventions

Marek J. Celinski, PhD, psychologist, Toronto, ON, Canada

This workshop will describe consistency of the model with the Western cultural and philosophical traditions and its utilization for coping with life adversities and clinical conditions. Participants will become familiar with the constructs, their measurements and their practical usefulness to coping with a variety of life situations and clinical conditions. Techniques for strengthening resilience and broadening resourcefulness will also be reviewed by reference to research and clinical approaches such as ego state therapy, EMDR, mindfulness, dialectic therapy and specific hypnotic techniques developed by Ernest Rossi, Milton Erikson and Rashit Tukaev.

Rapid Inductions

Gabor Filo, DDS, DABHD, Past-President Hamilton Academy of Dentistry, Hamilton, ON, Canada

This program offers didactic information as well as the opportunity to see and practice rapid hypnotic inductions. These methods are especially useful in the “hands-on” clinical fields where time is a constraint. They may be adapted to the mental health fields as well; the prime benefit being that client work may be expedited.

Approaches to Integrating Hypnosis and Biofeedback: Applications to Pain, Anxiety, and Resilience I & II

(Morning and Afternoon complementary sessions; attendance at both is not required)

Eric K. Willmarth, PhD, FSCEH, Adjunct Professor, Saybrook University, Grand Haven, MI; Donald Moss, PhD, Chair of the College of Mind-Body Medicine, Saybrook University, San Francisco, CA and private practice, Grand Rapids, MI

Hypnosis and Biofeedback have distinctly different histories and yet share substantial common ground as pillars of self-regulation. Applied to the experience of pain, each modality permits a clinician to address both the source of perceived pain and the perception of pain itself. This workshop will allow participants to have hands-on experience with multiple biofeedback instruments and observe a number of different hypnotic approaches to the management of pain. The course will include live demonstrations, video and PowerPoint displays.

(continued)

THURSDAY
AFTERNOON
October 11

1:00–4:15 pm

3 CE/CME
Credits

Integrating and Applying Current Research in Neurobiology and Genetic Development to Psychotherapy and Hypnosis

James H. Straub, EdD, Director, Center for Individual and Family Counseling and Clinical Assistant Professor, Department of Psychiatry, University of Missouri, Columbia, MO.

This presentation will provide an overview of current research and exploration of the neurological and genetic underpinnings related to development and therapeutic change. It will include a review of current research, what is known about facilitating therapeutic change and what is hypothesized. Implications for enhancing the effectiveness of hypnosis and therapy will be reviewed and exploratory approaches to facilitating deep structure change including enhancing missed developmental stages and genetic expression will be introduced. Participants will be introduced to and be able to discuss early brain development in terms

of meaning and memory; current research on how the brain develops learns and changes; how people create much of what is perceived; how research supports some therapeutic theories and questions others; the impact of early life experiences on a person's vulnerability to psychological and behavioral problems; methodology for modifying and establishing missed developmental stages; and specific methods and applications that can help facilitate change in clients and patients. *This workshop contains experiential components.*

THURSDAY
FULL DAY
October 11

8:30 am–
4:00 pm

6 CE/CME
Credits

21st Century Advanced Post-Modern Therapeutic Applications of Ego State Therapy: a Two Day Workshop (Day One)

Claire Frederick, MD, Saybrook University, San Francisco, CA

Ego State Therapy lends itself to cooperation with other psychotherapeutic modalities. It is axiomatic that any technique that can be used with the greater personality can also be used with individual ego states. This workshop will focus on advanced theoretical and practical integrations of Ego State Therapy with a variety of contemporary concepts and foci for therapeutic intervention. These include the uses of the therapeutic alliance, intersubjectivity, and the counter-transference experience. Participants will learn how to produce and utilize therapeutically useful counter-transference trances. Additionally, Ego State Therapy will be integrated with the power intrapsychic techniques of Feinman and Krippner's Personal Mythology, with Grief Resolution, with work with terminally ill patients, and with the therapists' work with themselves to heal and prevent burnout, compassion fatigue, and difficult

counter-transference reactions that can accompany work with seriously ill individuals. *Highly bounded experiential work and interactive discussion will be important vehicles for learning.*

Participants will learn to apply a number of advanced syntheses of Ego State Therapy with several contemporary theoretical perspectives. This will broaden and deepen their clinical applications of hypnotic applications.

Participants in Part I and Part II of the Toronto Ego State Therapy Series will be given Priority in Seating.

Thursday Morning: *The Therapeutic Alliance and the Counter-Transference Trance*

Thursday Afternoon: *Personal Mythology and Ego States*

FRIDAY
MORNING
October 12

8:30–11:45 am

3 CE/CME
Credits

Footprintings: Ego State Therapy in Three Dimensions

Susan Dowell, LCSW, Co-Director, CATCH (Center for Advancement of Training in Clinical Hypnosis), founder and developer of Footprintings, New York, NY.

Footprintings is a dynamic new three-dimensional treatment model for working with Self-States. It is visual, spatial and sensory. Using color Footprints to represent and diagram relationships between Parts, participants can step into different Self-States as they work on clarifying and healing these internal relationships. This three dimensional Hypnoprojective model provides a constructive format for gaining a deeper connection to the body experience, affect and cognitive orientation of each of Self State,

as well as offering a direct opportunity to learn more about the unique process of communication between Parts. Furthermore, this process lays the groundwork for reorganizing and forging new internal alliances and experimenting with varying alternative responses. In this workshop, we will offer an introduction to the theory and practice of Footprintings. There will be a video, group exercises and a demo and attendees will have a chance to participate in a three-dimensional practicum.

(continued)

FRIDAY
MORNING
October 12

8:30–11:45 am

3 CE/CME
Credits

Hypnosis with Children: What WORKS and What Does NOT

Marilee Snyder, LCSW, DCSW, private practice, Boulder, CO

In working with children, effective treatment interventions must be tailored to the developmental age of the child. Using audio and video recordings, as well as some slides and case studies, Ms. Snyder will review specific hypnotic interventions with children and adolescents aged 1½ to 19 years. Some of these clips illustrate successful interventions, some illustrate unsuccessful ones, and some show a combination. Here, success is defined in terms of the client's observable reactions and positive behavioral change. Many variables will be explored through a developmental lens, including respect, boundaries, humor, silence, body language, pacing and leading, subject matter, treatment focus, metaphor, etc. Attendees will learn how the hypnotic experience differs for children from that of adults; three effective hypnotic interventions for use with different ages of children; three treatment interventions to avoid with different ages of children; and constructive and not-so-constructive therapist styles.

Future Focused Hypnotherapy

Moshe S. Torem, MD, Professor of Psychiatry, Northeast Ohio Medical University, Akron, OH

This workshop will review the various forms of hypnotherapy as related to the issue of time focus. Many therapies have focused on the present and the past while attention to the future has been rather minimal. However, future focused therapy can be a powerful strategy to bring about transformational change in a patient's behavior and symptoms in the present. Hypnosis allows the patient to experience a desirable therapeutic outcome, which is internalized on both a conscious and sub-conscious level. Participants will learn the use of future focused communication, suggestions, and a variety of age progression techniques enhanced by hypnosis.

FRIDAY
AFTERNOON
October 12

1:00–4:15 pm

3 CE/CME
Credits

Unplugging from the Outside In: Brief Strategic Hypnotherapy with Older Adolescents and Young Adults (16-28)

Tobi B. Goldfus, LCSW-C, BCD, private practice, Germantown, MD

With a plugged-in 24/7 cyberspace that demands and creates instantaneous response to internet and social networking, many young people have difficulty understanding self-regulation and present a lack of self-awareness and modulation. This workshop proposes a tailored strategic approach toward utilizing the natural creativity and novelty that young people have embedded in their developmental

make-up but often have limited access toward using these inner resources. Experiential and specific ways to elicit responsiveness and enhance "down regulation" will be explored. Exploring the "new world" of boundary definitions and regulation as well as the impact on parental/older adult relationships with this changing frontier will be explored.

FRIDAY
FULL DAY
October 12

8:30 am–
4:00 pm

6 CE/CME
Credits

The Re-Definition of Self Process: A Hypnosis-Based Protocol for Trauma Resolution

Marie Wilson, MD, private practice, Edmonton, AB, Canada

As a result of recent basic biological research, the mechanism of fear-based memory creation, maintenance, and modification has been delineated. In this workshop presentation, Dr. Wilson will describe the five step pathway that has been identified as essential in order to modify fear-based memory, specifically, memory activation, retrieval, labilization, updating, and reconsolidation. This pathway is identifiable within the hypnosis-based trauma therapy protocol, titled the Re-Definition of Self Process, developed by Dr. Wilson. The theoretical background supporting the structure and purpose of the protocol will be explained followed by a detailed description of what to do and how to use the protocol. Participants will be provided with handouts detailing all this information as well as view a filmed demonstration of this protocol used with one of

Dr. Wilson's clients. In order to enhance the experiential nature of the workshop and with the help of a volunteer, Dr. Wilson will do a live demonstration of the use of the protocol. Following the demonstration, participants will be provided with a modified version of the protocol to be used in small group practice in order that participants may become familiar with the process of the protocol for themselves. The focus of the practice will be to enhance well being by accessing and owning positive resourcefulness. As effective grieving for past losses is a significant component of trauma resolution, a final experiential exercise will be the use of a grief letter writing exercise that is immediately applicable to clinical practice.

This workshop contains experiential components.

(continued)

FRIDAY
FULL DAY
October 12

8:30 am–
4:00 pm

6CE/CME
Credits

The Energetic Component of Self-Hypnosis and Hetero-Hypnosis

Victor Rausch, DDS, FASCH, Diplomate ASCHD, Kitchener, ON, Canada

This workshop will include a rationale, discussion and demonstrations of how to use eye-contact, physical contact and body passes to activate the energetic component of rapid rapport and hypnotic trance. As an adjunct, PowerPoint and videos of clinical situations will be used.

Targeting Healing: How to Design Multiphasic Hypnotic Interventions

Carole Ginandes, PhD, ABPP, private practice, Watertown, MA & Assistant Clinical Professor of Psychology, Harvard Medical School, Cambridge, MA

Research has shown that hypnosis can stimulate psychological and physiological changes. The clinical challenge is how to harness these powerful resources for mind/body healing with a range of individual patients. Drawing on the presenter's research and practice, this workshop will teach participants to conceptualize and design phasic hypnotic protocols adaptable for myriad conditions. The benefits of creating a biologically-paced hypnotic intervention (versus a unitary suggestion approach) will be emphasized. Using case vignettes, participants will analyze the phasic tasks relevant to a specific course of treatment, consider what kinds of hypnotic suggestion strategies to begin with and how to proceed.

With this conceptual background, the workshop will zoom in on how to generate individually customized, optimally healing suggestions by rapidly identifying the patient's representational system and speaking in his/her native perceptual mode. Experiential and dyadic exercises will help participants develop the ability to better "think on their hypnotic feet" without scripts as they generate tailor-made healing metaphors, stories and suggestions. Participants will be invited to further develop the vocal projection, nuances, and fluency of their own "hypnotic voice".

This workshop is highly interactive and experiential as well as didactic. It is designed to provide a stimulating clinical "stretch" for intermediate through advanced hypnosis practitioners. Since the workshop unfolds as a cumulative learning journey attendance at the full session is required.

This workshop contains experiential components.

21st Century Advanced Post-Modern Therapeutic Applications of Ego State Therapy: a Two Day Workshop (Day Two)

Claire Frederick, MD, Saybrook University, San Francisco, CA

For a description of this workshop please refer to Dr. Frederick's abstract on page 7.

Participants in Part I and Part II of the Toronto Ego State Therapy Series will be given Priority in Seating.

Friday Morning: *Working with the Terminally Ill Patient (Psychological Development and Spiritual Development), and Grief Resolution*

Friday Afternoon: *Ourselves: Caregivers Learn More About How to Deal with Burnout, the Burdens of Compassion, and the Consequences of Negative Transferences*

Hypnosis: The Crest-Jewel of Mind-Body Medicine

Reginald B. Humphreys, PhD, FASCH, Past-President, North Texas Society of Clinical Hypnosis, Dallas, TX

The Indian symbol of the crest-jewel is used to illustrate the clinical superiority of hypnosis as compared to the other methodologies that constitute mind-body medicine. Hypnosis is the most direct approach of all the mind-body medicine techniques, offering rapid instructional control of autonomic functioning, emotions, and subjective experience. For hypnosis to achieve its potential destiny as the topmost of all mind-body medicine techniques, several developments are needed. First, mind-body medicine must "come of age" by having the courage to admit that verbal control of emotions, cognitions, and physical states via hypnosis gives the appearance of working as if "by magic". Once this key concept is recognized, the practitioner can move on to developing advanced skills in several flagship clinical applications. By emphasizing these flagship applications and using them repeatedly, the practitioner achieves the status of advanced practitioner of mind-body medicine. In addition, the presenter provides a rationale for the use of an integrated theoretical model, the "Quantum Alignment" model of hypnosis and mind-body medicine. This perspective specifies the causal interrelationships of variable sets in key dimensions, including quantum variables, autonomic variables, consciousness variables, and phenomenological variables. Attention to variables within each of these domains provides for the possibility of creating a multidimensional intervention that is constrained to agreement within each dimension, ascertaining concurrent goodness-of-fit for quantum, autonomic, consciousness, and phenomenological variables alike. The Quantum Alignment model is likely to be the first true multitheoretical platform for conceptualizing and administering hypnosis.

Joint Annual Scientific Program—October 12-14, 2012

Chair: Amir Raz, PhD, ABPH & Michael Lijshitz, BA | 12 CE/CME Credits

FRIDAY October 12

4:30–6:45 pm

SYMPOSIUM

Hypnotic Responding

*Erik Woody, PhD, University of Waterloo
Devin Terhune, PhD, University of Oxford
Edward Frischholz, PhD, ABPH, Independent Practice, Chicago, IL*

6:45–7:00 pm

COFFEE BREAK

7:00–8:00 pm

PRESIDENTIAL ADDRESS

Stephen Pauker, MD, ABMH, Tufts Medical Center

1:45–3:15 pm
continued

Effectiveness of Hypnotically Induced Relaxation and Self-Guided Imagery for Reducing Anxiety During Dermatologic Procedures

Philip Shenefelt, MD, ABMH, University of South Florida

Effects of Expectation on Lactose Intolerance Symptoms

Ilija Blinderman, BA, McGill University & Amir Raz, PhD, McGill University

3:15–3:30 pm

COFFEE BREAK

3:30–5:00 pm

SCIENTIFIC TALKS

Social-Relational Elements in Erwin Straus' Phenomenology of Suggestion

Donald Moss, PhD, Saybrook University

Suggestion, Expectation, and the Therapeutic Relationship

Elia Abi-Jaoude, MSc, MD, FRCPC, Department of Psychiatry, University of Toronto

Exploring the Problematic Nature of the Posthypnotic Amnesia Suggestion in the HGSHS:A

Shelagh Freedman, MA, Concordia University & Jean-Roch Laurence, PhD, Concordia University

5:00 pm

CLOSING REMARKS

SATURDAY October 13

8:30–8:45 am

OPENING OF THE SCIENTIFIC PROGRAM

Amir Raz, PhD, ABPH, McGill University & Michael Lijshitz, BA, McGill University

8:45–9:45 am

**KEYNOTE ADDRESS:
Hypnosis and the Brain**

Erik Woody, PhD, University of Waterloo & Henry Szechtman, PhD, McMaster University

9:45–10:00 am

DISCUSSION

10:00–10:15 am

COFFEE BREAK

10:15 am–12:30 pm

SYMPOSIUM on Modulating Automaticity

*Amir Raz, PhD, ABPH, McGill University
Michael Lijshitz, BA, McGill University
Noemie Aubert-Bonn, BSc, McGill University
Devin Terhune, PhD, University of Oxford*

12:30–1:45 pm

LUNCH AND SCEH BUSINESS MEETING

1:45–3:15 pm

SCIENTIFIC TALKS

Visualization and Attentive Behavior for Pain Reduction During Radio Frequency Ablation of Atrial Fibrillation

Marianne Noergaard, Clinical Nurse Specialist, MVO, University of Copenhagen; Birgitte Larsen; Mette Rosendal Darmer; Preben Ulrich Pedersen

SUNDAY October 14

8:30–8:45 am

INTRODUCTION

8:45–9:45 am

KEYNOTE ADDRESS

Comparing Hypnosis and Meditation: A Neurophenomenological Perspective

Evan Thompson, PhD, University of Toronto

9:45–10:00 am

DISCUSSION

10:00–10:15 am

COFFEE BREAK

10:15 am–12:30 pm

SYMPOSIUM on Hypnosis and Meditation

Michael Lijshitz, BA, McGill University; Norman Farb, PhD, Rotman Research Institute, Toronto, ON; Steven Lynn, PhD, Binghamton University

12:30 pm

CLOSING REMARKS

Joint Workshops & Scientific Program

Register online at www.sceh.us

Name: _____ Degree: _____

Name for Badge: _____ Profession: _____

Organizational Affiliation: _____

Mailing Address

Company Name: (if any) _____

Street _____

City: _____ State: _____ Zip: _____ Country: _____

Email: _____ Fax: _____

Phone (work): _____ (home): _____

How did you hear about this event? _____

- SCEH/CSCH-OD/ASCH/CFCH/Member 2012 Non-Member
- SCEH/CSCH-OD/ASCH/CFCH Student Affiliate 2012 Student Non-Affiliate

Workshop Applicants *Please check appropriate boxes below; also complete the Workshop Application on page 12.* **M** Morning **A** Afternoon **E** Evening **D** Day

Multi-Day Programs:

- Introductory Workshop in Clinical Hypnosis (20 CEs/CMes) **E D** (Wed-Fri)
- Intermediate Workshop in Clinical Hypnosis (20 CEs/CMes) **E D** (Wed-Sat)

Wednesday Programs:

- Entrainment Enhanced Hypnosis CD Use in Psychiatry (3 CEs/CMes) **E**
- Hypnosis & Meditation Crosswalk for Body-Mind-Spirit Medicine (3 CEs/CMes) **E**
- Hypnosis for Skin Procedures and Disorders (3 CEs/CMes) **E**

Thursday Programs:

- Advanced Hypnotherapeutic Techniques Refresher (3 CEs/CMes) **M**
- Facilitating Cognitive Behavioral Interventions with Hypnosis (3 CEs/CMes) **M**
- Hypnodontics: Monday Morning Considerations (3 CEs/CMes) **M**
- Approaches to Integrating Hypnosis and Biofeedback: Applications to Pain, Anxiety, and Resilience I (3 CEs/CMes) **M**
- How Post Hypnotic Suggestion Maintains the World of Osteoarthritis (3 CEs/CMes) **M**
- PTSD Treatment: Evidence Based Single Session Abreactive Hypnosis (3 CEs/CMes) **A**
- Rapid Inductions (3 CEs/CMes) **A**
- Application of Challenge-Resilience-Resourcefulness Model to Hypnotically Based Interventions (3 CEs/CMes) **A**

- Approaches to Integrating Hypnosis and Biofeedback: Applications to Pain, Anxiety, and Resilience II (3 CEs/CMes) **A**
- Integrating and Applying Current Research in Neurobiology/Genetic Development to Psychotherapy and Hypnosis (3 CEs/CMes) **A**
- 21st Century Advanced Post-Modern Therapeutic Applications of Ego State Therapy: Day One (6 CEs/CMes) **D**

Friday Programs:

- Footprintings: Ego-State Therapy in 3 Dimensions (3 CEs/CMes) **M**
- Hypnosis with Children: What WORKS and what Does NOT (3 CEs/CMes) **M**
- Future Focused Hypnotherapy (3 CEs/CMes) **M**
- Unplugging From the Outside In: Brief Strategic Hypnotherapy with Older Adolescents and Young Adults (3 CEs/CMes) **A**
- The Re-Definition of Self Process: A Hypnosis Based Protocol for Trauma Resolution (3 CEs/CMes) **D**
- The Energetic Component of Self-Hypnosis and Hetero-Hypnosis (6 CEs/CMes) **D**
- Targeting Healing: How to Design Multiphasic Hypnotic Interventions (6 CEs/CMes) **D**
- Hypnosis: The Crest-Jewel of Mind-Body Medicine (6 CEs/CMes) **D**
- 21st Century Advanced Post-Modern Therapeutic Applications of Ego State Therapy: Day Two (6 CEs/CMes) **D**

Circle the Appropriate Registration Fees

All registrations include a banquet ticket to the Saturday evening banquet, as well as CEs or CMes. There is no discount if you elect not to receive continuing education credits or attend the banquet. Additional CE and CME information will be available when registration opens.

	Non-Member*	SCEH/CSCH/ ASCH/CFCH Member	Student Non-Member**	SCEH/CSCH/ ASCH/CFCH Student Member
Meeting Package (Workshops & Scientific Program, October 10-14, 2012)	\$625	\$525	\$350	\$250
Workshops Only October 10-12, 2012 (October 10-13 for Intermediate Workshop)	\$525	\$450	N/A	N/A
Scientific Program Only (October 12-14, 2012)	\$295	\$250	N/A	N/A
Program Presenter	\$250	\$250	N/A	N/A

Additional Tickets/Person for the Scientific Program ONLY (Accompanying person—spouse, child, etc.) – \$70

Guest Registration for Banquet (Price includes gratuity and all taxes.) – \$85

A \$50 late registration fee will be assessed after October 1, 2012.

Non-Members: Please visit our website at www.sceh.us or contact the SCEH office at 508-598-5553 for an application to be mailed or faxed to you. For membership in CSCH-OD please visit www.hypnosisontario.com. To be eligible for member rates, include the completed application, appropriate checks and documentation along with this meeting registration form.

Students: Full-time interns/residents/fellows and graduate students in an accredited college, university or professional school program must submit proof of student status. We also suggest you apply for a SCEH Scholarship to help with conference costs.

Refunds & Cancellations: Cancellations received on or before October 1, 2012, will be issued a refund minus a \$50 processing fee. **No refunds will be made after October 1, 2012.**

Presidential Banquet Saturday, October 13, 2012

Cost is included in your registration fee. Banquet includes beverage, salad, main course, coffee/tea and dessert.

- Attending
- Not attending
- Have special dietary need

Payment

Total Enclosed: \$ _____ **Credit Card Type:** Visa MasterCard American Express Discover

Credit Card No.: _____ Exp. Date: _____

Name on Card: _____ Security Code (3 or 4 digit code on back of card): _____

Signature: _____

Eligibility for Workshops

Workshops are open to applicants who are eligible for membership in SCEH or CSCH-OD at the student or full membership level (although they need not be members). Eligibility for membership in SCEH is limited to physicians, doctoral and master's level psychologists, and dentists who are members or eligible for membership in their respective professional organizations (AMA, APA, ADA), to master's level nurses, clinical nurse practitioners and to social workers who have been awarded a master's degree in social work by a university accredited by the Council on Social Work. Other graduate held degrees may also be open for membership, as determined by the Society's Membership Chairperson. Interns or residents in medicine and dentistry, and advanced graduate students in accredited doctoral programs in psychology and in second year MSW (or equivalent) social work programs are eligible for Student Affiliate status in SCEH, and therefore may be admitted. However, only full time students, interns, and residents qualify for the special reduced rates shown on the registration form upon submission of verification of status. To qualify for reduced fees, please be certain the letter of endorsement indicates full time student status. Students may also apply for Scholarships Funds. Please see our web site at www.sceh.us or contact the Central Office at info@sceh.us for more information.

For membership in CSCH-OD please visit www.hypnosisontario.com.

Name: _____

Profession: _____ Licensed as: _____

Degree: _____ Year: _____

Hypnosis Training

Institution/Organization & Instructor _____ Date _____ No. of Hours _____

Purpose and Goals for Taking Workshop(s)

Please state your goals for taking this workshop: the instructor(s) may review your comments prior to the workshop(s).

Graduate Students, Interns, Fellows and Residents

Training status: Resident Fellow Intern Graduate Student (working toward which degree?) _____

School or Hospital and Department: _____

Department Chair/Graduate Advisor/Clinical Director: _____

Year graduate school or internship/residency/fellowship began: _____

Student Signature: _____ Date: _____

Complete this form and fax or mail, along with registration form and payment to:

Society for Clinical & Experimental Hypnosis
PO Box 252
Southborough, MA 01772
Voice: 508-598-5553
Fax: 866-397-1839
Email: info@sceh.us

ADA Statement: In compliance with the Federal American Disabilities Act (ADA), please check this box if you require assistance because of a disability to make this program accessible to you. Someone from the SCEH Central Office will contact you.

Meeting Objectives Include:

Providing a definition of hypnosis; discussing the principles of hypnotic inductions; discussing uses of direct and indirect suggestions; identifying uses of hypnosis for pain control; identifying uses of hypnosis for anxiety management; identifying uses of self-hypnosis; identifying the uses of hypnosis for health performance; and identifying correlates of hypnotizability.

The annual workshops and scientific program are designed for Psychologists, Physicians, Social Workers, Dentists, Chiropractors, master's level Nurses and Clinical Nurse Practitioners and other master's level licensed mental health and healthcare professionals.

NON-MEMBERS: JOIN SCEH OR CSCH-OD AS A FULL MEMBER AND SAVE \$100 ON THE MEETING PACKAGE. Go to www.sceh.us or www.hypnosisontario.com for membership information.

STUDENTS: JOIN SCEH AS A STUDENT AFFILIATE FOR ONLY \$45 AND SAVE \$100 ON THE MEETING PACKAGE. Students may also apply for a Scholarship to assist with the cost of attending the meeting and registration. Please see the web site or contact the Central Office for more information.

SCEH and CSCH-OD dues include a 2012 subscription to the International Journal of Clinical and Experimental Hypnosis.

If you are found ineligible for membership, we will refund your application fee less the member discount for the conference.

Certificate of Attendance

All attendees will receive a certificate of attendance for the sessions they attend. We will have sign-in sheets at each workshop/session. You must sign in at each event to receive the certificate of attendance.

Continuing Medical Education

This workshop has been approved for:

- The College of Family Physicians of Canada – 30.0 Mainpro–M1 credits
- Royal College of Physicians & Surgeons of Canada – 30.0 Section 1 credits
- The American Medical Association – 30.0 Category 1 credits

Continuing Education Credit

The Institute for Continuing Education holds no CE provider status with Canadian Boards, and cannot award continuing education credit to Canadian attendees who are licensed by Canadian Boards. CSCH-OD is in the process of applying for CE credits for Canadian attendees, and further information would be available on the CSCH-OD website as these are approved. Continuing education credit for **U.S. non-MDs** for this event is sponsored by The Institute for Continuing Education. Credit is awarded on a session-by-session basis, with full attendance required for the sessions attended. The Conference offers a total of up to 30.00 contact hours. Application forms and other continuing education materials will be available on site. If you have questions regarding continuing education credit, or for a listing of learning objectives by session, please contact The Institute at: 800-557-1950; FAX: 866-990-1960.

PSYCHOLOGY: This activity is co-sponsored by the Society for Clinical and Experimental Hypnosis and The Institute for Continuing Education. The Institute for Continuing Education is an organization approved by the American Psychological Association (APA) to sponsor continuing education for psychologists. The Institute for Continuing Education maintains responsibility for this program and its content.

COUNSELING: The Institute for Continuing Education is an NBCC approved continuing education provider and a co-sponsor of this event. The Institute for Continuing Education may award NBCC approved clock hours for programs that meet NBCC requirements. The Institute for Continuing Education maintains responsibility for the content of this program. NBCC Provider No. 5643.

(Continued on next page)

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Past President: Elvira Lang, MD
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Richard P. Kluff, MD—Psychiatrist (US)

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Tom Wall, PhD and Dabney Ewin, MD

Intermediate Workshop Co-Chairs:
*Marilee Snyder, LCSW, DCSW and
Richard Kluff, MD, PhD*

Advanced Workshop Co-Chairs:
Claire Frederick, MD and Philip Shenefelt, MD

Scientific Program Chair
Amir Raz, PhD and Michael Lifshitz, BA

HEADQUARTERS HOTEL

Delta Chelsea Hotel
33 Gerrard St. West
Toronto, Ontario M5G 1Z4
Canada

Reservations: 1-800-243-5732

*Please mention the **SCEH/CSCH-OD Fall Meeting** to receive preferred rates.*

*Make reservations by September 10 and be sure to tell them that you are with the **Society for Clinical and Experimental Hypnosis and Canadian Society of Clinical Hypnosis—Ontario Division** to obtain the conference room rate of \$149/night for a single or double.*

SOCIAL WORK: The Institute for Continuing Education is approved as a provider for social work continuing education by the Association of Social Work Boards (ASWB), through the Approved Continuing Education (ACE) program. The Institute for Continuing Education maintains responsibility for the program. ASWB Provider No. 1007. Licensed social workers should contact their individual state jurisdiction to review current continuing education requirements for license renewal.

California Board of Behavioral Sciences Provider No. PCE 636.

Illinois Dept. Professional Regulation Provider No. 159-000606.

Ohio Counselor and Social Work Provider No. RCS 030001.

Florida Dept. Health, Div. SW, MFT, Counseling Provider BAP 255, expiration 03/13.

NURSING: The Institute for Continuing Education is an approved provider of continuing education in nursing by the California Board of Nursing, Provider CEP 12646. Nurses are responsible for checking with their state board to determine if credit issued by an approved provider of the CA Board of Nursing is accepted by their state board.

SKILLS LEVEL: Please refer to Eligibility for Workshops.

NON-CREDIT EVENTS: Continuing education credit is not offered for breakfast, luncheon, dinner, reception events or poster sessions; breaks; Board meetings; Committee meetings. If you have questions regarding continuing education credit, please contact The Institute at 800-557-1950; FAX: 866-990-1960.

ETHICS CREDIT: Ethics credit is not offered for any sessions scheduled at this event.

Registration For Workshops and Scientific Program

Registration for some workshops is limited, so apply early. SCEH and CSCH-OD reserve the right to cancel any workshop due to insufficient registration. Applications must be accompanied by checks or credit card information. Refunds, minus a \$50 service charge, will be made if the request is received by mail or email prior to October 1, 2012.

No refunds will be made after October 1, 2012.

DO YOU HAVE QUESTIONS? Call 508-598-5553, fax 866-397-1839, email us at info@sceh.us, or check our website www.sceh.us for a full description of the conference.

REGISTER ONLINE at www.sceh.us

Site and Accommodations

This year, our Conference will be held at the

Delta Chelsea Hotel

33 Gerrard St. West

Toronto, Ontario M5G 1Z4

Canada

www.deltahotels.com/en/hotels/ontario/delta-chelsea/

Reservation Phone: 1-800-243-5732

Please mention that you are part of the SCEH/CSCH-OD group. Rates are \$149 per night through September 10, 2012. Additional guests sharing a room are \$20 per night. **The hotel will honor the group rate for three days pre-event up to three days post-event if you would like a longer stay when booking.**

You may also book a room online at www.deltachelsea.com/gdshypno

International Travelers: please call 1-800-3-2435732.

The Delta Chelsea – Canada’s largest hotel – is located in the heart of downtown Toronto and within walking distance of College subway station, the city’s central business district, government offices and the hospital community. The Hotel is also minutes from the city’s best shopping districts (including the Toronto Eaton Centre), Yonge-Dundas Square, fantastic live theatre, vibrant nightlife and exciting attractions.

Please Note: In order to guarantee the SCEH/CSCH-OD room rate of \$149/night for a single or double you must book your room by September 10, 2012.